

GIRLS**DRONFIELD DOLPHINS PERSONAL BEST****UPDATED 01/01/2007**

7Years & Under	25 Breast	50 Breast	100 Breast	200 Breast	25 back	50 Back	100 Back	200 back	25 Fly	50 Fly	100 Fly	25 Free	50 Free	100 Free	200 Free	400 Free	100 IM	200 IM

8 Years (1999)	25 Breast	50 Breast	100 Breast	200 Breast	25 back	50 Back	100 Back	200 back	25 Fly	50 Fly	100 Fly	25 Free	50 Free	100 Free	200 Free	400 Free	100 IM	200 IM
Claudia Peach	30.07	1.12.09 *			29.15				30.43 D			25.16	1.09.24 *					
Bethany Micklethwaite	38.42 D				33.83				43.16 D			31.06						

9Years (1998)	25 Breast	50 Breast	100 Breast	200 Breast	25 back	50 Back	100 Back	200 back	25 Fly	50 Fly	100 Fly	25 Free	50 Free	100 Free	200 Free	400 Free	100 IM	200 IM
Chloe Hawson	31.12	1.05.07 *			27.06	1.01.00 *			27.98 D			23.1	56.70 *			2.07.95*		
Maddie Swannack	35.67 D				30.29				32.78 D			28.07						
Maddi Welch	32.85				37.51				31.16			27.70 *						
Lucy Jenkinson	35.54	1.35.18 *			29.41				30.78			25.01 *	1.05.47 *					
Charlotte Fenton	34.03				28.69				38.71 D			29.26						
Louise Johnson	46.80 D				29.62				40.85			28.34						
Holly Middleton																		
Isabel Spinks																		

10Years (1997)	25 Breast	50 Breast	100 Breast	200 Breast	25 back	50 Back	100 Back	200 back	25 Fly	50 Fly	100 Fly	25 Free	50 Free	100 Free	200 Free	400 Free	100 IM	200 IM
Ellie Holmes	29.75	1.02.06			26.95 *	49.54			25.82	54.09		20.52	44.77	1.47.10 *				
Sarah Poyntz	26.78	59.29			28.3	54.22			28.14 *	1.04.48 D		22.86	49.82					
Heather Whitehead	26.52	50.22		3.59.75 *	23.08	50.06			24.48	52.08		21.36	42.31	1.42.22 *			1.46.34	
Rebecca Spooner	28.96	1.06.91 *			27.08				37.29			24.57	58.04					
Lydia Raybould	27.97	58.12			26.36	57.58 D			37.02	1.09.54 D		26.09 *	54.73					

11Years (1996)	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Kathryn Goligher	51.82			50.21	1.58.01 *		55.23			42.9						1.55.79		
Emma Knikker Troke	1.09.45			58.07 D			1.03.70			47.83								
Holly Robinson	1.01.51			57.26 D			59.88 D			47.0 *								
Lucy Hill																		
Marie Atkinson																		

Section 6 Trevor Hocking

* = Time Attained In Training

s = Split

JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEPT	OCT	NOV	DEC
2007	2006	2006	2006	2006	2006	2006	2006	2006	2006	2006	2006

Colour codes representing when PB's were achieved during 2006 / 2007

BOYS

DRONFIELD DOLPHINS PERSONAL BEST

UPDATED 01/01/2007

7Years & Under	25 Breast	50 Breast	100 Breast	200 Breast	25 back	50 Back	100 Back	200 back	25 Fly	50 Fly	100 Fly	25 Free	50 Free	100 Free	200 Free	400 Free	100 IM	200 IM	

8 Years (1999)	25 Breast	50 Breast	100 Breast	200 Breast	25 back	50 Back	100 Back	200 back	25 Fly	50 Fly	100 Fly	25 Free	50 Free	100 Free	200 Free	400 Free	100 IM	200 IM	
Jay Smith	47.27				29.75				37.94			27.69							

9Years (1998)	25 Breast	50 Breast	100 Breast	200 Breast	25 back	50 Back	100 Back	200 back	25 Fly	50 Fly	100 Fly	25 Free	50 Free	100 Free	200 Free	400 Free	100 IM	200 IM	
Elliot Beeden	43.19 D				30.29				49.64 D			29.54							
Matthew Cooper	30.47	1.10.86 *			29.96				35.23			27.3	1.10.24 *						
Matthew Harris	42.18 D				25.58				1.03.88 D			30.36							
Jonathan Sanders																			

