

**GIRLS****DRONFIELD DOLPHIN PERSONAL BEST****UPDATED 28/01/2006**

<b>8 Years and Under</b>	25 Breast	50 Breast	100 Breast	25 Back	50 Back	100 Back	25 Fly	50 Fly	100 Fly	25 Free	50 Free	100 Free	200 Free	400 Free	800 Free	100 IM	200 IM	400 IM
Megan Rickards	30.24			26.78			32.03			26.54								
Chloe Hawson	36.82			27.98			30.89			27.16								
Claudia Peach	35.57			35.36			1.00.45			35.86								
Lucy Jenkinson	40.65			29.41			44.39			27.21								
<b>9Years (1997 )</b>	25 Breast	50 Breast	100 Breast	25 Back	50 Back	100 Back	25 Fly	50 Fly	100 Fly	25 Free	50 Free	100 Free	200 Free	400 Free	800 Free	100 IM	200 IM	400 IM
Holly Hartley	34.8			30.76						27.52								
Ellie Holmes	29.75	1.13.83 *		26.99	1.00.6 *		25.82			22.87								
Sarah Poyntz	30.1			28.3			31.19			22.86								
Heather Whitehead	26.52	1.04.52 *		23.88	59.85 *		24.48			21.36	1.01.15 *							
Ellen Bywater	38.04			30.45						25.61								
Hannah Bywater	32.81			27.85			32.06			23.04								
Rebecca Spooner	34.13			32.21			1.00.08			27.37								
Lydia Raybould	27.97			26.36			37.02			26.93								

<b>10Years (1996 )</b>	50 Breast	100 breast	200 breast	25 Back	50 Back	100 Back	25 Fly	50 Fly	100 Fly	25 Free	50 Free	100 Free	200 Free	400 Free	800 Free	100 IM	200 IM	400 IM
Kathryn Goligher	54.3			24.89	54.33		24.57	59.47		20.94	42.9					1.55.79		
Emma Knikker Troke		1.19.77			1.01.61		30.92				1.02.57							

<b>11Years (1995 )</b>	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	25 Fly	50 Fly	100 Fly	25 Free.	50 Free	100 Free	200 Free	400 Free	800 Free	100 IM	200 IM	400 IM
Bethany Crowley	51.85			50.02			23.39 *	50.61		24.87	45.17					1.55.11 *		
Eleanor Mcloughlin	56.72			55.63			26.8	1.11.47		23.35 *	47.55					2.27.93 *		
Georgina Mitchell	1.01.86			48.01			25.61 *	1.00.36	1.13.09 *	20.39	41.69	1.50.24				1.58.43		
Emily Newman	49.76		3.56.92 *	53.46		4.20.88 *	27.97	1.02.98 *		25.67	44.24			8.11.36 *		1.55.23		
Katie Pratt	59.33			46.7			27.86	52.01		19.3	40.58			7.57.50 *		1.49.76		
Bethan Rickards	1.09.09			57.36			22.67	1.44.24		23.59 *	52.64							
Hannah Ward	58.72			56.78			31.43 *	1.00.56			48.04							
Lucy Wilson	1.06.07			52.16			26.22				47.73					1.58.77		
Bethany Postle	1.11.38			1.07.31			36.19				1.01.92							

**Section 6 Trevor Hocking**

JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEPT	OCT	NOV	DEC

\* = Time Attained In Training

Colour codes representing when PB's were achieved during 2005

**BOYS**

**DRONFIELD DOLPHINS PERSONAL BEST**

**UPDATED 28/01/2006**

8 Years and Under	25 Breast	50 Breast	100 Breast	200 Breast	25 Back	50 Back	100 Back	25 Fly	50 Fly	25 Free	50 Free	100 Free	200 Free	400 Free	800 Free	100 IM	200 IM	400 IM
Jack Mcloughlin	26.08				25.97 *			29.35		20.91								
Jack Ward										32.73*								
Matthew Cooper	33.48				32.69			40.62		30.56								

9Years ( 1997 )	25 Breast	50 Breast	100 Breast	200 Breast	25 Back	50 Back	100 Back	25 Fly	50 Fly	25 Free	50 Free	100 Free	200 Free	400 Free	800 Free	100 IM	200 IM	400 IM
Scott Shooter	25.96				24.06	1.03.32 *		24.72		20.59	56.97 *							
Matthew Ashman	27.25	1.14.48 *			22.32	58.6 *		23.2		18.64	58.17 *							

