

DERBYSHIRE AMATEUR SWIMMING ASSOCIATION
(Affiliated to the A.S.A. East Midland Region)
2010 COUNTY, YOUTH AND AGEGROUP CHAMPIONSHIPS
(Under A.S.A. Laws and ASA Technical Rules of swimming)

27th February – QLC Derby	
GALA 1 – Start 10.00am	
101	Women 9 - 12 200m Freestyle
102	Men 9 -13 200m Butterfly
103	Women 11 - 12 100m Backstroke
104	Men 12 -13 100m Breaststroke
GALA 2 – Start – tbc	
105	Women 12 400m Individual Medley
106	Men 9 – 13 50m Backstroke
107	Women 9 – 12 50m Breaststroke
108	Men 9 – 13 50m Butterfly
GALA 3 Start –tbc	
109	Women 13 & over 100m Freestyle
110	Men 14 & over 400m Freestyle
111	Women 13 & over 400m Individual Medley
112	Men 14 & over 100m Backstroke
113	Women 13 & over 100m Breaststroke
114	Men 14 & over 100m Breaststroke
115	Women 13 & over 200m Backstroke

28th February – QLC Derby	
GALA 4 – Start 10.30am	
201	Men 9 – 13 200m Freestyle
202	Women 9 – 12 200m Butterfly
203	Men 12 – 13 100m Backstroke
204	Women 11 - 12 100m Breaststroke
GALA 5 - Start – tbc	
205	Men 12 – 13 400m Individual Medley
206	Women 9 – 12 50m Backstroke
207	Men 9 – 13 50m Breaststroke
208	Women 9 – 12 50m Butterfly
GALA 6 – Start – tbc	
209	Men 14 & over 50m Butterfly
210	Women 13 & over 50m Butterfly
211	Men 14 & over 200m Individual Medley
212	Women 13 & over 50m Breaststroke
213	Men 14 & over 100m Freestyle
214	Women 13 & over 800m Freestyle

6th March – Eckington	
GALA 7 – Start 10.00am	
301	Women 10 - 12 400m Freestyle
302	Men 9 – 13 200m Individual Medley
303	Women 11 - 12 100m Butterfly
304	Men 9 - 13 200m Backstroke
GALA 8 -- Start –tbc	
305	Women 9 – 12 200m Breaststroke
306	Men 12 – 13 100m Freestyle
307	Women 9 – 12 50m Freestyle
308	Men 12 – 13 800m Freestyle
GALA 9 – Start - tbc	
309	Women 13 & over 200m Freestyle
310	Men 14 & over 200m Breaststroke
311	Women 13 & over 100m Backstroke
312	Men 14 & over 200m Butterfly
313	Women 13 & over 100m Butterfly
314	Men 14 & over 1500m Freestyle

7th March - Eckington	
GALA 10 – Start 10.00am	
401	Men 10 – 13 400m Freestyle
402	Women 11– 12 100m Freestyle
403	Men 12– 13 100m Butterfly
404	Women 9 – 12 200m Backstroke
GALA 11- Start –tbc	
405	Men 9 – 13 200m Breaststroke
406	Women 9 – 12 200m Individual Medley
407	Men 9 – 13 50m Freestyle
408	Women 11 – 12 1500m Freestyle
GALA 12 – Start - tbc	
409	Men 14 & over 50m Backstroke
410	Women 13 & over 1500m Freestyle
411	Men 14 & over 200m Freestyle
412	Women 13 & over 200m Individual Medley
413	Men 14 & over 800m Freestyle

20th March – QLC Derby	
GALA 13 – Start 10.00am	
501	Women 9 -12 100m Individual Medley
502	Men 9 -13 100m Individual Medley
503	Women 11 – 12 800m Freestyle
504	Men 12 – 13 1500m Freestyle
GALA 14– Start – tbc	
505	Men 14 & over 100m Butterfly
506	Women 13 & over 200m Breaststroke
507	Men 14 & over 200m Backstroke
508	Women 13 & over 200m Butterfly
509	Men 14 & over 100m Individual Medley
510	Women 13 & over 50m Backstroke
GALA 15– Start – tbc	
511	Women 13 & over 400m Freestyle
512	Men 14 & over 50m Breaststroke
513	Women 13 & over 50m Freestyle
514	Men 14 & over 400m Individual Medley
515	Women 13 & over 100m Individual Medley
516	Men 14 & over 50m Freestyle

