

**GIRLS****DRONFIELD DOLPHINS PERSONAL BEST****UPDATED 01/07/2008**

7Years & Under	25 Breast	50 Breast	100 Breast	200 Breast	25 back	50 Back	100 Back	200 back	25 Fly	50 Fly	100 Fly	25 Free	50 Free	100 Free	200 Free	400 Free	100 IM	200 IM
Hannah Court																		

8 Years (2000 )	25 Breast	50 Breast	100 Breast	200 Breast	25 back	50 Back	100 Back	200 back	25 Fly	50 Fly	100 Fly	25 Free	50 Free	100 Free	200 Free	400 Free	100 IM	200 IM
Alex Potts	30.03	1.09.47			24.89	1.03.96			22.7	1.05.18 *		29.76	50.08 *					
Georgia Godber	33.38*				35.34*							30.83*						
Natasha Wickersham	55.93D				35.07							28.9						

9Years (1999 )	25 Breast	50 Breast	100 Breast	200 Breast	25 back	50 Back	100 Back	200 back	25 Fly	50 Fly	100 Fly	25 Free	50 Free	100 Free	200 Free	400 Free	100 IM	200 IM
Claudia P. Peach	23.79	53.81		4.16.21*	23.58	51.75		4.21.41	23.39	56.96		20.05	43.62				1.49.64	
Bethany Micklethwaite	25.45 *	57.62		4.17.04*	22.51	47.67			22.29	49.13		17.9	41.19		3.30.01		1.45.76	
Elisabeth Tew	30.86	1.20.61			30.08	1.13.80			29.98	1.03.48 *		22.19	56.25 *					
Heather Grimes	27.26	56.08			24.77	51.13			22.62	52.74		21.15	45.43				1.47.42	
Isabella Meek	26.53	55.28 *			25.06	52.77 *			26.27	1.03.05 *		24.49	52.69 *					
Lucy Pratt	29.89	1.01.05		5.08.16 *	28.09							22.73	57.53*			4.39.48 *		
Yelena Hobson																		
Sheela Steele	34.22 *				35.48 *							42.07 *						
Amber Wain	50.98				34.73							29.97						
Taylor-Mia- Murphy	44.06 *				33.32							27.38 *						
Bethany Rowley	44.93 *				41.90 *							36.19 *						
Gabrielle Wickersham	36.09 D	1.30.26*			30.19							30.65	1.14.33*					

10Years ( 1998 )	25 Breast	50 Breast	100 Breast	200 Breast	25 back	50 Back	100 Back	200 back	25 Fly	50 Fly	100 Fly	25 Free	50 Free	100 Free	200 Free	400 Free	100 IM	200 IM
Maddie Swannack	29.18	1.00.38			24.24	54.8			27.36	52.11		20.76	47.98				1.54.48	
Lucy Jenkinson	28.92	1.06.86		5.25.17*	25.8	57.11			24.54D	56.45		21.20*	47.05		4.14.89*		1.59.95	
Charlotte Fenton	27.11	57.48			26.31	54.74			28.98	55.54		23.04	49.92				1.55.69	
Sophie Briggs-Willis	32.45	1.07.88		5.25.23 *	31.66D	1.24.06			38.45			23.13	54.45		4.52.20 *			
Rachel Spooner	33.11	1.09.45		5.16.36 *	30.11	1.03.78			31.07	1.17.04 *		27.52	1.00.41 *		5.11.76 *		2.29.20D	
Lucy Rose	30.25*	56.34		4.41.23 *	32.13*	56.93				1.11.24 *		25.73 *	48.23		4.37.26 *			
Jessica Wilgose	35.04				31.6							28.04						
Emmy Beeby																		
Emma Park	45.47 *				34.32 *							32.26 *						
Joanna S. Burch	31.73	1.06.26			31.86	1.05.67						25.82 *	52.77					