10Years ( 1996 )	25 Breast	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 back	25 Fly	50 Fly	100 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	100 IM	200 IM	400 IM
Daniel Creaser	35.58	1.00.24			53.05			23.83	55.93	21.2	45.71					1.58.37		
Samuel Mackey	31.38	59.02						35.88		23.57	1.00.80							
Izack Peach	25.67	50.77	2.02.40 *	4.07.15 *	46.25	1.47.12 *	3.36.80 *	22.54	48.74	18.59 *	39.08	1.41.79 *		8.02.41 *		1.42.76		
James Hartley	28.47	56.85			45.45		3.30.62 *	20.48	52.77 *	18.41	39.63		3.19.20 *					
Elliot Peat	29.36 *	1.00.35 *			1.05.50			32.16		27.2	1.01.0					2.34.67		
Matthew Hunt	31.71 *	59			56.59			23	1.05.34	21.38	50.53					2.01.04		
Miles Edward Wright	25.91	55.92			48.55		3.51.49 *	20.58	49.77	19.55	45.23 *	1.44.19 *	3.53.39 *	7.57.50 *		1.52.07 *		
Daniel Young	36.66	1.11.60			57.7			28.07	1.04.25	24.02	50.09							
Lewis McManaman		1.03.10			1.06.36			42.37			1.03.30					2.31.20		

11Years ( 1995 )	25 Breast	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	25 Fly	50 Fly	25 Free	50 Free	100 Free	200 Free	400 Free	800 Free	100 IM	200 IM	400 IM
Vikram Barn	35.05*	1.06.16			1.01.67			34.74			56.64					2.21.54		
Oliver Bright	26.11	51.87			46.22			28.8	55.83		44.84					2.00.70 *		
Matthew Carroll	41.05	54.86	2.03.96 *		45.51	1.36.22 *		20.92	45.69		36.73	1.31.83 *		7.10.23 *		1.43.19		
Jack Price	23.94	44.31	1.45.87 *	3.40.73 *	47.51		3.43.84 *	23.96	47.74	2.06.44 *	41.62	1.35.34 *	3.22.36	6.53.38 *		1.38.91	3.40.44	
Jack Thorpe	42.24*	1.19.19			59.56			26.61			1.02.72							
Matthew Upton	31.13	1.05.48 *			53.41 *			25.95 *	1.02.25		42.32							
Sam Read		1.14.51			1.16.42			37.73			1.16.54							