21st March – QLC Derby	
GALA 16 – Start 11.00am	
601	Men Open 400m Freestyle Relay Heats
602	Women Open 400m Medley Relay Heats
603	Men 11–14 400m Freestyle Relay
604	Women 11–13 400m Freestyle Relay
605	Men 14-18 400m Medley Relay
606	Women 14-17 400m Medley Relay
607	Men 400m Freestyle Relay Final
608	Women 400m Medley Relay Final
GALA 17 – Start – tbc	
609	Mixed 9-14 200m Freestyle Relay Heats
610	Men 400m Medley Relay Heats
611	Women 400m Freestyle Relay Heats
612	Men 11 – 14 400m Medley Relay
613	Women – 11 – 13 400m Medley Relay
614	Men 15 – 18 400m Freestyle Relay
615	Women 14 – 17 400m Freestyle Relay
616	Mixed 9 – 14 200m Freestyle Relay Final
617	Men 400m Medley Relay Final
618	Women 400m Freestyle Relay Final

Where start times are indicated as “tbc” the actual start times will be published on the Derbyshire ASA Web site when all entries have been processed and session time estimated.

Disabled swimmers wishing to enter the championships should see the separate notice
“Inclusion of events for disabled swimmers in County Galas”

CLOSING DATE FOR RECEIPT OF ENTRIES FOR ALL EVENTS - 22nd January 2010

ELIGIBILITY & REGISTRATION

All entrants must be eligible competitors as defined by ASA Law and must be registered with the ASA on the closing date in the name of the club under which they wish to enter. That club must be directly affiliated to Derbyshire ASA. No competitor shall swim in any other County's championships/competitions in 2010. There will be registration checks.

AGES FOR INDIVIDUAL EVENTS

All ages are as at 21st March 2010 juniors are defined as under 17 years on 21st March 2010 There are single year age groups for ages 9-16, a combined age group 17-19 and a 20 & over age group. Awards will be given to the first six in each age group.

TEAM SWIMMING

All members of a club relay team must comply with the eligibility and registration requirement above but need not have entered an individual event. Team entries shall be made on 2010 Team Entry Forms. A club may enter more than one team per event. Team Managers must inform the Recorders of the names and swimming order of all relay events.

GALAS 16 & 17.

The relays in Galas 16 & 17 are to assist clubs intending to send teams to the Regional Age Group and Youth relay events. The age at day for these events is the same as will be used at the 2010 Nationals August 1st 2010 for the National Age Group and August 7th 2010 for the National Youth events. Except for the events where you are swimming for the Ken Miller Trophy (mixed 200m Freestyle relay), which is age as of 31st December 2010.

ENTRY FOR AGE GROUP EVENTS.

All events will be swum with seeded heats. Entry times, converted if necessary to a 25m pool, must have been achieved after 1 May 2009 and be certified by signing the entry form. All entry times must have been achieved at a competition or time trials and be equal to or faster than the minimum standards published separately.

SWIMMERS WITH BIRTH DATES BETWEEN 22nd MARCH and 2nd AUGUST

Those swimmers who by virtue of their date of birth change age groups at Regional or National events and thereby have additional entries available at those events may be allowed to swim the additional events as a time trial. This concession will be considered by the promoter on receipt of an entry time and written request submitted by the club coach of the swimmer concerned. The results will not be included in the swimmers points total. The normal event fee will be charged.

COMBINED EVENTS

Where Age Group events are to be swum combined with Championship events, swimmers taking part will be considered as competing for all eligible titles. Only one entry fee per combined event is required. To be eligible for the championship trophy a swimmer must achieve the qualifying time for the open or junior age group during the event to receive an award.

Trophy Winners from 2009 events

Please can all trophy winners please ensure all trophies are returned to Julie Softley by the closing date of 22nd January 2010. Please contact Julie Softley on 01332660791 to arrange for them to be delivered / collected.

FINALS & HEAT DECLARED WINNERS

All individual events will be swum as heats only with Declared Winners. All heats in the competition will be spearheaded.

AGE GROUPS (9 – 14 Men, 9 – 13 Women)

Points will be calculated for each swim. These will be aggregated according to the ASA CDC proposals and awards given to the top 3 swimmers in each age group category. Awards will also be made to the first three in each stroke and age group.

YOUTH (15-19 Men, 14-19 Women), 20+ and JUNIOR/OPEN

Awards will be made to the first three in each stroke and age group providing there are 4 or more swimmers competing otherwise awards will be on the basis of number of swimmers minus one. Awards for Junior and Open events are subject to achieving the qualifying time as specified earlier.

COMPETITOR REPORTING

Secondary entry cards will not be used. Competitors may withdraw up to 1 hour before the scheduled start of the session by telephoning **07929 377809** and leaving a message stating **swimmers name, gala, event number and competitor number**.

FINES FOR LATE WITHDRAWAL OR NO-SHOW

Late withdrawals and no-shows will result in a £5 fine per swim, payable by the club under whose name the swimmer has entered the competition. Non-payment of the fine will result in the swimmer being prevented from entry to any other competition promoted by Derbyshire ASA until the fine has been paid.