10Years (1997)	25 Breast	50 Breast	100 Breast	200 Breast	25 back	50 Back	100 Back	200 back	25 Fly	50 Fly	100 Fly	25 Free	50 Free	100 Free	200 Free	400 Free	100 IM	200 IM
Scott Shooter	25.35	52.97			24.06	51.98			24.72	54.73		20.59	46.82	1.53.10 *			1.44.45	
Matthew Ashman	23.99	54.14	1.57.70 *		22.32	43.99	1.39.64 *		23.2	51		18.64	40.15				1.42.60	3.33.36 *
Phillip Durkin	44.22	1.53.24 *			35.77				37.68 D			28.59 *	1.03.54 *					
Joe Thorpe	35.88				34.76				40.47 D			33.3		40.47 D				
Alex Scown	31	1.07.74 *			29.99				30.48			25.07	59.97 *					
Jack Roberts																		

11Years (1996)	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Daniel Creaser	55.61	2.00.86 *		48.67	1.45.05		48.89	2.05.45 *		42.7	1.44.64 *		7.36.76	16.54.89		1.49.00 *	3.44.70 *	
Samuel Mackey	56.31			52.4 *			1.01.89 D			49.85								
Izack Peach	47.33	1.55.51 *	4.07.15 *	39.58	1.40.76 *	3.36.80 *	44.97	1.52.89		35.39	1.25.80 *	3.03.70 *	8.02.41 *			1.36.78	3.28.86	
Elliot Peat	1.00.16			1.00.82			1.12.89 D			52.36 *						2.07.82		
Matthew Hunt	54.63	2.01.86 *		52.64	2.03.26 *		48.74	2.01.59 *		40.04	1.48.86 *	3.31.02		16.47.07		1.48.00 *	3.39.13 *	
Daniel Young	1.03.54 D																	
Lewis McManaman	59.82																	

Section 6 Trevor Hocking

JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEPT	OCT	NOV	DEC
2007	2006	2006	2006	2006	2006	2006	2006	2006	2006	2006	2006

Colour codes representing when PB's were achieved during 2006 / 2007

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s = Split

	Breast				Back				Fly				Free					
	25	50	100	200	25	50	100	200	25	50	100	200	25	50	100	200	100Im	200IM
Sam Barringer	21.06	47.43	1.41.09	3.47.65	22.06	44.5	1.32.01	3.30.22	25	46.12	100	200	17.03	39.09	1.25.02	3.04.92	1.34.45	3.34.57

12Years (1995)	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Vikram Barn	59.85	2.07.63		55.86			1.05.26			50.82	1.58.82 *					2.21.54		
Oliver Bright	49.24	1.48.82 *	3.51.06 *	46.22	1.46.89 *		50.06	1.59.51 *		42.5			7.49.82 *			1.48.20 *	3.52.54 *	
Matthew Carroll	51.06	1.51.16	4.12.02	41.21	1.29.92	3.24.68	40.93	1.36.72		33.31	1.18.66	2.56.98	7.10.23 *			1.30.74	3.26.59	
Jack Thorpe	1.19.19			59.56						58.18 *								
Jack Price	44.31	1.38.50	3.25.05	45.67	1.37.76 *	3.43.84 *	45.7	1.40.60		39.73	1.32.08 s	3.11.85	6.38.05			1.32.68	3.19.52	
Sam Read	1.02.15 *			1.16.42						1.04.43 *								

13Years (1994)	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Joseph Ashman	47.15	1.46.23	3.47.68	39.65	1.28.96	3.07.80	40.14	1.35.69		34.21	1.16.94	2.46.64	6.40.31 *			1.30.72	3.10.86 *	
Elliot Cooper	44.67	1.41.28	3.45.73	45.81	1.40.93	3.26.20	48.9	2.00.66		35.66	1.22.11	3.10.85 s	6.26.68			1.33.79	3.19.34	
Thomas Newman	53.14	1.52.76 *	3.55.70 *	51.45	1.52.29 *		56.07			44.50 *	1.38.09 *	3.37.32 *				1.48.00 *	3.58.20	
Ben Harris	1.03.54			59.7						53.8								
David Geary	44.35	1.42.26	3.39.97	39.55	1.34.54*	3.30.24 *	40.04			33.73	1.23.92 *	2.52.77	7.35.56 *			1.35.88	3.16.34 *	
14Years (1993)	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Matthew Goligher	47.52	1.44.92 *	4.14.60	46.39	1.42.70	4.06.21	41.29			34.9	1.20.56	3.30.84 *	7.12.37 *			1.52.39	4.20.44	
Jonathan Hunt	37.53	1.25.05	3.07.73	33.61	1.15.17	2.42.44	31.56	1.17.94	2.54.89 *	29.25	1.07.85	2.29.81	5.15.20 *			1.13.43	2.46.70 *	