**Section 6 Trevor Hocking**

JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEPT	OCT	NOV	DEC

\* = Time Attained In Training

Colour codes representing when PB's were achieved during 2005

## BOYS

## DRONFIELD DOLPHINS PERSONAL BEST

UPDATED 28/01/2006

12Years ( 1994 )	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Joseph Ashman	49.72	2.00.93	3.59.68 *	41.65	3.23.08 *	3.23.08 *	41.81			35.3	1.29.57 *	3.10.24 *	6.40.31 *			1.30.72	3.30.19 *	
Elliot Cooper	48.69	1.52.20	3.57.62	47.61	1.43.83	3.44.71	50.94			37.74	1.34.11	3.12.34 *	6.58.38			1.37.22	3.52.76 *	
Thomas Newman	53.14			51.45			56.07			45.42						1.53.87		
Jake Rayner	1.10.36			59.47			1.02.64			46.2						2.00.63		
Ben Harris		1.16.18			1.01.48					55.64								
David Geary	46.9	1.47.85 *	3.52.79 *	45.13	3.30.24 *	3.30.24 *	40.43			35.71		3.09.78 *	7.35.56 *			1.35.88		
13Years ( 1993 )	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Matthew Goligher	47.52	2.02.74	4.14.60	46.39		4.06.21	47.27				1.30.36	3.30.84 *	7.12.37 *			1.52.39	4.20.44	
Jonathan Hunt	39.08	1.25.05	3.08.14	35.04	1.15.69	2.52.12	33.09	1.17.94		30.34	1.08.58	2.34.38	6.45.00 *			1.13.43	2.46.70 *	
14Years ( 1992 )	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Nicky Allcroft	42.5	1.41.22 *		41.49	1.36.22 *		44.42 *			34.83	1.25.05	3.18.64 *				1.54.00 *		
Sam Franklin	41.68	1.31.28	3.28.47	35.85	1.19.75	3.00.60	33.84	1.16.33		30.71	1.08.90	2.35.57	5.24.87 *			1.16.69	2.52.11	6.51.7*
Ben Hughes	40.79	1.34.54	3.18.26	35.85	1.20.71	2.52.98	40.27	1.44.32 *		30.53	1.08.32	2.32.02	5.15.97			1.21.10	2.56.55	6.38.6*
Jack Turner	57.6			57.96			55.3			49.1								
Ashley Ward	44.7			39.29			47.48 *			31.65	1.18.13		6.43.47 *			1.48.52 *		
15Years and over	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Jonathan Holmes	47.67	1.59.77 *		41.02			40.56			35.04		3.36.44 *				2.18.46	3.27.78 *	
Elliot Jenkinson	39.67	1.32.35	3.21.95	35.56	1.25.10 *		34.92	1.18.40		30.88	1.15.77	2.40.97				1.16.65	2.58.62 *	6.48.7*
Greg Mclennan	42.66	1.39.32 *		44.14 *	1.43.86 *		42.16 *			30.85	1.18.63	3.10.27 *				1.25.04	3.28.79	
Laurence Mottershaw	39.69	1.30.70		32.12	1.10.80	2.46.39 *	33.13	1.17.79	3.02.41 *	29.22	1.07.78	2.32.85 *	5.15.02 *			1.14.52	2.45.44 *	
William Earl	34.92	1.28.03		35.46	1.30.01		34.63			29.81	1.17.33					1.21.50		
Scott Felton	36.85	1.24.80	3.06.41	32.62	1.16.71	2.42.02	31.03	1.10.78	2.51.92 *	28.14	1.05.78	2.24.60 *	5.11.20 *			1.11.13	2.41.49 *	
Tom Hughes	35.77	1.19.59	3.02.99	33.51	1.14.14	2.44.98	34.05	1.21.08		28.14	1.04.65	2.22.16	5.03.60 *		21.06.22	1.10.70	2.43.10 *	5.44.69*
Greg Jackson	43.24			36.25	1.19.78	2.53.77	36.06	1.24.82	3.15.34	32.02	1.14.28	2.42.80	6.21.00 *			1.21.36	3.01.00 *	
Jonathan Olijnyk	38.01	1.23.21	3.03.67 *	35.75	1.19.52	2.49.45	37.03	1.35.50		29.74	1.05.53 *	2.27.27	5.17.49 *	11.27.44 *	22.45.45	1.15.74		
Daniel Sanders	44.27	1.49.16*		38.24			42.66			34.72 *		3.11.97*	7.02.00*				3.27.34 *	7.56.3*
Michael Watkinson	37.71	1.24.63	3.09.27 *	35.27	1.15.31	2.49.15 *	34.94	1.24.58 *		28.55	1.03.21	2.19.84	5.01.19	11.18.98 *		1.14.13		
James Stevenson				32.9						28.8	1.04.86					1.14.93		
Ben Shepherd	33.58	1.16.95		30.69	1.06.35	2.46.12	29.6	1.03.58		26.3	59.32	2.22.81				1.06.68	2.28.20	
Robert Bridges	36.71	1.22.47	3.05.29	34.37			32.73	1.22.07		28.26	1.06.20	2.33.80				1.13.44	2.45.69	
Craig Mallinson	41.4	1.32.03		33.03	1.10.06	2.34.12	34.74	1.18.29		29.3	1.02.85	2.18.98	4.59.61	10.36.84 *	19.22.18	1.15.19	2.41.88	
Mark Basford	37.47	1.27.00	3.08.73	32.44	1.12.25	2.39.85	33.3			26.6	1.01.10	2.16.21				1.13.56	2.49.91	
Tom Clarke	39.44	1.28.61 *		34.02	1.15.81 *		30.28	1.08.97		27.6	1.05.25					1.10.53	2.39.44 *	5.41.63
Daniel Cropper	38.47			33.72						28.79						1.16.99		

