



Dronfield Dolphins News

March 2006



Training Cancellations

There will be no Training at
Ponds Forge
On
31st March, & 6th & 7th April

CONGRATULATIONS

Congratulations go to Steph Peat who passed her Lifeguard exam recently.

Well Done Steph!!!

Jackie Moore and Malcolm Pratt also boast success, as they both passed their Timekeepers exams recently. *Well Done to you Both!!*



Race for Life 2006

Rebecca Hocking from 'A2' Squad is taking part in this years 'Race for Life' in June. Rebecca has a Sponsor sheet if you wish to Sponsor her. The monies are for Cancer Research UK, A Charity that is researching into this disease that is affecting Rebecca's favourite Uncle.

EASTER TRAINING



There will be no Training on:
Good Friday 14th April
&
Easter Monday 17th April

DRONFIELD DOLPHINS

'Club Tracksuits'

Leslie will be holding an Ordering Evening on
Sunday 26th March 2006

At The Dronfield Sports Centre Café

7pm onwards

**PLEASE NOTE: THERE WILL BE NO 'NORMAL'
SWIM SHOP ON THAT EVENING
Payments with Orders Please**

Prices Available from Leslie



Team Selection

Coaches and Team Managers are concerned about the lack of commitment from Swimmers when selected for Galas. There is also a sharp fall in Swimmers entering 'Open Galas', and we are aiming to encourage as many entrants as possible to compete in these Galas to better their Personal Best times. Information about forthcoming Galas is plentiful, and is available on the Noticeboard and the Web Site. It should be seen as an honour to Swim for your Club, and not a chore.

It is getting increasingly difficult to field a Team in 'Club' Galas, due to Swimmers unavailability to compete. These Galas cost the Club money, which could be put to better use if we declined to enter. We understand that it is not always possible to commit to every event, but it is becoming more and more difficult to put together a full team. We are appealing for your understanding in this matter, and hope you can commit to Galas wherever possible.

Dronfield Dolphins is a **Competitive** Swimming Club with it's main aim to Compete. Please visit the fixture list on the noticeboard or Web Site to view forthcoming events & Galas.

Derbyshire County Championships Spring 2006

Dronfield Dolphins came out winning again after our Swimmers brought back 149 PB's and 96 Top 6 placings in the recent Championships held over three weekends.

Other successes came from Bethany Moore who Swims with Derventio Excel. She gained her National Time in the 100m Backstroke, as well as a Competition Best time in the 200m Backstroke. Steph & Michelle Peat who also Swim with Derventio Excel, shared 4 Competition best times.

A BIG, BIG Thank You to the Swimmers who swam in the Relays that were held on the last day of the Championships. Thank You to those of you who committed your time to step in at the last minute to make up a team, we really appreciate it. To the Officials, Poolside helpers and Coaches who worked on Poolside to make our part in the Championships possible, a very BIG Thank You.