15Years and over	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Nicky Allcroft	40.51	1.40.51 *	3.28.81 *	41.49	1.36.22 *		44.42 *			32.66	1.19.72 *	3.18.64 *				1.54.00 *		
Sam Franklin	38.87	1.27.81	3.13.70 *	33.22	1.12.37	2.38.07 *	31.85	1.16.24	2.54.29 *	27.79	1.03.24	2.23.11	5.02.00 *	10.50.90 *		1.14.82	2.43.96	6.51.7*
Ben Hughes	40.79	1.34.54	3.18.26	34.19	1.18.26	2.43.48	38.9	1.44.32 *		30.53	1.06.04	2.27.02	5.10.21			1.21.10	2.56.55	6.38.6*
Jonathan Holmes	43.70 *	1.59.77 *		41.02			40.56			33.40 *		3.16.67 *				2.18.46	3.27.78 *	
Elliot Jenkinson	39.44	1.28.53	3.21.95	35.22	1.25.10 *		33.99	1.18.40	2.57.39 *	30.86	1.15.77	2.40.97				1.16.65	2.58.62 *	6.48.7*
Greg Mclennan	42.66	1.39.32 *		44.14 *	1.43.86 *		42.16 *			30.85	1.18.63	3.10.27 *				1.25.04	3.28.79	
Laurence Mottershaw	39.69	1.28.50	3.18.30 *	32.06	1.10.73	2.41.77	31.76	1.12.61 *	2.53.89 *	29.22	1.06.22	2.26.70 *	5.14.60 *	11.56.90 *		1.13.14	2.41.82	
William Earl	34.61	1.28.03		35.46	1.30.01		34.63			29.81	1.17.33					1.21.50		
Scott Felton	34.86	1.23.22	3.01.40 *	31.97	1.16.71	2.39.95 *	30.12	1.08.03	2.51.92 *	27.46	1.05.78	2.24.60 *	5.11.20 *	10.39.30 *		1.11.13	2.37.92 *	
Tom Hughes	35.77	1.19.59	2.52.56	33.51	1.14.04	2.37.71	34.05	1.12.91	2.52.36 *	28.14	1.03.18	2.22.16	5.03.60 *		21.06.22	1.10.70	2.35.05	5.44.69*
Greg Jackson	43.24			36.25	1.19.78	2.53.77	36.06	1.24.82	3.12.51 *	32.02	1.14.28	2.42.80	6.21.00 *			1.21.36	3.01.00 *	
Jonathan Olijnyk	37.06	1.20.33	3.00.49	35.54	1.19.52	2.49.30	36.43	1.23.06 *		29.22	1.04.11	2.21.46	5.13.40 *	11.27.44 *	22.45.45	1.15.74	2.42.42 *	
Daniel Sanders	44.27	1.49.16*		38.24			42.66		3.40.35 *	34.72 *	1.13.41 *	3.11.97*	7.02.00*				3.03.48 *	7.56.3*
James Stevenson				32.9						28.8	1.04.86					1.14.93		
Craig Mallinson	41.4	1.32.03	3.18.10 *	32.5	1.08.20	2.31.09	34.74	1.18.29		28.89	1.02.18	2.18.98	4.59.61	10.26.10 *	19.22.18	1.15.19	2.37.92 *	
Tom Clarke	39.44	1.28.61 *		34.02	1.15.81 *		30.28	1.08.97	2.37.76	27.6	1.05.25					1.10.53	2.37.64 *	5.35.70
Tom Lotka		1.30.97 *			1.39.53 *					30.56 *	1.10.75 *					1.22.63 *		

Section 6 Trevor Hocking

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Colour codes representing when PB's were achieved during 2006 / 2007

GIRLS**DRONFIELD DOLPHINS PERSONAL BEST****UPDATED 01/01/2007**

12Years (1995)	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Bethany Crowley	48.78	1.48.82 *	3.58.61 *	47.99	1.44.67		45.75	2.02.45 *		39.84	1.36.11		8.39.09 *			1.55.11 *	4.05.42 *	
Emily Newman	49.76	1.49.67 *	3.53.20 *	53.46	1.48.48 *	4.20.88 *	1.02.98 *			44.24	1.37.67 *	3.28.48 *	8.11.36 *			1.46.40 *		
Katie Pratt	56.52	2.13.70 *		45.15	1.37.86	3.32.27	47.15	1.49.85	4.48.98 *	39.13	1.23.81	3.17.86 *	7.29.82 *	16.00.86		1.43.87	3.38.14	
Lucy Wilson	52.71	1.49.96	4.24.45 *	42.81	1.46.26		49.94			38.66	1.34.83					1.44.09 *	3.43.67 *	
Rebecca Woodhead																		