11Years ( 1997 )	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Ellie Holmes	56.65			43.38			43.22			39.8	1.47.10 *					1.36.36		
Heather Whitehead	45.64	1.49.51	3.48.26	44.48		4.07.70*	44.48			37.38	1.25.68s	3.01.57				1.32.16	3.19.23	
Rebecca Spooner	53.62	1.59.80 *	4.09.17*	47.9	1.49.26*	4.28.29	1.06.57			44.84	1.50.73*	3.46.38*				1.48.68 *	4.31.58	
Alexandra W-Gregory																		
Bethany Gore	48.15	1.46.06		45.64	1.41.56 *		46.57			36.82	1.24.73s	2.58.06				1.33.92	3.19.86	

**Section 6 Trevor Hocking**

\* = Time Attained In Training

s = Split

JAN	FEB	MAR	APR	MAY	JUNE	JUL	AUG	SEPT	OCT	NOV	DEC
2008	2008	2008	2008	2008	2008	2008	2007	2007	2007	2007	2007

Colour codes representing when PB's were achieved during 2006 / 2007

## BOYS

## DRONFIELD DOLPHINS PERSONAL BEST

UPDATED 01/07/2008

7Years & Under	25 Breast	50 Breast	100 Breast	200 Breast	25 back	50 Back	100 Back	200 back	25 Fly	50 Fly	100 Fly	25 Free	50 Free	100 Free	200 Free	400 Free	100 IM	200 IM

8 Years (2000 )	25 Breast	50 Breast	100 Breast	200 Breast	25 back	50 Back	100 Back	200 back	25 Fly	50 Fly	100 Fly	25 Free	50 Free	100 Free	200 Free	400 Free	100 IM	200 IM
Joshua Sanderson	59.13 *				28.78							35.83 *						
John Ashman	44.15*	1.37.09*			26.92							22.88 *	1.17.45*					

9Years ( 1999 )	25 Breast	50 Breast	100 Breast	200 Breast	25 back	50 Back	100 Back	200 back	25 Fly	50 Fly	100 Fly	25 Free	50 Free	100 Free	200 Free	400 Free	100 IM	200 IM
James Edwards	31.19 D	1.32.09			23.80 *	1.08.13			22.84			19.19	54.64					
Jake Coupland	27.07	1.17.09		5.07.07 *	24.14	1.15.61			31.48			21.36	1.04.74		5.08.22 *			
Thomas Austen	45.18 *	1.43.22*			33.38							36.71 *	1.17.10*					
Robert Goligher	30.2				30.92							28.31						
Sam Rayner																		
Dominic Millward	36.72*				32.40 *				41.54			26.19 *						
Christopher Redfern	26.82 *	1.06.48*		5.03.80 *	24.73 *				29.98 *	1.10.46 *		22.62	57.13*					

10Years ( 1998 )	25 Breast	50 Breast	100 Breast	200 Breast	25 back	50 Back	100 Back	200 back	25 Fly	50 Fly	100 Fly	25 Free	50 Free	100 Free	200 Free	400 Free	100 IM	200 IM
Ryan Beck	38.69 *	1.20.34			29.45	1.09.57			47.48			26.48	1.03.40		4.46.82 *			
Michael Newman	28.39	1.12.64D		5.21.01 *	33.11	1.19.69			43.77			25.16	1.07.82		5.44.61 *			
Jonathan Park	33.66	1.06.45		5.35.61 *	24.7	54.86			49.76			22.47 *	49.7		4.29.22 *		2.10.21	
Matthew Cooper	24.26	49.12	1.55.23s	3.55.14	25.35	50.73			23.63D	50.04		19.29	40.44	1.42.79 *	3.28.69		1.43.57	4.32.09
Matthew Harris	27.73 *	57.79			21.84	45.08			24.80 *	53.81		20.12	47.32		3.44.46 *		1.52.09	
Jonathan Sanders	35.36 D	1.10.26			27.94	1.13.54			38.27	1.16.18 *		23.58 *	50.98 *		4.14.07 *		2.42.30	
Zachery Bland		1.24.38*				1.12.77							1.29.04*					
Tom Patrick	33.34*				34.66*							27.54 *						
Oliver West	55.84D				42.08							29.48						
Ben Brady																		