## Section 6 Trevor Hocking

JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEPT	OCT	NOV	DEC

\* = Time Attained In Training

Colour codes representing when PB's were achieved during 2005

**GIRLS****DRONFIELD DOLPHINS PERSONAL BEST****UPDATED 28/01/2006**

<b>12Years ( 1994 )</b>	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Amy Ashton	47.23	1.45.25 *	3.42.07 *	41.99	1.33.47 *		42.52	1.45.92 *		33.78	1.19.41	3.01.16 *	7.42.30 *			1.28.77		
Harriot Bland	56.87			52.41			51.62			44.28						1.51.67		
Lucy Franklin	56.48			55.99			54.06			46.29		4.48.00 *				1.56.80 *		
Georgia Hemingway	53.51			52.67			50.76			44.49						1.52.70		
Anna Hughes	51.22	1.49.27 *	3.58.33 *	48.06		3.49.39 *	52.66			41.11						1.41.23		
Anna King	43.68		3.51.97 *	44.16		3.28.76 *	38.93			34.32	1.42.56 *		7.19.88 *			1.34.57	3.26.75 *	
Sally Mclennan	51.66		4.25.97 *	48.64		3.45.39 *	53.73 *			40.82		3.54.51 *				1.56.77	3.57.09	
Leonora Meaney				1.10.60*						1.19.48								
Ellie Sanders	55.86			51.03			45.69	1.54.42 *		46.19			8.25.72 *			1.47.59		
Bethany Johnson	1.08.01			53.85			37.03			48.82								
Rhianna Knikker Troke	1.07.75			1.00.46						51.09								

<b>13Years ( 1993 )</b>	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Samantha Creaser	46.92	1.45.05	3.49.47 *	42.42	1.32.73	3.59.19	41	1.41.18		35.28	1.23.17	2.57.51	7.14.51 *			1.29.59	3.21.53	
Bethany Moore	40.01	1.26.97	3.04.38	35.45	1.15.41	2.30.28	35.15	1.26.73		31.36	1.10.08	2.23.65	5.50.77			1.13.75	2.40.41	
Lorna Olijnyk	45.04	1.39.18	3.38.26	45.8	1.42.51	4.27.06	48.26	2.11.57 *		39.1	1.32.55	3.32.77	7.56.40 *			1.40.12	4.15.86	
Michelle Peat	37.62	1.21.79	3.01.39	37.87	1.26.04	2.46.52	36.65	2.09.59 *	4.48.20	30.66	1.05.42	2.21.52	4.56.64	10.07.45		1.13.43	2.46.75	
Jemma Smith	42.84	1.41.84 *		42.94	1.41.79 *		38.8	1.31.06		34.43	1.20.33	3.01.24 *	7.01.34 *				3.12.49 *	

<b>14Years ( 1992 )</b>	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Charlotte Crowley	43.67	1.32.86	3.30.25 *	46.01	1.39.29 *		43.57 *	1.46.71		36.39	1.22.33	3.23.87 *	7.32.10 *			1.33.56	3.43.67 *	
Frances Pearson	44.97	1.44.75	3.36.75	42.39	1.31.90	3.18.96	41.85	1.43.53	3.49.29	34.74	1.17.99	2.51.41 *	6.13.83	12.32.66		1.29.30	3.20.43	
Hannah Sanders	1.03.97	2.17.19 *	3.54.80 *	46.91	1.47.83 *	3.51.73 *	47.7			37.43	1.40.34 *	3.40.68 *	7.38.23 *			1.51.13 *		