13Years (1994)	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Megan Barringer	44.68	1.38.16	3.33.94	38.67	1.21.60	2.58.47	41.09	1.40.42		35.18	1.16.53	2.49.91	5.50.81	11.51.47		1.26.01	3.02.14	
Harriot Bland	53.29	1.56.20 *	4.05.67 *	49.09	1.50.10 *		51.26			42.80 *	1.38.80 *	4.03.57	8.05.73			1.45.50 *	4.18.41	
Lucy Franklin	54.51	1.52.98	4.05.13 *	54.45	2.13.09 *		54.06	2.14.16 *		45.6	1.37.05	3.39.70	7.32.58	16.02.77		1.53.20 *	3.58.95	
Georgia Hemingway	46.71	1.42.60	3.44.95 *	41.12	1.38.98 *	3.26.44 *	44.07	1.51.98		37.82 *	1.27.66	3.09.96	6.52.12	14.30.32		1.37.10 *	3.24.20	
Anna Hughes	50.64	1.42.07 *	3.41.20 *	48.06	1.40.70 *	3.49.39 *	52.66			41.11	1.29.67 *					1.41.23	3.37.12 *	
Anna King	42.89	1.30.97	3.27.86 *	44.16		3.28.76 *	37.53	1.32.03	3.30.36 *	34.01	1.18.75		7.19.88 *			1.34.57	3.26.75 *	
Sally Mclennan	51.66	1.55.86 *	4.25.97 *	48.64	1.45.29	3.45.39 *	53.73 *	1.59.83 *		39.50 *		3.54.51 *	8.06.09 *			1.56.77	3.57.09	
Ellie Sanders	55.86	1.52.36 *		51.03			45.69	1.54.42 *		46.19	1.33.48 *		8.16.80			1.42.40 *	3.48.48	
Holly Scothern	56.8	2.02.25	4.31.51 *	43.7		3.41.98 *	48.54			40	1.30.24	3.52.41	7.38.36	16.00.09		1.46.87	4.02.79	

14Years (1993)	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Samantha Creaser	46.92	1.36.84 *	3.49.47 *	41.47	1.27.22	3.59.19	40.35	1.31.42	3.26.98 *	35.28	1.14.41	2.53.04	7.14.51 *			1.27.93	3.03.16	
Bethany Moore	40.01	1.25.08	3.00.05	32.43	1.07.95	2.26.69	34.91	1.26.73		31.36	1.04.62	2.20.96	4.55.14	10.07.88		1.13.75	2.38.67	5.34.71
Lorna Olijnyk	43.36	1.36.11	3.29.13	42.84	1.34.98 *	3.35.31 *	47.25	2.11.57 *		35.4	1.32.55	3.32.77	7.56.40 *			1.40.12	4.15.86	
Michelle Peat	36.43	1.20.62	2.56.39	37.87	1.26.04	2.46.52	36.65	1.23.98	4.48.20	29.19	1.01.44	2.15.14	4.40.60	9.38.25		1.13.43	2.40.98	

