

7Years & Under	25 Breast	50 Breast	100 Breast	200 Breast	25 back	50 Back	100 Back	200 back	25 Fly	50 Fly	100 Fly	25 Free	50 Free	100 Free	200 Free	400 Free	100 IM	200 IM
<b>8 Years (2001 )</b>	25 Breast	50 Breast	100 Breast	200 Breast	25 back	50 Back	100 Back	200 back	25 Fly	50 Fly	100 Fly	25 Free	50 Free	100 Free	200 Free	400 Free	100 IM	200 IM
Hannah Court																		
Katie Arnall	43.70				41.95							34.76						
Beth Grimes	42.06				38.76							36.60						

9Years (2000 )	25 Breast	50 Breast	100 Breast	200 Breast	25 back	50 Back	100 Back	200 back	25 Fly	50 Fly	100 Fly	25 Free	50 Free	100 Free	200 Free	400 Free	100 IM	200 IM
Alex Potts	24.98*	1.09.47		3.46.37	22.61	1.03.96		4.02.98	20.98	52.98*		19.86	50.08 *					1.58.70
Georgia Godber	29.24				29.62				36.61			27.36						
Natasha Wickersham	55.93D				35.07							28.90						
Natasha Brock	35.21	1.23.76*			32.06							28.67						
Victoria Brock	31.93				31.26							28.25						
Ella Harris		1.16.53*				1.16.12*			40.59*				1.05.43*					2.59.90*

10Years ( 1999 )	25 Breast	50 Breast	100 Breast	200 Breast	25 back	50 Back	100 Back	200 back	25 Fly	50 Fly	100 Fly	25 Free	50 Free	100 Free	200 Free	400 Free	100 IM	200 IM
Claudia P. Peach	23.79	51.32		4.16.21*	23.58	49.59		4.21.41	23.39	55.31		20.05	42.81				1.45.37	4.10.00*
Bethany Micklethwaite	25.45 *	53.80		4.17.04*	22.51	44.23	1.42.72s	3.27.04	19.54	46.40		17.90	39.28	1.30.21s	3.07.55	6.28.65	1.37.60	3.28.67
Elisabeth Tew	28.19*	58.22		4.41.76	24.87*	50.42		4.13.45	24.18	51.36		20.50*	44.23	1.45.00*	3.40.53		1.48.45	4.37.00*
Heather Grimes	27.26	50.94	2.02.17s	3.52.34	24.77	46.03		4.06.36	21.29	46.39	1.59.02\$	21.15	40.74	1.34.02s	3.13.35		1.36.80	
Isabella Meek	24.29*	48.70	1.49.04	3.49.09	21.05*	44.03		3.56.39	21.62	48.96		21.44*	40.99	1.37.84s	3.31.26		1.44.83	
Lucy Pratt	28.89*	57.39		5.08.16 *	25.54*	49.22			27.28*	1.02.31		21.50*	44.53		4.39.48 *		1.55.76	
Yelena Hobson	44.61	1.32.44*			33.14	1.09.91			42.04*	1.31.88		36.15	1.13.06				2.51.27	
Sheela Steele	33.5 *	1.13.71*			35.48 *	1.24.48			42.68*			42.07 *	1.29.26					
Amber Wain	38.82 *	1.12.62			34.73	1.02.21			36.56*			29.97	52.38					
Taylor-Mia- Murphy	39.63 *	1.07.32			33.32	1.03.74						27.38 *	49.24					
Bethany Rowley	38.81 *	1.13.98			41.90 *	1.17.75						36.19 *	1.06.80					
Gabrielle Wickersham	36.09 D	1.30.26*			30.19							30.65	1.14.33*					
Charlotte Green	51.52 *	1.19.61				1.08.03							56.82					
Ciara Chappell	43.26	1.26.72			44.63	1.18.73						37.32	1.14.47*				3.12.11*	
Niamh Donovan		1.50.15*				1.39.85*			48.94*				1.31.39*					