<b>15Years and over</b>	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Jenny Basford	42.07	1.34.00	3.25.00	34.93	1.17.64	2.46.56	33.95	1.22.01	3.12.48 *	29.87	1.05.90	2.28.34	5.17.21 *	11.04.79		1.16.48	2.53.52	
Amy Bickerstaffe	40.09	1.34.92	3.22.04	35.2	1.19.24	2.49.22	35.28	1.27.68	3.36.62 *	30.54	1.06.66	2.30.19	5.15.34			1.18.73	3.01.58 *	6.50.7*
Heather Booth	45.55	1.39.94	3.39.00	38.89	1.29.01	3.21.28 *	41.67 *			31.7	1.09.85	2.42.17	6.45.72 *	14.24.00 *		1.23.12		
Chloe Howard	48.33	1.49.48 *	3.42.45 *	47.73	1.58.92 *	3.53.22 *	44.95			38.53 *	1.39.53 *					1.42.81 *		
Emma Hallam	53.70 *	2.10.85 *		39.46	1.28.03	3.41.86	38.05	1.28.55	4.21.77	32.94	1.13.01	2.41.22	5.53.94	11.53.30		1.28.77	3.15.46 *	
Rebecca Hocking	41.53	1.33.01	3.19.46	35.34	1.15.51	2.42.98	34.94	1.24.65		30.78	1.09.27	2.34.91	5.32.48			1.17.29	2.51.38 *	6.45.7*
Becky Mitchell	49.11 *	1.48.66 *		43.15	1.36.61 *		39.70 *			34.03	1.21.46	2.57.64 *	7.12.00 *			1.21.63	3.52.00 *	
Kathryn Olijnyk	45.64	1.44.85 *	3.58.25	37.83 *	1.25.14	3.02.12	46.00 *			36.1	1.24.73	3.10.99	7.04.00 *			1.31.79	3.36.27 *	8.16.5*
Sophie Palmer	44.37	1.41.88		46.12 *	1.42.20 *		47.38 *	1.57.80 *		36.55	1.25.23	3.00.13					3.23.70 *	8.12.4*
Ashlee Scown	52.99		4.33.82 *	53.54			50.86			48	1.52.72 *	4.22.95 *	7.47.24 *			1.51.95		
Laura Smart	51.71	2.01.08 *	4.01.02 *	47.08	1.46.55 *		48.45			38.29	1.33.21 *					1.45.86 *		
Sarah Coe	40.77	1.28.59	3.12.08	36.91	1.22.08	2.56.36	33.9	1.19.79		30.94	1.09.07	2.31.03				1.18.54	2.51.09	
Heather Graham	39.08	1.26.77	3.07.13 *	35.61	1.19.13		37.02	1.37.00 *	3.42.61 *	30.24	1.06.02	2.29.08 *	5.53.00 *			1.18.44	2.53.98 *	
Lauren Pearson	41.35	1.29.05	3.12.46	37.45	1.20.94	2.50.11	35.28	1.18.64	3.00.13	32.64	1.10.34	2.35.51	5.23.67	11.20.46 *		1.19.60	2.49.18	6.00.62
Stephanie Peat	38.7	1.23.94	3.04.10	34.11	1.13.68	2.34.91	31.94	1.10.48	2.29.16	30.4	1.04.20	2.19.72	4.53.20	9.52.05		1.13.16	2.35.04	5.25.18
Larissa Staley	38.39	1.24.63	3.04.04	32.29	1.10.80	2.34.77	34.56	1.16.15 *		29.23	1.02.61	2.18.09	4.56.30	10.03.36		1.15.62	2.37.63	5.52.30*
Elizabeth Dent	41.09	1.28.46	3.17.20	39.57			39.29			34	1.20.61		5.38.83	11.53.34		1.23.15		
Elizabeth Shooter	43.42	1.32.11		37.04	1.21.80		36.91	1.23.69		31.72	1.10.11					1.20.67		
Emily Hocking	43.56	1.37.47	3.33.20	39.69	1.26.72	3.02.21	39.61	1.55.88 *		33.4	1.13.55	2.42.42	6.23.00 *			1.25.17	3.05.27 *	7.27.1*
Stephanie Cockerill	52.64	1.55.94 *	4.08.91	45.9	1.38.48	3.44.53	50.95			38.15	1.23.40	3.07.93	6.23.80	13.08.23		1.41.81		

**Section 6 Trevor Hocking**

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\* = Time Attained In Training

Colour codes representing when PB's were achieved during 2005

	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Lauren Ward	42.01	1.35.06		38.95	1.37.78		51.15			32.18	1.16.90					1.25.30		
Victoria Hanvere	46.89	1.44.29		40.07	1.29.83		38.53	1.29.53		33.71	1.14.27					1.28.38		
Anna Shepherd	36.73	1.23.26		30.83	1.08.36	2.39.49	32.62	1.19.28		28.26	1.03.52					1.11.78		
Lucy Crowley	39.87	1.27.19		36.84	1.19.96		36.97	1.26.13		31.18	1.08.40					1.19.13		
Corinne O'neill	37.38	1.20.32	2.54.86	34.64	1.13.11	2.44.71	31.75	1.10.96	2.40.00	28.9	1.02.49	2.21.04		10.26.14		1.11.11	2.35.79	5.40.87