FEES & ENTRIES (Cheques payable to Derbyshire ASA)

All individual events - **£4.50** per event. Team events - **£8.00** per event. These should be sent, as soon as possible, on the official **2010 INDIVIDUAL ENTRY FORM** or **2010 TEAM ENTRY FORM** to **Mrs. J. Mellor, 20 Atlow Road, Chaddesden, Derby. DE21 6JG** together with the correct entry fee. For individual events only one block form will be accepted from each swimmer. Please note the single closing date above. Details of all accepted entries will be posted on the Derbyshire ASA Web site (www.derbyshireswimming.org.uk) on **1st February 2010**. Errors must be reported to the Promoter by **12th February 2010** (email:comp@derbyshireswimming.org.uk).

All entries should be submitted through the swimmers club. The method of submission of entries is by the "Sportsystems" entry program, which is available for all clubs.

Please note there will be a surcharge for manual entries of £10.00 per club

ASA LICENSE

This competition is licensed by the ASA for entry into National and Regional Championships.

OTHER SWIMMING EVENTS

The 2010 Long Course Competition will be held on 12th December 2010 at Ponds Forge, Sheffield

The Association reserves the right to refuse admission to the Galas without having to state a reason.

OUR CLOSING DATE: THURSDAY 14th JANUARY 2010

Derbyshire ASA Qualifying times for 2010 County, Youth and Age Group Championships (25m pool times)

BOYS

EVENT	9	10	11	12	13	14	15	16	17	OPEN
50m Freestyle	51.0	45.9	41.4	37.6	34.4	32.2	30.8	30.3	30.0	29.0
100m Freestyle	1:54.3	1:40.5	1:30.0	1:21.3	1:13.9	1:09.4	1:06.6	1:05.6	1:04.8	1:03.7
200m Freestyle	4:06.6	3:38.3	3:16.2	2:56.8	2:41.7	2:31.0	2:25.2	2:22.9	2:21.3	2:20.6
400m Freestyle	8:52.9	7:39.5	6:51.1	6:10.9	5:39.9	5:19.3	5:06.6	5:02.2	4:58.4	4:58.4
800m Freestyle	18:47.6	16:15.6	14:29.0	12:56.1	11:50.1	11:07.9	10:41.8	10:32.6	10:25.1	10:25.1
1500m Freestyle	35:53.6	31:20.0	27:46.4	24:31.0	22:26.7	21:06.9	20:17.7	20:01.1	19:47.8	19:47.8
50m Breaststroke	1:06.3	59.5	53.4	48.1	43.5	40.8	38.8	38.1	37.7	36.4
100m Breaststroke	2:27.7	2:09.3	1:55.2	1:43.6	1:33.5	1:27.5	1:23.5	1:21.9	1:21.0	1:19.2
200m Breaststroke	5:13.3	4:38.7	4:09.3	3:43.7	3:22.9	3:09.1	3:01.2	2:58.6	2:55.8	2:51.9
50m Butterfly	57.3	51.0	45.7	41.5	37.8	35.3	33.5	33.0	32.4	31.3
100m Butterfly	2:15.3	1:54.6	1:41.1	1:30.8	1:22.3	1:16.5	1:12.9	1:12.0	1:10.7	1:08.8
200m Butterfly	4:58.8	4:15.0	3:42.1	3:20.4	3:01.7	2:49.5	2:40.6	2:38.8	2:35.2	2:33.1
50m Backstroke	58.6	52.5	47.6	43.1	39.1	36.8	34.9	34.2	33.9	32.3
100m Backstroke	2:08.3	1:54.0	1:41.2	1:31.3	1:23.0	1:17.2	1:13.8	1:12.7	1:11.5	1:09.6
200m Backstroke	4:32.2	4:03.3	3:37.1	3:15.8	2:58.4	2:46.3	2:39.2	2:37.2	2:35.3	2:32.4
200m Individual Medley	4:38.8	4:08.3	3:41.7	3:20.2	3:03.0	2:50.4	2:43.0	2:41.1	2:38.8	2:36.9
400m Individual Medley	9:58.2	8:57.0	7:51.1	7:03.0	6:26.0	6:01.1	5:46.0	5:41.1	5:36.8	5:33.3
100m Individual Medley	2:10.3	1:56.2	1:45.3	1:35.5	1:26.5	1:20.6	1:17.0	1:15.5	1:14.4	1:12.6