11Years ( 1997 )	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Scott Shooter	51.23	2.10.45*		43.42	1.48.92*		46.42			36.45	1.35.91 *					1.38.33		
Matthew Ashman	42.58	1.37.01s	3.26.12	37.49	1.27.44s	2.59.18	37.07	2.01.02s		31.7	1.15.46s	2.40.07	6.08.92			1.21.27	3.01.13	
Phillip Durkin	1.08.88		5.14.66*	1.00.22				1.13.36 *		50.48						2.20.78	5.07.98	
Alex Scown	57.24D		4.30.32*	57.07			1.00.54			44.39		3.48.43 *				2.12.93D		
Adam Brock	1.07.07			1.06.79			1.24.56 *			1.07.07								
Mikey Geary	1.01.61		4.48.14 *							45.36		4.24.09 *						

## Section 6 Trevor Hocking

JAN	FEB	MAR	APR	MAY	JUNE	JUL	AUG	SEPT	OCT	NOV	DEC
2008	2008	2008	2008	2008	2008	2008	2006	2007	2007	2007	2007

Colour codes representing when PB's were achieved during 2006 / 2007

\* = Time Attained In Training

s = Split

12Years ( 1996 )	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Daniel Creaser	50.35	1.50.08	4.05.64	43.44	1.45.05	3.48.01	38.76	1.56.68s	4.02.14	36.91	1.38.60*	3.25.73 *	7.03.09*	16.54.89		1.37.38	3.30.96	
Izaak P. Peach	45.86	1.52.00*	4.07.15 *	38.37	1.24.41	3.07.06	42.9	1.52.89		32.81	1.14.25	2.54.90*	8.02.41 *			1.26.86	3.12.15	
Matthew Hunt	54.63	1.52.81	4.12.82	49.95	1.46.13	3.56.60*	40.36	2.01.59 *	4.16.32	37.79	1.24.53	3.00.91		15.32.09 *		1.36.26	3.26.68	
Daniel Young	54.61D	2.16.80*	4.16.76	45.35	1.44.89*	3.52.29	43.65			35.12	1.30.22*			8.05.11*		1.38.95D	3.45.95	
Lewis McManaman	52.36	1.58.98	4.22.26*	47.92	1.54.09*		1.01.09	2.08.26		41.96	1.35.71 *	3.40.17*				1.49.20	4.21.48	
Sam Barringer	45.39	1.41.09	3.47.65	41.61	1.32.01	3.30.22	41.62			35.47	1.18.39	3.04.92				1.27.99	3.34.57	
Aidan Sahni	57.6	2.08.69		1.06.51						51.13	2.05.18	4.46.42 *				2.11.02		
Conor Dubik	1.09.06			1.01.26						55.64						2.13.86D		
David Lovell	1.09.06			1.03.26			1.16.57			46.66						2.10.81D		
Sami Beck	1.13.91D			1.00.38			1.18.90			51.84		4.33.20 *						

13Years ( 1995 )	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Vikram Barn	51.36	2.04.82 *	4.22.22	48.35	1.39.27	3.53.76	51.58	2.24.76 *	5.26.95	39.15	1.27.50	3.33.26	7.49.98*			1.42.92D	3.51.92	
Matthew Carroll	50.35	1.50.60*	4.12.02	38.76	1.23.35	2.55.67	38.12	1.36.72	3.28.19*	32.25	1.10.92	2.34.05	7.10.23 *			1.24.80	3.26.59	
Jack Price	42.57	1.28.15	3.08.02	45.67	1.27.33	3.43.84 *	45.7	1.37.19	3.35.09	39.2	1.21.94	2.48.06s	5.37.09			1.29.32s	2.56.75	

