

GIRLS**DRONFIELD DOLPHINS PERSONAL BEST****UPDATED 20/05/2007**

| 7Years & Under | 25 Breast | 50 Breast | 100 Breast | 200 Breast | 25 back | 50 Back | 100 Back | 200 back | 25 Fly | 50 Fly | 100 Fly | 25 Free | 50 Free | 100 Free | 200 Free | 400 Free | 100 IM | 200 IM |
|----------------|-----------|-----------|------------|------------|---------|---------|----------|----------|--------|--------|---------|---------|---------|----------|----------|----------|--------|--------|
| Alex Potts | 38.7 | | | | 29.03 | | | | | | | 29.76 | | | | | | |

| 8 Years (1999) | 25 Breast | 50 Breast | 100 Breast | 200 Breast | 25 back | 50 Back | 100 Back | 200 back | 25 Fly | 50 Fly | 100 Fly | 25 Free | 50 Free | 100 Free | 200 Free | 400 Free | 100 IM | 200 IM |
|-----------------------|-----------|-----------|------------|------------|---------|---------|----------|----------|--------|--------|---------|---------|-----------|----------|----------|----------|---------|--------|
| Claudia Peach | 27.54 | 1.12.09 * | | | 25.83 | | | | 23.93 | | | 22.36 | 1.09.24 * | | | | 2.06.32 | |
| Bethany Micklethwaite | 30.9 | | | | 26.97 | | | | 30.64 | | | 24.13 | | | | | 2.15.51 | |
| Elizabeth Tew | 41.5 D | | | | 28.76 | | | | | | | 30.3 | | | | | | |
| Heather Grimes | 37.95 D | | | | 27.36 | | | | | | | 25.92 | | | | | | |
| Isabella Meek | 30.03 D | | | | 26.7 | | | | | | | 25.7 | | | | | | |

| 9Years (1998) | 25 Breast | 50 Breast | 100 Breast | 200 Breast | 25 back | 50 Back | 100 Back | 200 back | 25 Fly | 50 Fly | 100 Fly | 25 Free | 50 Free | 100 Free | 200 Free | 400 Free | 100 IM | 200 IM |
|----------------------|-----------|-----------|------------|------------|---------|-----------|----------|----------|--------|--------|---------|---------|-----------|----------|----------|----------|---------|--------|
| Chloe Hawson | 27.23 D | 1.05.07 * | | | 24.22 | 1.01.00 * | | | 25.86 | | | 19.52 | 56.70 * | | | 2.07.95* | 1.56.94 | |
| Maddie Swannack | 31.70 D | | | | 24.24 | | | | 29.06 | | | 24.86 | | | | | 2.17.13 | |
| Maddi Welch | 28.39 | | | | 26.76 | | | | 26.51 | | | 22.14 | | | | | 2.17.07 | |
| Lucy Jenkinson | 29.77 | 1.35.18 * | | | 25.8 | | | | 26.67 | | | 24.27 | 1.05.47 * | | | | 2.21.92 | |
| Charlotte Fenton | 29.22 | | | | 26.31 | | | | 30.96 | | | 24.81 | | | | | 2.16.39 | |
| Sophie Briggs-Willis | 43.74 | | | | 34.67 | | | | | | | 39.01 | | | | | | |
| Rachel Spooner | 34.06 | | | | 33.27 | | | | | | | 36.08 | | | | | | |

| 10Years (1997) | 25 Breast | 50 Breast | 100 Breast | 200 Breast | 25 back | 50 Back | 100 Back | 200 back | 25 Fly | 50 Fly | 100 Fly | 25 Free | 50 Free | 100 Free | 200 Free | 400 Free | 100 IM | 200 IM |
|-------------------|-----------|-----------|------------|------------|---------|---------|----------|----------|--------|-----------|---------|---------|---------|-----------|----------|----------|----------|--------|
| Ellie Holmes | 28.5 | 1.02.06 | | | 21.73 | 45.61 | | | 21.26 | 48.35 | | 18.51 | 41.09 | 1.47.10 * | | | 1.45.45 | |
| Sarah Poyntz | 25.2 | 55.9 | | | 23.23 | 54.22 | | | 23.16 | 1.04.48 D | | 18.7 | 46.82 | | | | 1.49.95 | |
| Heather Whitehead | 23.97 | 48.47 | 1.49.51 | 3.48.26 | 23.08 | 45.02 | | | 22.08 | 45.81 | | 21.36 | 39.1 | 1.30.16s | 3.09.97 | | 1.36.85 | |
| Rebecca Spooner | 27.40 D | 58.36 | | 59.96 | 25.95 | | | | 28.91 | | | 23.21 | 49.96 | | | | 2.09.16D | |
| Lydia Raybould | 24.97 | 58.12 | | | 23.48 | 57.58 D | | | 25.11 | 1.09.54 D | | 19.57 | 54.73 | | | | 1.53.49D | |