11Years ( 1998 )	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Maddie Swannack	55.02	2.03.36s	4.12.12	52.69		4.16.32	51.27			40.62	1.34.00*	3.25.35				1.49.22		
Lucy Jenkinson	56.89		5.25.17*	51.58			51.20			42.86		4.14.89*				1.44.05	4.21.00*	
Charlotte Fenton	57.48			51.98			55.54			46.72						1.55.69		
Sophie Briggs-Willis	59.20		5.25.23 *	55.76						43.70		4.52.20 *						
Rachel Spooner	1.03.72		5.16.36 *	57.53			1.03.42			53.00		5.11.76 *				2.02.16		
Lucy Rose	50.84		4.41.23 *	50.21			53.61			41.13		3.44.81						
Jessica Wilgose																		
Emmy Beeby																		
Emma Park				1.04.81						55.81						2.54.32*		
Joanna S. Burch	1.00.37			54.84			1.20.42			52.77						2.11.40		
Ruby Knight	1.06.33			1.01.66						54.46								

\* = Time Attained In Training

s = Split

# = Qualifying Time for Derbyshires

\$ = 50m time no conversion

JAN	FEB	MAR	APR	MAY	JUNE	JUL	AUG	SEPT	OCT	NOV	DEC
2009	2009	2009	2008	2008	2008	2008	2008	2008	2008	2008	2008

Colour codes representing when PB's were achieved during 2008 / 2009

7Years & Under	25 Breast	50 Breast	100 Breast	200 Breast	25 back	50 Back	100 Back	200 back	25 Fly	50 Fly	100 Fly	25 Free	50 Free	100 Free	200 Free	400 Free	100 IM	200 IM
William Earl	40.19				31.88							28.31						

8 Years (2001 )	25 Breast	50 Breast	100 Breast	200 Breast	25 back	50 Back	100 Back	200 back	25 Fly	50 Fly	100 Fly	25 Free	50 Free	100 Free	200 Free	400 Free	100 IM	200 IM
Ronan Sahni	37.39				30.26	1.11.86*			32.86			28.28	1.11.02*				2.50.72*	
Billy S. Burch	44.03				34.88							31.8						

9Years ( 2000 )	25 Breast	50 Breast	100 Breast	200 Breast	25 back	50 Back	100 Back	200 back	25 Fly	50 Fly	100 Fly	25 Free	50 Free	100 Free	200 Free	400 Free	100 IM	200 IM
Joshua Sanderson	34.29	1.21.45			28.78							27.54						
John Ashman	30.89	1.37.09*			23.11				23.17			19.96	1.17.45*					
Harrison Bray	30.12	1.14.41			30.03							24.45						
Benjamin Patrick	53.09				47.26							34.67						
Thomas Hewitt	45.45				51.16	1.40.64*			46.72*			34.66						
Thomas Baines																		

10Years ( 1999 )	25 Breast	50 Breast	100 Breast	200 Breast	25 back	50 Back	100 Back	200 back	25 Fly	50 Fly	100 Fly	25 Free	50 Free	100 Free	200 Free	400 Free	100 IM	200 IM
James Edwards	31.19 D	57.31			23.80 *	49.09			22.84	49.29		19.19	41.72	1.51.00*			1.45.23	
Jake Coupland	27.07	59.36		5.07.07 *	24.14	51.85			29.51	59.07		21.36	50.48		5.08.22 *		1.55.73	
Robert Goligher	30.2	57.79			30.92	58.78			34.74			28.31	51.78					
Sam Rayner	48.18 *	1.19.84				1.08.29				1.25.81			1.03.26					
Dominic Millward	36.72*	1.06.97			32.40 *	57.31			28.68	59.09		26.19 *	45.31				1.55.57	
Christopher Redfern	25.35*	53.00		4.24.55	23.81*	55.09	2.01.96		27.19*	59.73		22.40*	43.82				1.52.16	
Adam Barratt		1.15.72				1.10.57							1.00.00					
Brent Spinks	39.97				34.16							28.26						
Michael Hasland		56.58											44.40					
Thomas Hewitt																		