14Years ( 1994 )	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Joseph Ashman	43.6	1.34.72	3.33.00	36.11	1.16.18	2.46.50	36.51	1.20.31	3.17.76	31.2	1.08.24	2.27.95	5.16.99	11.51.45	22.49.15	1.18.96	2.51.66	
Elliot Cooper	40.91	1.27.09	3.14.19	42.48	1.27.72	3.26.20	41.11	1.36.20		32.14	1.11.79	2.34.49	5.39.25s	11.13.31		1.18.83	3.13.76	
Thomas Newman	53.14	1.52.76 *	3.52.87 *	51.45	1.52.29 *		56.07			44.50 *	1.38.09 *	3.37.32 *		16.01.54 *		1.48.00 *	3.58.20	
David Geary	39	1.27.09	3.24.84	36.38	1.26.13	3.30.24 *	36.51			30.23	1.13.04	2.46.76	7.35.56 *			1.18.07	2.53.79	

15Years and over	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Matthew Goligher	40.18	1.44.92 *	3.32.59*	41.2	1.42.70	4.06.21	38.77D			31.77	1.20.56	3.30.84 *	7.12.37 *			1.19.70	4.20.44	
Jonathan Hunt	36.09	1.17.12	2.49.28	31.32	1.07.02	2.29.71	30.43	1.06.62	2.54.89 *	27.09	1.00.38	2.13.65	4.52.27	11.06.35		1.06.52	2.30.05	5.42.95 *
Nicky Allcroft	40.51	1.40.51 *	3.28.81 *	40.03	1.36.22 *		44.42 *			31.39	1.19.72 *	3.18.64 *				1.27.51		
Sam Franklin	35.21	1.19.86	3.13.70 *	30.89	1.07.65	2.30.83	29.04	1.08.23	2.42.41	25.36	57.16	2.07.48	4.35.71	10.41.01		1.07.73	2.25.23	5.33.00 *
Ben Hughes	36.48	1.21.19	2.56.32	32.05	1.10.05	2.36.69	33.98	1.25.41*	3.03.80 *	27.34	1.01.58	2.18.67	4.45.92	10.05.36		1.11.93	2.46.01*	6.07.00*
Harry Williams	37.8		3.12.45	33.36			33.70*			28.08	1.05.58	2.29.30*				1.13.64		
Greg McLennan	42.66	1.39.32 *		44.14 *	1.43.86 *		42.16 *			30.85	1.18.63	3.10.27 *				1.25.04	3.28.79	
Laurence Mottershaw	39.69	1.28.50	3.18.30 *	32.06	1.10.73	2.41.77	31.76	1.11.01	2.51.38 *	28.67	1.05.36 *	2.26.70 *	5.14.60 *	11.30.96		1.11.61	2.38.90*	
Scott Felton	34.86	1.17.20	2.50.16	31.17	1.16.71	2.39.95 *	29.31	1.06.19	2.51.92 *	27.08	1.00.74	2.24.60 *	5.11.20 *	10.39.30 *		1.07.39	2.28.31	
Tom Hughes	35.06	1.18.06	2.52.56	33.2	1.14.04	2.37.71	31.44	1.12.91	2.46.42 *	27.67	1.03.18	2.22.16	5.03.60 *	10.52.89	21.06.22	1.09.73	2.35.05	5.35.78
Jonathan Olijnyk	37.06	1.20.33	3.00.49	35.54	1.19.52	2.49.30	36.43	1.23.06 *		29.22	1.04.11	2.21.46	5.13.40 *	11.27.44 *	22.45.45	1.15.74	2.42.42 *	
Daniel Sanders	44.27	1.49.16*		38.24			42.66		3.40.35 *	34.72 *	1.13.41 *	2.41.10*	7.02.00*				3.03.48 *	7.56.3*
James Stevenson	35.36			31.07	1.09.94					28.8	1.04.86					1.14.93		
Craig Mallinson	41.4	1.32.03	3.18.10 *	32.5	1.08.20	2.31.09	33.86	1.18.29		28.64	1.02.18	2.18.98	4.59.61	10.26.10 *	19.22.18	1.15.19	2.37.92 *	
Tom Clarke	39.44	1.28.61 *		34.02	1.15.81 *		30.28	1.08.97	2.37.76	27.6	1.05.25					1.10.53	2.37.64 *	5.35.70
Tom Lotka	37.50*	1.30.97 *		36.70*	1.24.83*		34.70*	1.23.55*		30.56 *	1.10.75 *					1.22.63 *		