| 11Years (1996) | 50 Breast | 100 Breast | 200 Breast | 50 Back | 100 Back | 200 Back | 50 Fly | 100 Fly | 200 Fly | 50 Free | 100 Free | 200 Free | 400 Free | 800 Free | 1500 Free | 100 IM | 200 IM | 400 IM |
|------------------|-----------|------------|------------|---------|-----------|----------|---------|---------|---------|---------|----------|----------|----------|----------|-----------|---------|--------|--------|
| Kathryn Goligher | 48.8 | 1.47.09 | 3.56.98 * | 50.21 | 1.58.01 * | | 52.53 | | | 42.16 | | | | | | 1.47.20 | | |
| Holly Robinson | 54.94 | | | 57.26 D | | | 46.39 | | | 47.0 * | | | | | | | | |
| Lucy Hill | 1.12.75 | | | | | | 1.31.80 | | | 1.04.23 | | | | | | 2.30.77 | | |
| Marie Atkinson | 53.82 | | | 58.51 | | | 56.81 | | | 44.81 | | | | | | 2.00.76 | | |

Section 6 Trevor Hocking

| JAN | FEB | MAR | APR | MAY | JUN | JUL | AUG | SEPT | OCT | NOV | DEC |
|------|------|------|------|------|------|------|------|------|------|------|------|
| 2007 | 2007 | 2007 | 2007 | 2007 | 2006 | 2006 | 2006 | 2006 | 2006 | 2006 | 2006 |

* = Time Attained In Training

s = Split

Colour codes representing when PB's were achieved during 2006 / 2007

| | 800 | 200 fly | | | | | | | | | | | | | | | | |
|-------------------|------------|---------|--|-------|--|--|--|-------|--|--|-------|--|--|--|--|--|--|--|
| Heather Whitehead | 16.15.45 * | 4.23.76 | | | | | | | | | | | | | | | | |
| Louise Johnson | 35.51 | | | 29.62 | | | | 37.11 | | | 27.56 | | | | | | | |
| Holly Middleton | 41.95 | | | 29.48 | | | | 39.64 | | | 28.69 | | | | | | | |

| 7Years & Under | 25 Breast | 50 Breast | 100 Breast | 200 Breast | 25 back | 50 Back | 100 Back | 200 back | 25 Fly | 50 Fly | 100 Fly | 25 Free | 50 Free | 100 Free | 200 Free | 400 Free | 100 IM | 200 IM |
|----------------|-----------|-----------|------------|------------|---------|---------|----------|----------|--------|--------|---------|---------|---------|----------|----------|----------|--------|--------|
| | | | | | | | | | | | | | | | | | | |

| 8 Years (1999) | 25 Breast | 50 Breast | 100 Breast | 200 Breast | 25 back | 50 Back | 100 Back | 200 back | 25 Fly | 50 Fly | 100 Fly | 25 Free | 50 Free | 100 Free | 200 Free | 400 Free | 100 IM | 200 IM |
|-----------------|-----------|-----------|------------|------------|---------|---------|----------|----------|--------|--------|---------|---------|---------|----------|----------|----------|---------|--------|
| Jay Smith | 35.64 D | | | | 26.39 | | | | 30.35 | | | 25.2 | | | | | 2.39.26 | |
| Jake Coupland | 46.70 D | | | | 31.72 | | | | | | | 28.04 | | | | | | |

