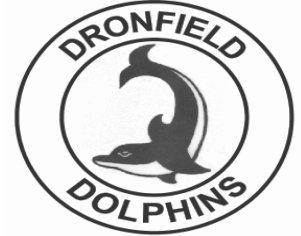


# Dronfield Dolphins News Extra

## June 2007



### SPEEDO League 2007

After a year out of this League due to various circumstances, we have now re-entered the SPEEDO League for 2007. We are now in the West Midlands Divisions, which should mean that we will not be travelling as far, one of the factors surrounding our decision to pull out last year.

The SPEEDO League consists of three Galas for the 11,13,15yrs & Open Age Groups. These are swum in October, November & December. Details of the dates are on the Fixture list which can be found on the Noticeboard at Dronfield and our Web Site:

[www.dronfield-dolphins.co.uk](http://www.dronfield-dolphins.co.uk)

These dates should be pencilled in your Dairies if you are in the above Age Groups.

### SUMMER SWIM PROGRAMME

Over the Summer period, training follows a revised Programme. This programme is available on our Web Site. Copies are available on the Noticeboard at Dronfield.

The Programme includes a two week break during August. Please note these dates. This Programme is for Squad Swimmers.

Last session at Ponds Forge:

Friday 20th July

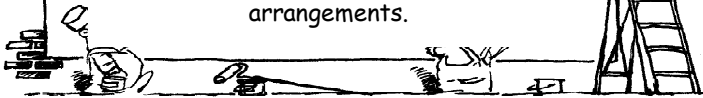
Ponds Forge resumes:

Thursday 30th August



### Pool Closure Update

Awaiting date. Will give you all information as we receive it. Looking like September, just waiting for confirmation and alternative Pool arrangements.



### Badge Night

Sunday 15<sup>th</sup> July 2007

5pm & 6.15pm Sessions

Corinne has arranged for Swimmers in these sessions to take part in 50m Sprints. This will give Swimmers some fresh times on all four strokes. There will also be an IM event, time permitting. Swimmers will need a spare towel and a T-Shirt.

Awards will be given to Swimmers achieving times outlined on the Performance tables which are available on our Notice board. It is essential that ALL Swimmers attend as this is an opportunity to update their times.

Swimmers should attend their normal session, and bring along an extra towel.

### Scarborough Weekend

Several of our Families travelled to Scarborough for the weekend to compete in Scarborough Swimming Club's Open Meet. This was a really friendly Gala with a great Holiday atmosphere. Swimmers from ALL Clubs were parading and dancing on Poolside to Party Hits, showing great spirit. We all stayed at the Blue Dolphin Holiday Park where lots of Dancing & Partying went on after the Gala. Our Swimmers did really well in the Gala, and not bad on the dance floor either! Scott Shooter gained the accolade of Top Dancer both on the Friday and Saturday night, with other Swimmers strutting their stuff to compete for the title.

David Geary should have gained an award for the soggiest Swim Bag, as he left it on the grass bank in the pouring rain. What's he like!

The weather was awful all weekend, but didn't deter us from having a good time. Trevor asked for feedback after the weekend, and the general feeling was that everyone had enjoyed it. We are looking at running this trip again next year, and would welcome a team of Parents to coordinate fundraising events such as Bag Packs etc. to fund this trip.

More details to follow.



**NEW STYLE DOLPHIN TOPS AVAILABLE FROM LESLEY IN THE SWIM SHOP!!!**

### Annual Raffle

Please return your Ticket Stubs,  
Monies etc. AS.A.P