## Section 6 Trevor Hocking

JAN	FEB	MAR	APR	MAY	JUNE	JUL	AUG	SEPT	OCT	NOV	DEC
2008	2008	2008	2008	2008	2008	2008	2007	2007	2007	2007	2007

\* = Time Attained In Training

s = Split

Colour codes representing when PB's were achieved during 2007 / 2008

12Years ( 1996 )	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Kathryn Goligher	45.67	1.47.09	3.56.98 *	48.01	1.58.01 *	3.57.46	49.33			40.7		3.20.86 *	7.47.73*			1.35.88	3.38.11	
Lucy Hill	1.03.48			1.00.70			1.31.80			53.89						2.30.77		

13Years ( 1995 )	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Bethany Crowley	45.95	1.46.40*	3.43.50*	45.54	1.44.67		41.94	2.02.45 *		37.35 *	1.36.11		8.39.09 *			1.33.51	3.37.73	
Emily Newman	43.29	1.45.09	3.52.01 *	47.18	1.48.48 *	3.50.00	50.02			39.24	1.37.67 *	3.28.48 *	8.11.36 *	14.57.73 *		1.35.21		
Katie Pratt	49.77	2.06.12		39.57	1.24.89	3.07.73	38.82	1.34.58	4.28.07	34.76	1.13.74	2.45.31	7.29.82 *	14.45.09 *		1.27.15	3.38.14	
Lucy Wilson	47.71	1.41.66	4.24.45 *	38.26	1.22.36	3.16.60*	39.6		4.38.67	33.17	1.14.92	3.07.10*				1.22.79	3.31.67 *	
Katie Patrick	58.09									48.01		4.12.72 *						
Rebecca Woodhead	59.77	2.02.80		56.35	2.10.46		1.13.27			48.84	1.48.31					2.07.09		

14Years ( 1994 )	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Megan Barringer	43.64	1.36.14	3.26.72	38.07	1.20.04	2.49.33	37.62	1.29.83		33.7	1.12.79	2.38.16	5.25.10	11.26.99		1.21.19	2.54.16	
Harriot Bland	50.89	1.56.20*	4.05.67 *	47.07	1.50.10 *		51.26			39.54	1.33.56 *	4.03.57	7.46.70*	16.09.20 *		1.40.67	4.18.41	
Lee Durkin	49.09D			4.11.83*	53.37		4.15.00*	55.42		42.22D								
Lucy Franklin	48.92	1.50.89 *	3.57.32	49.89	1.50.92 *	3.58.01	50.41	1.57.76 *	4.37.20	42.06	1.31.17 *	3.31.20*	7.01.80*	14.46.57 *		1.39.70	3.47.70	
Georgia Hemingway	44.46	1.37.71	3.44.95 *	36.77	1.21.75	3.26.44 *	38.15	1.24.96	3.52.09	33.69	1.12.85	2.49.95	6.52.12	14.30.32		1.22.39	3.02.44	
Anna Hughes	50.64	1.39.78	3.41.20 *	48.06	1.40.70 *	3.49.39 *	52.66			36.76 *	1.29.67 *	3.06.67 *				1.41.23	3.37.12 *	
Anna King	40.56	1.30.12	3.27.86 *	42.32		3.22.00	36.24	1.30.65	3.30.36 *	33.51	1.18.75		7.19.88 *			1.23.29	3.08.82 *	
Sally McLennan	47.01	1.55.86 *	4.25.97 *	41.26	1.45.29	3.45.39 *	45.48	1.59.83 *		36.95	1.35.61 *	3.54.51 *	8.06.09 *			1.39.29	3.57.09	
Ellie Sanders	55.86	1.49.51	3.38.86*	51.03			45.06	1.54.42 *	4.16.10	38.71	1.33.48 *		8.16.80	15.15.76 *		1.40.19	3.48.48	
Holly Scothern	46.51	2.00.32*	4.31.51 *	37.64	1.19.12	3.17.00	36.09	1.20.00	3.37.48*	33.42	1.13.64	3.52.41	6.57.41*	14.55.32 *		1.22.89	2.59.59	