11Years ( 1998 )	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Ryan Beck	1.03.05			55.45			1.01.13			50.64		4.46.82 *						
Michael Newman	1.02.12		5.21.01 *	1.10.00						1.03.66		5.44.61 *						
Jonathan Park	1.05.67		5.35.61 *	49.61			58.45			45.53		4.29.22 *				2.10.16		
Matthew Cooper	44.31	1.45.30s	3.36.62	47.00			39.13			36.59	1.28.59s	2.59.78				1.31.10	3.55.35	
Matthew Harris	50.35			41.05	1.30.09	3.06.42	41.02	1.46.91s	3.47.45	37.13	1.27.12	3.02.99	6.24.32			1.31.57	3.37.00*	
Jonathan Sanders	1.10.26			1.13.54			59.97			43.26		4.14.07 *				2.42.30		
Tom Patrick	1.04.81			1.17.43						1.03.06								

\* = Time Attained In Training

s = Split

# = Qualifying Time for Derbyshires

JAN	FEB	MAR	APR	MAY	JUNE	JUL	AUG	SEPT	OCT	NOV	DEC
2009	2009	2009	2008	2008	2008	2008	2008	2008	2008	2008	2008

Colour codes representing when PB's were achieved during 2008 / 2009

12Years ( 1997 )	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Scott Shooter	51.23	2.10.45*		43.42	1.48.92*		46.42			36.03	1.35.91 *					1.36.22	4.03.00*	
Matthew Ashman	42.58	1.37.01s	3.26.12	35.83	1.27.44s	2.47.03	36.41	2.01.02s		30.89	1.13.07	2.32.75	6.08.92			1.21.27	2.50.71	
Alex Scown	53.53		4.13.67	50.44		4.09.01	51.80			41.7		3.48.43 *				1.51.20		
Adam Brock	57.80		4.34.70	53.16		4.37.16	1.13.92*			49.28	2.08.00*	4.20.24						
Mikey Geary	51.13		4.48.14 *	52.16			1.03.32			41.49		4.24.09 *				1.51.38		

13Years ( 1996 )	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Daniel Creaser	49.25	1.47.11	4.05.64	42.89	1.45.05	3.48.01	38.76	1.56.68s	4.02.14	35.98	1.38.60*	3.09.00 #	7.03.09*	16.54.89		1.28.67	3.30.96	
Izaak P. Peach	43.39s	1.34.31	4.07.15 *	36.55	1.19.26	3.03.00 #	40.63*	1.52.89		32.54	1.12.53s	2.30.47	5.53.00			1.23.54	3.12.15	
Matthew Hunt	54.63	1.52.81	4.12.82	49.95	1.46.13	3.56.60*	40.36	2.01.59 *	4.16.32	35.68	1.24.53	3.00.91		15.32.09 *		1.36.26	3.26.68	
Daniel Young	54.61D	2.16.80*	4.16.76	44.6	1.44.89*	3.52.29	43.00			34.01	1.30.22*	2.58.00 #	8.05.11*			1.28.20	3.45.95	
Lewis McManaman	51.88	1.56.08	4.22.26*	47.92	1.54.09*		58.82	2.08.26		41.1	1.31.06	3.40.17*				1.44.60	4.21.48	
Sam Barringer	44.67	1.41.09	3.47.65	41.32	1.32.01	3.30.22	39.25			34.81	1.15.18	3.04.92	6.29.00			1.25.45	3.27.00*	
Aidan Sahni	47.54	1.49.71		58.51			57.04			47.22	1.56.83	4.46.42 *				1.50.19		
Conor Dubik	54.80			54.64	1.56.00		53.26			39.96	1.33.26					1.40.70	4.01.00*	
David Lovell	1.09.06			1.03.26			1.16.57			46.66						2.10.81D		
Sami Beck	58.32			46.88			49.11			37.88		4.33.20 *						