GIRLS

EVENT	9	10	11	12	13	14	15	16	17	OPEN
50m Freestyle	49.6	43.8	40.0	37.2	35.1	34.1	33.6	33.4	33.3	32.2
100m Freestyle	1:51.9	1:36.0	1:26.4	1:19.5	1:15.3	1:13.2	1:12.2	1:11.6	1:11.5	1:10.2
200m Freestyle	3:58.2	3:25.3	3:06.5	2:51.6	2:41.8	2:37.8	2:35.3	2:34.1	2:33.1	2:32.9
400m Freestyle	8:39.9	7:14.6	6:28.2	5:57.1	5:37.3	5:28.7	5:24.5	5:22.9	5:20.8	5:20.8
800m Freestyle	17:56.1	15:28.3	13:22.4	12:18.8	11:33.0	11:15.5	11:08.7	11:04.9	11:02.1	11:00.2
1500m Freestyle	34:32.8	29:48.0	25:45.6	23:43.1	22:14.8	21:41.1	21:28.0	21:20.6	21:15.2	21:11.7
50m Breaststroke	1:04.7	56.4	51.2	47.1	44.2	42.9	42.1	42.0	41.7	40.3
100m Breaststroke	2:23.1	2:02.6	1:49.8	1:40.9	1:34.4	1:31.0	1:29.9	1:29.8	1:28.8	1:27.0
200m Breaststroke	5:00.7	4:21.9	3:55.4	3:36.4	3:22.4	3:16.0	3:13.9	3:13.3	3:12.0	3:06.6
50m Butterfly	55.7	48.1	44.0	40.6	38.2	37.1	36.4	36.2	36.1	34.6
100m Butterfly	2:12.0	1:48.2	1:36.4	1:28.2	1:23.1	1:20.2	1:19.5	1:19.0	1:18.3	1:16.0
200m Butterfly	4:51.2	4:00.3	3:32.5	3:14.0	3:02.1	2:55.4	2:52.6	2:52.0	2:50.2	2:47.0
50m Backstroke	57.1	49.7	45.4	42.0	39.7	38.5	38.0	37.6	37.4	36.2
100m Backstroke	2:05.6	1:47.9	1:36.6	1:28.6	1:23.4	1:21.2	1:19.7	1:19.4	1:18.8	1:17.5
200m Backstroke	4:23.3	3:48.9	3:24.6	3:09.3	2:58.8	2:53.3	2:50.4	2:49.3	2:48.1	2:46.1
200m Individual Medley	4:29.4	3:53.1	3:29.8	3:13.4	3:02.9	2:57.6	2:55.0	2:54.3	2:53.2	2:51.3
400m Individual Medley	9:35.0	8:18.1	7:23.5	6:47.5	6:24.1	6:12.7	6:07.8	6:06.2	6:03.4	6:00.8
100m Individual Medley	2:06.6	1:50.5	1:39.8	1:32.6	1:26.9	1:24.8	1:23.6	1:22.8	1:22.4	1:20.0

Derbyshire Amateur Swimming Association

(Affiliated to A.S.A East Midland Region)

2010 County, Youth and Age Group Championships

(Under ASA Laws and ASA Technical Rules of Swimming)

Closing Date – 22nd January 2010.

INDIVIDUAL ENTRY FORM - One form only accepted from each swimmer

Registered Name..... (Male/Female) Date of Birth

Club Registration No.....

Address

..... Post Code Phone No

Please ring the event(s) entered	MALE – Age on 21 st March 2010											FEMALE – Age on 21 st March 2010											Best Time Since 1 May 2009			
	9	10	11	12	13	14	15	16	17	20+	9	10	11	12	13	14	15	16	17	20+						
50m Freestyle	407					516					307					513										
100m Freestyle						306					213					402					109					
200m Freestyle						201					411					101					309					
400m Freestyle						401					110					301					511					
800m Freestyle						308					413					503					214					
1500m Freestyle						504					314					408					410					
50m Backstroke						106					409					206					510					
100m Backstroke						203					112					103					311					
200m Backstroke						304					507					404					115					
50m Breaststroke						207					512					107					212					
100m Breaststroke						104					114					204					113					
200m Breaststroke						405					310					305					506					
50m Butterfly						108					209					208					210					
100m Butterfly						403					505					303					313					
200m Butterfly						102					312					202					508					
100m Ind. Medley						502					509					501					515					
200m Ind. Medley						302					211					406					412					
400m Ind. Medley						205					514					105					111					

Please ring the event number(s) you wish to enter. For 9 - 14 boys and 9 - 13 girls, awards will be calculated using Fina Points. All individual events are heat declared.

All ages are as at midnight on 21st March 2010.

CLUB CONFIRMATION FOR ALL SWIMMERS.

I confirm that the above swimmer is/will be registered with the ASA for the dates concerned as a member of the club named above. I also confirm that the times submitted for all entries have been achieved since 1 May 2009 .

Enclosed the fee of £4.50 per event for events, a total of £..... Authorised club official's signature

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Cheques and postal orders shall be crossed and made payable to Derbyshire ASA.

THIS FORM MAY BE PHOTOCOPIED

For DASA use only. Record No Fee Received

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