15Years and over	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Samantha Creaser	43.31	1.34.26	3.49.47 *	37.95	1.22.12	3.59.19	36.6	1.29.76	3.26.98 *	32.62	1.12.74	2.53.04	7.14.51 *			1.21.19	2.55.70	
Bethany Moore	40.01	1.21.85	2.53.28	32.43	1.07.95	2.26.69	34.91	1.18.27		31.18	1.04.62	2.16.48	4.49.61	9.43.08		1.13.75	2.36.54	5.34.71
Lorna Olijnyk	43.04	1.36.11	3.29.13	41.42	1.34.98 *	3.35.31 *	43.67	2.11.57 *		35.4	1.32.55	3.32.77	7.56.40 *			1.30.17	4.15.86	
Michelle Peat	36.43	1.20.62	2.54.08	37.58	1.16.88	2.46.52	34.75	1.23.98	4.48.20	29.18	1.01.26	2.12.50	4.39.79	9.38.25	18.06.35	1.13.43	2.40.98	
Frances Pearson	43.06	1.34.88	3.25.20	39.24	1.25.51*	3.02.02	37.66	1.25.04	3.14.95 *	30.52	1.10.19	2.36.71	5.25.83	11.16.73		1.21.80	2.56.75	
Hannah Sanders	1.03.97	2.10.82 *	3.54.80 *	46.91	1.47.83 *	3.51.73 *	47.7	1.52.70		37.43	1.27.76 *	3.15.96*	7.23.82 *			1.51.13 *	3.47.73	
Jenny Basford	42.07	1.34.00	3.25.00	33.76	1.12.84	2.37.04	33.7	1.17.22	3.05.82 *	29.26	1.05.15	2.25.70 *	4.59.89	10.21.23	20.11.23	1.16.26	2.47.35	6.31.00 *
Amy Bickerstaffe	40.09	1.31.81	3.18.46	35.2	1.17.45	2.49.22	35.28	1.22.68	3.36.62 *	29.82	1.03.49	2.19.90	4.53.26	10.02.98		1.16.73	3.01.58 *	6.50.7*
Heather Booth	42.79	1.34.06	3.23.32 *	37.15	1.22.61*	2.57.07 *	36.46	1.20.10*	2.56.89 *	30.55	1.08.96s	2.24.65	6.45.72 *	11.12.90 *		1.19.39	2.55.1 *	6.33.80 *
Emma Hallam	53.70 *	2.10.85 *		38.35	1.27.42	3.41.86	37.25	1.21.74	3.14.80 *	32.2	1.11.33	2.39.30	5.42.89s	11.45.90	22.31.06	1.27.03	3.15.46 *	
Rebecca Hocking	41.32	1.31.19	3.19.46	34.46	1.13.43	2.39.64	33.25	1.19.07	3.14.01 *	29.66	1.06.74	2.30.62	5.32.48	11.14.90 *		1.15.48	2.43.23	6.17.00 *
Kathryn Olijnyk	45.64	1.44.40	3.58.25	36.57	1.21.83	2.59.80*	43.26	1.44.67 *		35.01	1.24.73	3.10.99	7.04.00 *			1.30.30	3.13.39	8.16.5*
Sophie Palmer	44.37	1.41.88	3.32.29 *	43.95	1.42.20 *		47.38 *	1.44.98 *		35.97	1.25.23	3.00.13					3.23.70 *	8.12.4*
Heather Graham	38.92	1.26.69	3.07.13 *	35.61	1.18.86	2.58.95 *	35.74	1.29.67 *	2.58.95 *	30.07	1.06.02	2.24.11	5.15.40 *	11.18.26		1.15.56	2.48.98 *	6.54.36 *
Lauren Pearson	41.35	1.29.05	3.12.46	37.45	1.19.24	2.50.11	35.28	1.18.58	3.00.13	32.64	1.10.34	2.33.22	5.19.26	11.20.46 *		1.19.60	2.49.18	6.00.62
Elizabeth Shooter	43.42	1.32.11		37.04	1.21.80		36.91	1.23.69		31.72	1.10.11					1.20.67		