| 9Years (1998) | 25 Breast | 50 Breast | 100 Breast | 200 Breast | 25 back | 50 Back | 100 Back | 200 back | 25 Fly | 50 Fly | 100 Fly | 25 Free | 50 Free | 100 Free | 200 Free | 400 Free | 100 IM | 200 IM |
|------------------|-----------|-----------|------------|------------|---------|---------|----------|----------|---------|--------|---------|---------|-----------|----------|----------|----------|----------|--------|
| Elliot Beeden | 36.7 | | | | 28.08 | | | | 38.42 | | | 27.45 | | | | | 2.43.74 | |
| Ryan Beck | 46.53 D | | | | 30.06 | | | | | | | 31.03 | | | | | | |
| Michael Newman | 36.16 | | | | 37.77 | | | | | | | 36.92 | | | | | | |
| Jonathon Park | 33.66 | | | | 24.7 | | | | | | | 25.13 | | | | | | |
| Matthew Cooper | 26.28 | 1.10.86 * | | | 25.35 | | | | 24.09 D | | | 22.54 | 1.10.24 * | | | | 2.06.01D | |
| Matthew Harris | 29.32 | | | | 22.72 | | | | 36.43 | | | 23.09 | | | | | 2.17.35 | |
| Jonathan Sanders | 35.36 D | | | | 27.94 | | | | 41.81 | | | 27.38 | | | | | 2.42.30 | |

| 10Years (1997) | 25 Breast | 50 Breast | 100 Breast | 200 Breast | 25 back | 50 Back | 100 Back | 200 back | 25 Fly | 50 Fly | 100 Fly | 25 Free | 50 Free | 100 Free | 200 Free | 400 Free | 100 IM | 200 IM |
|------------------|-----------|-----------|------------|------------|---------|---------|----------|----------|---------|---------|----------|---------|---------|-----------|----------|----------|----------|---------|
| Scott Shooter | 25.2 | 51.23 | | | 22.12 | 48.3 | | | 23.9 | 54.73 | | 18.29 | 46.82 | 1.53.10 * | | | 1.44.45 | |
| Matthew Ashman | 22.03 | 50.48 | 1.57.70 * | 3.56.91 | 19.26 | 42.94 | 1.35.51s | 3.12.12 | 19.49 | 44.55 | 2.01.02s | 16.88 | 34.96 | 1.24.95s | 2.56.97 | | 1.31.43 | 3.30.57 |
| Phillip Durkin | 33.59 | 1.53.24 * | | | 28.63 | | | | 30.57 | 1.28.93 | | 23.28 | 59.22 | | | | 2.20.78 | |
| Joe Thorpe | 35.88 | | | | 34.76 | | | | 40.47 D | | | 33.3 | | | | | | |
| Alex Scown | 31 | 1.07.74 * | | | 27.42 | | | | 28.4 | | | 22.57 | 56.14 | | | | 2.12.93D | |
| Adam Brock | 34.03 | | | | 29.05 | | | | | | | 28.45 | | | | | | |

| 11Years (1996) | 50 Breast | 100 Breast | 200 Breast | 50 Back | 100 Back | 200 Back | 50 Fly | 100 Fly | 200 Fly | 50 Free | 100 Free | 200 Free | 400 Free | 800 Free | 1500 Free | 100 IM | 200 IM | 400 IM |
|------------------|-----------|------------|------------|---------|-----------|-----------|-----------|-----------|---------|---------|-----------|-----------|-----------|------------|-----------|----------|-----------|--------|
| Daniel Creaser | 54.51 | 2.00.86 * | | 44.27 | 1.45.05 | | 46.33 | 1.56.68s | 4.02.14 | 39.51 | 1.44.64 * | 3.25.73 * | 7.36.76 | 16.54.89 | | 1.39.93s | 3.30.96 | |
| Izack Peach | 47.33 | 1.55.51 * | 4.07.15 * | 39.52 | 1.40.76 * | 3.36.80 * | 44.97 | 1.52.89 | | 34.28 | 1.25.80 * | 3.00.27 | 8.02.41 * | | | 1.35.39 | 3.28.86 | |
| Elliot Peat | 59.48 | | | 1.00.82 | | | 1.12.89 D | | | 50.92 | | | | | | 2.07.82 | | |
| Matthew Hunt | 54.63 | 2.01.86 * | | 51.56 | 2.03.26 * | | 45.69 | 2.01.59 * | 4.16.32 | 40.04 | 1.36.26s | 3.13.67 | | 15.32.09 * | | 1.45.71 | 3.39.13 * | |
| Daniel Young | 1.03.54 D | | | | | | 55.26 | | | 41.59 | | | | | | 1.53.16 | | |
| Lewis McManaman | 57.17 | | | | | | 1.01.80 | | | 48.45 | | | | | | 2.05.20 | | |
| Sam Barringer | 47.43 | 1.41.09 | 3.47.65 | 44.5 | 1.32.01 | 3.30.22 | | | | 39.09 | 1.25.02 | 3.04.92 | | | | 1.34.45 | 3.34.57 | |
| Aidan Sahni | | | | | | | | | | | | | | | | | | |
| Sami Beck | | | | | | | | | | | | | | | | | | |