14Years ( 1995 )	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Vikram Barn	51.36	1.51.76	4.22.22	47.79	1.39.27	3.53.76	47.85	2.24.76 *	5.26.95	38.52	1.27.50	3.33.26	7.49.98*			1.36.99	3.51.92	
Matthew Carroll	45.16	1.50.60*	3.32.60*	35.35	1.18.22	2.54.61*	35.72	1.23.81	3.15.66*	29.93	1.05.71*	2.21.48	5.07.00			1.21.38	3.02.00*	
Jack Price	40.63	1.25.74	3.03.34	45.67	1.26.89	3.43.84 *	45.7	1.31.20	3.35.09	35.10s	1.13.58s	2.30.29	5.09.74			1.22.68	2.47.74	
David Hasland				57.76						50.48								

15Years ( 1994 )	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Joseph Ashman	39.35	1.34.72	3.24.86*	34.61	1.12.15	2.45.26	34.12	1.20.18	3.04.65*	30.04	1.05.23	2.22.09	4.59.17	11.51.45	22.49.15	1.14.95	2.51.66	
Elliot Cooper	36.52	1.20.22	3.14.19	36.27	1.22.98*	3.07.70*	33.23	1.36.20	3.31.73*	28.55	1.01.98	2.27.27*	4.55.31	11.13.31		1.11.70	2.53.47	6.20.98 *
Matthew Turner							36.20			30.86		2.52.00 #						
David Geary	37.53	1.26.92	3.17.92*	34.60	1.19.57*	3.03.67*	31.70	1.14.72	3.13.20*	28.26	1.11.13	2.31.81	5.37.03			1.12.38	2.49.55*	

16 Years and Over	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Matthew Goligher	35.91	1.44.92 *	3.01.00 #	34.75	1.42.70	4.06.21	31.96	1.28.07 *		28.17	1.20.56	3.30.84 *	7.12.37 *			1.11.27	2.43.00 #	6.48.32 *
Jonathan Hunt	33.18	1.11.05	2.49.28	30.04	1.06.23	2.29.71	28.19	1.03.49	2.40.06*	26.09	57.4	2.13.65	4.41.62	11.06.35		1.04.05	2.20.34	5.42.95 *
Nicky Allcroft	39.76	1.40.51 *	3.08.00 #	38.73	1.36.22 *		44.42 *			31.39	1.19.72 *	3.18.64 *				1.22.03		
Sam Franklin	34.09	1.15.84	3.13.70 *	30.53	1.07.65	2.30.83	27.43	1.05.38	2.42.41	24.97	56.08	2.03.54	4.30.30	10.41.01		1.04.05	2.19.77	5.33.00 *
Ben Hughes	36.45	1.19.39	2.56.32	32.05	1.10.05	2.36.69	33.40	1.25.41*	3.03.80 *	27.34	1.00.41	2.13.03	4.39.29	10.05.36		1.10.91	2.45.11*	6.07.00*
Laurence Mottershaw	39.69	1.28.50	3.18.30 *	32.06	1.10.73	2.41.77	31.76	1.11.01	2.51.38 *	28.67	1.05.36 *	2.26.70 *	5.14.60 *	11.30.96		1.11.61	2.38.90*	
Scott Felton	34.86	1.17.20	2.50.16	31.17	1.16.71	2.39.95 *	29.31	1.06.19	2.51.92 *	27.08	1.00.74	2.24.60 *	5.11.20 *	10.39.30 *		1.07.39	2.28.31	
Tom Hughes	35.06	1.18.06	2.52.56	33.2	1.14.04	2.37.71	31.44	1.12.91	2.46.42 *	27.67	1.03.18	2.22.16	5.03.60 *	10.52.89	21.06.22	1.09.73	2.35.05	5.35.78
Jonathan Olijnyk	37.06	1.20.33	3.00.49	35.54	1.19.52	2.49.30	36.43	1.23.06 *		29.22	1.04.11	2.21.46	5.13.40 *	11.27.44 *	22.45.45	1.15.74	2.42.42 *	
Tom Clarke	39.44	1.28.61 *		34.02	1.15.81 *		30.28	1.08.97	2.37.76	27.6	1.05.25					1.10.53	2.37.64 *	5.35.70
Tom Lotka	37.50*	1.30.97 *		36.70*	1.24.83*		34.70*	1.23.55*		30.56 *	1.10.75 *					1.22.63 *		
David Moore				30.91	1.06.61	2.36.18*	33.01*		3.06.27*	27.16	59.92	2.17.59	5.05.88					2.43.00*