## Section 6 Trevor Hocking

JAN	FEB	MAR	APR	MAY	JUNE	JUL	AUG	SEPT	OCT	NOV	DEC
2008	2008	2008	2008	2008	2008	2008	2007	2007	2007	2007	2007

\* = Time Attained In Training

s = Split

Colour codes representing when PB's were achieved during 2007 / 2008

**PREVIOUS SWIMMERS**

	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Lauren Ward	42.01	1.35.06		38.95	1.37.78		51.15			32.18	1.16.90					1.25.30		
Victoria Hanvere	46.89	1.44.29		40.07	1.29.83		38.53	1.29.53		33.71	1.14.27					1.28.38		
Anna Shepherd	36.73	1.23.26		30.83	1.08.36	2.39.49	32.62	1.19.28		28.26	1.03.52					1.11.78		
Lucy Crowley	39.87	1.27.19		36.84	1.19.96		36.97	1.26.13		31.18	1.08.40					1.19.13		
Corinne O'Neill	37.38	1.20.32	2.54.86	34.64	1.13.11	2.44.71	31.75	1.10.96	2.40.00	28.9	1.02.49	2.21.04		10.26.14		1.11.11	2.35.79	5.40.87
Amy Ashton	46.04	1.40.42	3.42.07 *	39.33	1.33.47 *		40.33	1.45.92 *	3.50.13 *	33.02	1.15.79	3.01.16 *	7.42.30 *			1.28.77		
Jemma Smith	42.84	1.41.84 *		42.94	1.41.79 *		38.8	1.31.06		34.43	1.20.33	3.01.24 *	7.01.34 *				3.12.49 *	
Sarah Coe	40.77	1.28.06	3.12.08	36.91	1.22.08	2.56.36	33.9	1.19.79		30.48	1.08.89	2.30.72				1.18.54	2.51.09	
Emily Hocking	43.56	1.37.47	3.33.20	38.78	1.26.72	3.02.21	39.61	1.55.88 *		32.84	1.13.21	2.42.42	6.23.00 *			1.25.17	3.05.27 *	7.27.1 *
Elizabeth Dent	41.09	1.28.46	3.17.20	39.57			39.29			34	1.20.61		5.38.83	11.53.34		1.23.15		
Marie Atkinson	53.82			54.23			52.22			42.55						2.00.76		
Michelle Peat	36.43	1.20.62	2.54.08	37.58	1.16.88	2.46.52	34.75	1.23.98	4.48.20	29.18	1.01.26	2.12.50	4.39.79	9.38.25	18.06.35	1.13.43	2.40.98	
Stephanie Peat	38.7	1.23.94	3.04.10	34.11	1.10.09	2.30.89	31.47	1.07.95	2.27.86	30.4	1.03.83	2.19.68	4.53.20	9.52.05		1.13.16	2.34.10	5.20.30
Oliver Bright	46.47	1.48.82 *	3.49.88	45.6	1.46.89 *		50.06	1.59.51 *		42.5	1.42.48 *		7.49.82 *	15.53.23 *		1.40.92	3.52.54 *	
Heather Whitehead	16.15.45 *	4.23.76																
Louise Johnson	35.51				29.62				37.11									27.56
Holly Middleton	41.95				29.48				39.64									28.69
Matthew Ashman free	15.33.36 *																	4.23.85

	25 Breast	50 Breast	100 Breast	200 Breast	25 back	50 Back	100 Back	200 back	25 Fly	50 Fly	100 Fly	25 Free	50 Free	100 Free	200 Free	400 Free	100 IM	200 IM
Lydia Raybould	24.97	47.86			23.48	47.9			25.11	55.92		19.57	41.32				1.53.49D	
Sarah Poyntz	25.2	55.9			23.23	51.12			23.16	53.73		18.7	41.48	1.42.32 *			1.49.95	