Section 6 Trevor Hocking

| JAN | FEB | MAR | APR | MAY | JUN | JUL | AUG | SEPT | OCT | NOV | DEC |
|------|------|------|------|------|------|------|------|------|------|------|------|
| 2007 | 2007 | 2007 | 2007 | 2007 | 2006 | 2006 | 2006 | 2006 | 2006 | 2006 | 2006 |

* = Time Attained In Training

s = Split

Colour codes representing when PB's were achieved during 2006 / 2007

Matthew Ashman free 15.33.36 *

4.23.85

| 12Years (1995) | 50 Breast | 100 Breast | 200 Breast | 50 Back | 100 Back | 200 Back | 50 Fly | 100 Fly | 200 Fly | 50 Free | 100 Free | 200 Free | 400 Free | 800 Free | 1500 Free | 100 IM | 200 IM | 400 IM |
|------------------|-----------|------------|------------|---------|-----------|-----------|---------|-----------|---------|---------|-----------|----------|-----------|------------|-----------|---------|-----------|--------|
| Vikram Barn | 57.64 | 2.07.63 | | 53.03 | 2.04.26 * | | 1.05.26 | | 5.26.95 | 45.54 | 1.58.82 * | | | | | 2.21.54 | | |
| Oliver Bright | 46.47 | 1.48.82 * | 3.49.88 | 45.6 | 1.46.89 * | | 50.06 | 1.59.51 * | | 42.5 | 1.42.48 * | | 7.49.82 * | 15.53.23 * | | 1.40.92 | 3.52.54 * | |
| Matthew Carroll | 50.54 | 1.51.16 | 4.12.02 | 40.47 | 1.29.15 | 3.24.68 | 40 | 1.36.72 | | 33.31 | 1.16.74 | 2.56.98 | 7.10.23 * | | | 1.29.29 | 3.26.59 | |
| Jack Thorpe | 1.19.19 | | | 59.56 | | | | | | 58.18 * | | | | | | | | |
| Jack Price | 43.28 | 1.34.96 | 3.17.25 | 45.67 | 1.37.76 * | 3.43.84 * | 45.7 | 1.40.60 | 3.35.09 | 39.2 | 1.30.35s | 3.02.70 | 6.20.61 | | | 1.32.68 | 3.13.29 | |

| 13Years (1994) | 50 Breast | 100 Breast | 200 Breast | 50 Back | 100 Back | 200 Back | 50 Fly | 100 Fly | 200 Fly | 50 Free | 100 Free | 200 Free | 400 Free | 800 Free | 1500 Free | 100 IM | 200 IM | 400 IM |
|------------------|-----------|------------|------------|---------|-----------|-----------|--------|----------|---------|---------|-----------|-----------|-----------|------------|-----------|-----------|---------|--------|
| Joseph Ashman | 46.39 | 1.42.34s | 3.33.00 | 37.84 | 1.21.23 | 2.54.82 | 39.56 | 1.35.69s | 3.17.76 | 33.67 | 1.13.59 | 2.37.53 | 5.53.14s | 11.51.45 | 22.49.15 | 1.23.90 | 3.04.11 | |
| Elliot Cooper | 44.67 | 1.41.28 | 3.35.44 | 43.1 | 1.40.93 | 3.26.20 | 44.69 | 2.00.66 | | 35.27 | 1.22.11 | 2.53.13s | 5.52.73 | 12.08.80 | | 1.28.42 | 3.13.76 | |
| Thomas Newman | 53.14 | 1.52.76 * | 3.52.87 * | 51.45 | 1.52.29 * | | 56.07 | | | 44.50 * | 1.38.09 * | 3.37.32 * | | 16.01.54 * | | 1.48.00 * | 3.58.20 | |
| David Geary | 42.41 | 1.36.10 | 3.24.84 | 39.08 | 1.34.54* | 3.30.24 * | 36.96 | | | 33.33 | 1.14.97 | 2.46.76 | 7.35.56 * | | | 1.23.39 | 3.02.61 | |