15Years and over	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Frances Pearson	44.46	1.35.77	3.25.20	40.56	1.26.74	3.02.02	39.6	1.32.80	3.14.95 *	33.76 *	1.14.42	2.39.28 *	6.13.83	12.32.66		1.25.17	3.00.68	
Hannah Sanders	1.03.97	2.10.82 *	3.54.80 *	46.91	1.47.83 *	3.51.73 *	47.7	1.52.70		37.43	1.27.76 *	3.16.95 *	7.23.82 *			1.51.13 *	3.47.73	
Jenny Basford	42.07	1.34.00	3.25.00	33.76	1.12.84	2.37.04	33.92	1.18.54 *	3.05.82 *	29.26	1.05.15	2.25.70 *	4.59.89	10.26.72		1.16.48	2.50.64 *	
Amy Bickerstaffe	40.09	1.33.26	3.18.46	35.2	1.17.45	2.49.22	35.28	1.22.68	3.36.62 *	29.82	1.03.49	2.23.40	4.56.41	10.26.08		1.18.73	3.01.58 *	6.50.7*
Heather Booth	42.79	1.34.06	3.39.00	38.89	1.29.01	2.59.54 *	36.46		3.03.98 *	31.38	1.09.31	2.31.37	6.45.72 *	11.12.90 *		1.22.87	2.55.76 *	
Chloe Howard	43.8	1.37.89 *	3.39.69 *	47.73	1.58.92 *	3.53.22 *	39.29	1.40.69		36.36	1.39.53 *					1.42.81 *	3.13.67	
Emma Hallam	53.70 *	2.10.85 *		38.35	1.27.42	3.41.86	37.25	1.23.85	4.21.77	32.2	1.11.33	2.39.30	5.43.45 s	11.45.90		1.28.77	3.15.46 *	
Rebecca Hocking	41.53	1.31.33	3.19.46	35.23	1.15.27	2.41.88	34.94	1.19.20	3.14.01 *	30.72	1.08.66	2.30.62	5.32.48	11.14.90 *		1.17.29	2.49.63	6.45.7*
Kathryn Olijnyk	45.64	1.44.85 *	3.58.25	37.13	1.21.83	3.02.12	46.00 *			35.01	1.24.73	3.10.99	7.04.00 *			1.31.79	3.13.39	8.16.5*
Sophie Palmer	44.37	1.41.88	3.32.29 *	46.12 *	1.42.20 *		47.38 *	1.44.98 *		36.55	1.25.23	3.00.13					3.23.70 *	8.12.4*
Sarah Coe	40.77	1.28.06	3.12.08	36.91	1.22.08	2.56.36	33.9	1.19.79		30.48	1.08.89	2.30.72				1.18.54	2.51.09	
Heather Graham	39.08	1.26.77	3.07.13 *	35.61	1.19.13		36.35	1.29.67 *	3.25.92 *	30.19	1.06.02	2.24.39	5.15.40 *			1.17.55	2.53.98 *	
Lauren Pearson	41.35	1.29.05	3.12.46	37.45	1.19.24	2.50.11	35.28	1.18.58	3.00.13	32.64	1.10.34	2.33.22	5.19.26	11.20.46 *		1.19.60	2.49.18	6.00.62
Stephanie Peat	38.7	1.23.94	3.04.10	34.11	1.11.26	2.33.54	31.47	1.07.95	2.27.86	30.4	1.03.83	2.19.68	4.53.20	9.52.05		1.13.16	2.34.10	5.20.30
Elizabeth Dent	41.09	1.28.46	3.17.20	39.57			39.29			34	1.20.61		5.38.83	11.53.34		1.23.15		
Elizabeth Shooter	43.42	1.32.11		37.04	1.21.80		36.91	1.23.69		31.72	1.10.11					1.20.67		
Emily Hocking	43.56	1.37.47	3.33.20	38.78	1.26.72	3.02.21	39.61	1.55.88 *		32.84	1.13.21	2.42.42	6.23.00 *			1.25.17	3.05.27 *	7.27.1*

Section 6 Trevor Hocking

JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEPT	OCT	NOV	DEC
2007	2006	2006	2006	2006	2006	2006	2006	2006	2006	2006	2006

Colour codes representing when PB's were achieved during 2006 / 2007

* = Time Attained In Training

s = Split

	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Lauren Ward	42.01	1.35.06		38.95	1.37.78		51.15			32.18	1.16.90					1.25.30		
Victoria Hanvere	46.89	1.44.29		40.07	1.29.83		38.53	1.29.53		33.71	1.14.27					1.28.38		
Anna Shepherd	36.73	1.23.26		30.83	1.08.36	2.39.49	32.62	1.19.28		28.26	1.03.52					1.11.78		
Lucy Crowley	39.87	1.27.19		36.84	1.19.96		36.97	1.26.13		31.18	1.08.40					1.19.13		
Corinne O'neill	37.38	1.20.32	2.54.86	34.64	1.13.11	2.44.71	31.75	1.10.96	2.40.00	28.9	1.02.49	2.21.04		10.26.14		1.11.11	2.35.79	5.40.87
Amy Ashton	46.04	1.40.42	3.42.07 *	39.33	1.33.47 *		40.33	1.45.92 *	3.50.13 *	33.02	1.15.79	3.01.16 *	7.42.30 *			1.28.77		
Jemma Smith	42.84	1.41.84 *		42.94	1.41.79 *		38.8	1.31.06		34.43	1.20.33	3.01.24 *	7.01.34 *				3.12.49 *	