JAN	FEB	MAR	APR	MAY	JUNE	JUL	AUG	SEPT	OCT	NOV	DEC
2009	2009	2009	2008	2008	2008	2008	2008	2008	2008	2008	2008

\* = Time Attained In Training

s = Split

# = Qualifying Time for Derbyshires

Colour codes representing when PB's were achieved during 2008 / 2009

12Years ( 1997 )	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Emily Alcock	50.05*			47.42*			55.07*			39.02*							4.05.00*	
Ellie Holmes	49.54			39.32		3.20.00 #	39.24			35.7	1.47.10 *					1.28.34		
Heather Whitehead	41.11	1.30.71	3.13.16	42.51	1.41.45 *	4.07.70*	39.26			33.46	1.10.27	2.31.73	5.16.39	10.50.18	20.45.92	1.23.39	2.56.48	
Rebecca Spooner	52.61	1.59.80 *	4.09.17*	47.32	1.49.26*	4.28.29	54.18			40.54	1.50.73*	3.46.38*				1.41.22	4.31.58	
Alexandra W-Gregory	1.22.83			1.18.54						1.05.67								
Bethany Gore	41.97	1.36.60	3.24.64	40.81	1.41.56 *		41.56			33.83	1.14.01	2.58.06				1.25.80	2.58.91	
Gracie Spinks	1.00.67			53.39						44.26								

13Years ( 1996 )	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Kathryn Goligher	41.24	1.47.09	3.30.00 #	47.60	1.58.01 *	3.57.46	46.55			39.50		3.20.86 *	7.47.73*			1.32.58	3.38.11	
Marie Atkinson	53.82	1.47.12		54.23			47.02			42.55						2.00.76		
Charlotte Bell																		

14Years ( 1995 )	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Bethany Crowley	44.96	1.46.40*	3.43.50*	43.80s	1.44.67	3.29.45 *	40.09	2.02.45 *		37.11	1.36.11	2.59.98 *	8.39.09 *			1.28.57	3.37.73	
Emily Newman	43.29	1.45.09	3.52.01 *	47.18	1.48.48 *	3.50.00	50.02	1.57.42 *		39.24	1.37.67 *	3.28.48 *	8.11.36 *	14.57.73 *		1.35.21		
Katie Pratt	49.01	2.06.12		38.69	1.24.89	3.01.00 #	38.36	1.32.25	4.28.07	33.44	1.12.76	2.45.31	5.47.00	14.45.09 *		1.25.77	3.24.00*	
Lucy Wilson	44.02	1.40.28	4.24.45 *	35.05	1.16.42	2.41.30	38.19	1.24.98	4.38.67	30.38	1.06.95	2.27.42	5.56.00			1.17.53	2.56.23	6.46.82 *
Katie Patrick	53.77		4.06.09	54.73		4.47.70				45.74	1.53.00*	3.51.04						
Charlotte Pheasey	40.05	1.31.27		39.04	1.24.44		36.57			31.57	1.12.00 #	2.36.00 #				1.19.80	3.13.00*	
Rebecca Woodhead	57.34	2.02.80	4.51.89	53.2	2.10.46		1.07.19			42.92	1.41.43	3.42.08				1.53.91		