| 14Years (1993) | 50 Breast | 100 Breast | 200 Breast | 50 Back | 100 Back | 200 Back | 50 Fly | 100 Fly | 200 Fly | 50 Free | 100 Free | 200 Free | 400 Free | 800 Free | 1500 Free | 100 IM | 200 IM | 400 IM |
|------------------|-----------|------------|------------|---------|----------|----------|--------|---------|-----------|---------|----------|-----------|-----------|----------|-----------|---------|---------|--------|
| Matthew Goligher | 44.96 | 1.44.92 * | 4.14.60 | 46.39 | 1.42.70 | 4.06.21 | 41.29 | | | 34.9 | 1.20.56 | 3.30.84 * | 7.12.37 * | | | 1.52.39 | 4.20.44 | |
| Jonathan Hunt | 37.5 | 1.22.05 | 2.54.34 | 32.95 | 1.10.04 | 2.35.58 | 31.56 | 1.11.26 | 2.54.89 * | 29.25 | 1.03.04 | 2.22.45 | 4.55.60 | 11.06.35 | | 1.11.11 | 2.36.80 | |

| 15Years and over | 50 Breast | 100 Breast | 200 Breast | 50 Back | 100 Back | 200 Back | 50 Fly | 100 Fly | 200 Fly | 50 Free | 100 Free | 200 Free | 400 Free | 800 Free | 1500 Free | 100 IM | 200 IM | 400 IM |
|---------------------|-----------|------------|------------|---------|-----------|-----------|---------|-----------|-----------|---------|-----------|-----------|-----------|------------|-----------|-----------|-----------|---------|
| Nicky Allcroft | 40.51 | 1.40.51 * | 3.28.81 * | 41.49 | 1.36.22 * | | 44.42 * | | | 32.66 | 1.19.72 * | 3.18.64 * | | | | 1.27.51 | | |
| Sam Franklin | 36.93 | 1.20.22 | 3.13.70 * | 32.74 | 1.10.21 | 2.30.83 | 31 | 1.09.94 | 2.42.41 | 27.13 | 1.00.28 | 2.11.99 | 4.40.89 | 10.41.01 | | 1.09.66 | 2.29.91 | 6.51.7* |
| Ben Hughes | 37.48 | 1.21.58 | 3.00.24 | 34.08 | 1.13.89 | 2.36.69 | 38.9 | 1.44.32 * | | 30.53 | 1.02.38 | 2.18.67 | 4.56.59s | 10.08.71 | | 1.13.30 | 2.56.55 | 6.38.6* |
| Jonathan Holmes | 43.70 * | 1.59.77 * | | 37.82 | | | 38.79 | | | 33.17 | | 3.16.67 * | | | | 2.18.46 | 3.27.78 * | |
| Elliot Jenkinson | 39.44 | 1.28.53 | 3.21.95 | 35.22 | 1.25.10 * | | 33.99 | 1.18.40 | 2.57.39 * | 30.86 | 1.15.77 | 2.40.97 | | 11.36.15 | | 1.16.65 | 2.58.62 * | 6.48.7* |
| Harry Williams | | | 3.12.45 | | | | | | | 30.51 | | | | | | | | |
| Greg Mclennan | 42.66 | 1.39.32 * | | 44.14 * | 1.43.86 * | | 42.16 * | | | 30.85 | 1.18.63 | 3.10.27 * | | | | 1.25.04 | 3.28.79 | |
| Laurence Mottershaw | 39.69 | 1.28.50 | 3.18.30 * | 32.06 | 1.10.73 | 2.41.77 | 31.76 | 1.11.01 | 2.53.89 * | 28.67 | 1.05.83 | 2.26.70 * | 5.14.60 * | 11.30.96 | | 1.13.14 | 2.41.82 | |
| Scott Felton | 34.86 | 1.17.20 | 2.50.48 | 31.17 | 1.16.71 | 2.39.95 * | 29.68 | 1.07.98 | 2.51.92 * | 27.08 | 1.05.78 | 2.24.60 * | 5.11.20 * | 10.39.30 * | | 1.07.39 | 2.28.31 | |
| Tom Hughes | 35.73 | 1.19.59 | 2.52.56 | 33.51 | 1.14.04 | 2.37.71 | 32.8 | 1.12.91 | 2.52.36 * | 28.14 | 1.03.18 | 2.22.16 | 5.03.60 * | 10.52.89 | 21.06.22 | 1.10.58 | 2.35.05 | 5.35.78 |
| Greg Jackson | 43.24 | | | 34.77 | 1.19.78 | 2.53.77 | 35.8 | 1.24.82 | 3.12.51 * | 30.7 | 1.14.28 | 2.42.80 | 6.21.00 * | | | 1.21.36 | 3.01.00 * | |
| Jonathan Olijnyk | 37.06 | 1.20.33 | 3.00.49 | 35.54 | 1.19.52 | 2.49.30 | 36.43 | 1.23.06 * | | 29.22 | 1.04.11 | 2.21.46 | 5.13.40 * | 11.27.44 * | 22.45.45 | 1.15.74 | 2.42.42 * | |
| Daniel Sanders | 44.27 | 1.49.16* | | 38.24 | | | 42.66 | | 3.40.35 * | 34.72 * | 1.13.41 * | 2.42.07 * | 7.02.00* | | | | 3.03.48 * | 7.56.3* |
| James Stevenson | 35.36 | | | 31.07 | | | | | | 28.8 | 1.04.86 | | | | | 1.14.93 | | |
| Craig Mallinson | 41.4 | 1.32.03 | 3.18.10 * | 32.5 | 1.08.20 | 2.31.09 | 33.86 | 1.18.29 | | 28.64 | 1.02.18 | 2.18.98 | 4.59.61 | 10.26.10 * | 19.22.18 | 1.15.19 | 2.37.92 * | |
| Tom Clarke | 39.44 | 1.28.61 * | | 34.02 | 1.15.81 * | | 30.28 | 1.08.97 | 2.37.76 | 27.6 | 1.05.25 | | | | | 1.10.53 | 2.37.64 * | 5.35.70 |
| Tom Lotka | | 1.30.97 * | | | 1.39.53 * | | | | | 30.56 * | 1.10.75 * | | | | | 1.22.63 * | | |

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| JAN | FEB | MAR | APR | MAY | JUN | JUL | AUG | SEPT | OCT | NOV | DEC |
|------|------|------|------|------|------|------|------|------|------|------|------|
| 2007 | 2007 | 2007 | 2007 | 2007 | 2006 | 2006 | 2006 | 2006 | 2006 | 2006 | 2006 |

Colour codes representing when PB's were achieved during 2006 / 2007

* = Time Attained In Training

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| | | | | | | | | | | | | | | | | | | |
|--------------|-------|---------|--|-------|---------|--|-------|--|--|-------|---------|--|--|--|--|---------|--|--|
| William Earl | 34.61 | 1.28.03 | | 35.46 | 1.30.01 | | 34.63 | | | 29.81 | 1.17.33 | | | | | 1.21.50 | | |
|--------------|-------|---------|--|-------|---------|--|-------|--|--|-------|---------|--|--|--|--|---------|--|--|