15Years ( 1994 )	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Megan Barringer	43.64	1.36.14	3.26.72	38.07	1.20.04	2.49.33	37.62	1.29.83		33.7	1.12.79	2.38.16	5.25.10	11.26.99		1.21.19	2.54.16	
Lucy Franklin	48.92	1.50.89 *	3.57.32	49.89	1.50.92 *	3.58.01	50.41	1.57.76 *	4.37.20	42.06	1.31.17 *	3.31.20 *	7.01.80*	14.46.57 *		1.39.66	3.47.70	
Georgia Hemingway	44.10	1.36.79	3.44.95 *	36.77	1.21.75	3.07.00 #	35.98	1.24.96	3.52.09	33.48	1.12.75	2.49.95	5.58.00	14.30.32		1.20.48	3.02.44	
Anna King	39.8	1.28.31	3.17.00 #	42.32		3.22.00	35.32	1.30.65	3.10.00 #	33.51	1.18.75		6.10.00			1.23.29	3.08.82 *	
Holly Scothern	44.51	1.36.06*	4.31.51 *	35.89	1.18.82	2.47.58	34.07	1.18.69	2.58.88*	32.23	1.11.06	3.52.41	6.57.41*	14.55.32 *		1.19.59	2.55.00 #	

16 Years and Over	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Samantha Creaser	43.31	1.34.26	3.49.47 *	37.95	1.22.12	3.59.19	35.53	1.23.93	3.26.98 *	32.31	1.12.74	2.53.04	7.14.51 *			1.21.16	2.55.70	
Bethany Moore	37.32	1.19.57	2.47.34	32.43	1.07.95	2.26.69	32.39	1.10.35		29.57	1.02.53	2.16.48	4.49.61	9.43.08		1.10.95	2.27.64	5.34.71
Lorna Olijnyk	43.04	1.36.11	3.29.13	41.42	1.34.98 *	3.35.31 *	43.67	2.11.57 *		35.4	1.32.55	3.32.77	7.56.40 *			1.30.17	4.15.86	
Frances Pearson	43.06	1.34.88	3.25.20	39.24	1.25.51*	3.02.02	36.3	1.25.04	3.14.95 *	30.52	1.10.19	2.36.71	5.25.83	11.16.73		1.21.05	2.56.75	
Jenny Basford	42.07	1.34.00	3.25.00	33.76	1.12.84	2.37.04	33.7	1.17.22	3.05.82 *	29.26	1.05.15	2.25.70 *	4.59.89	10.21.23	20.11.23	1.16.26	2.47.35	6.31.00 *
Amy Bickerstaffe	40.09	1.31.81	3.18.46	35.2	1.17.45	2.49.22	35.28	1.22.68	3.36.62 *	29.82	1.03.49	2.19.90	4.53.26	10.02.98		1.16.73	3.01.58 *	6.50.7*
Heather Booth	42.79	1.34.06	3.23.32 *	37.15	1.22.61*	2.57.07 *	36.46	1.20.10*	2.56.89 *	30.55	1.08.96s	2.24.65	5.12.83	11.12.90 *		1.19.39	2.55.1 *	6.20.39 *
Rebecca Hocking	41.32	1.31.19	3.19.46	34.46	1.13.43	2.39.64	33.25	1.19.07	3.14.01 *	29.66	1.06.74	2.30.62	5.12.83	11.14.90 *		1.15.48	2.43.23	6.17.00 *
Kathryn Olijnyk	45.64	1.44.40	3.58.25	36.57	1.21.83	2.59.80*	42.32 *	1.44.67 *		35.01	1.24.73	3.10.99	7.04.00 *			1.30.30	3.13.39	8.16.5*
Heather Graham	38.92	1.26.69	3.07.13 *	35.61	1.18.86	2.58.95 *	35.74	1.29.67 *	2.58.95 *	30.07	1.06.02	2.24.11	5.15.40 *	11.18.26		1.15.56	2.48.98 *	6.54.36 *

JAN	FEB	MAR	APR	MAY	JUNE	JUL	AUG	SEPT	OCT	NOV	DEC
2009	2009	2009	2008	2008	2008	2008	2008	2008	2008	2008	2008

Colour codes representing when PB's were achieved during 2008 / 2009

\* = Time Attained In Training

s = Split

# = Qualifying Time for Derbyshires