GIRLS**CHILDREN PERSONAL BEST****UPDATED 20/05/2007**

| 12Years (1995) | 50 Breast | 100 Breast | 200 Breast | 50 Back | 100 Back | 200 Back | 50 Fly | 100 Fly | 200 Fly | 50 Free | 100 Free | 200 Free | 400 Free | 800 Free | 1500 Free | 100 IM | 200 IM | 400 IM |
|------------------|-----------|------------|------------|---------|-----------|-----------|-----------|-----------|---------|---------|-----------|-----------|-----------|------------|-----------|-----------|-----------|--------|
| Bethany Crowley | 48.7 | 1.48.82 * | 3.58.61 * | 47.99 | 1.44.67 | | 43.67 | 2.02.45 * | | 39.42 | 1.36.11 | | 8.39.09 * | | | 1.37.15 | 4.05.42 * | |
| Emily Newman | 46.8 | 1.49.67 * | 3.52.01 * | 49.89 | 1.48.48 * | 4.20.88 * | 1.02.98 * | | | 39.24 | 1.37.67 * | 3.28.48 * | 8.11.36 * | 14.57.73 * | | 1.46.40 * | | |
| Katie Pratt | 53.94 | 2.06.60 * | | 43.55 | 1.34.43 | 3.32.27 | 45.31 | 1.46.22 | 4.28.07 | 36.43 | 1.21.44 | 3.00.93 | 7.29.82 * | 14.45.09 * | | 1.35.33 | 3.38.14 | |
| Lucy Wilson | 50.64 | 1.49.96 | 4.24.45 * | 39.83 | 1.31.50 | | 49.82 | | 4.38.67 | 35.53 | 1.22.40 | | | | | 1.29.45 | 3.31.67 * | |
| Rebecca Woodhead | 1.05.21 | | | 1.07.72 | | | | | | 59.96 | | | | | | | 2.23.68 | |

| 13Years (1994) | 50 Breast | 100 Breast | 200 Breast | 50 Back | 100 Back | 200 Back | 50 Fly | 100 Fly | 200 Fly | 50 Free | 100 Free | 200 Free | 400 Free | 800 Free | 1500 Free | 100 IM | 200 IM | 400 IM |
|-------------------|-----------|------------|------------|---------|-----------|-----------|---------|-----------|-----------|---------|-----------|-----------|-----------|------------|-----------|---------|-----------|--------|
| Megan Barringer | 43.92 | 1.36.14 | 3.26.72 | 38.07 | 1.20.45 | 2.49.33 | 39.11 | 1.29.83 | | 33.7 | 1.13.90 | 2.38.16 | 5.38.86 | 11.26.99 | | 1.23.06 | 2.56.12 | |
| Harriot Bland | 50.89 | 1.56.20 * | 4.05.67 * | 47.07 | 1.50.10 * | | 51.26 | | | 39.54 | 1.38.80 * | 4.03.57 | 8.05.73 | 16.09.20 * | | 1.40.67 | 4.18.41 | |
| Lee Durkin | | | | | | | | | | | | | | | | | | |
| Lucy Franklin | 53.07 | 1.52.98 | 4.05.13 * | 49.89 | 2.13.09 * | | 51.87 | 2.14.16 * | 4.37.20 | 42.29 | 1.37.05 | 3.39.70 | 7.32.58 | 14.46.57 * | | 1.44.82 | 3.58.95 | |
| Georgia Hemingway | 46.32 | 1.38.08 | 3.44.95 * | 39.46 | 1.27.73 | 3.26.44 * | 39.96 | 1.38.12 | 3.52.09 | 35.91 | 1.21.14 | 3.09.96 | 6.52.12 | 14.30.32 | | 1.28.04 | 3.24.20 | |
| Anna Hughes | 50.64 | 1.42.07 * | 3.41.20 * | 48.06 | 1.40.70 * | 3.49.39 * | 52.66 | | | 41.11 | 1.29.67 * | 3.06.67 * | | | | 1.41.23 | 3.37.12 * | |
| Anna King | 42.15 | 1.30.97 | 3.27.86 * | 42.56 | | 3.28.76 * | 37.02 | 1.32.03 | 3.30.36 * | 33.51 | 1.18.75 | | 7.19.88 * | | | 1.26.42 | 3.08.82 * | |
| Sally McLennan | 48.32 | 1.55.86 * | 4.25.97 * | 43.62 | 1.45.29 | 3.45.39 * | 53.73 * | 1.59.83 * | | 38.33 | | 3.54.51 * | 8.06.09 * | | | 1.56.77 | 3.57.09 | |
| Ellie Sanders | 55.86 | 1.52.36 * | | 51.03 | | | 45.06 | 1.54.42 * | 4.16.10 | 38.71 | 1.33.48 * | | 8.16.80 | 15.15.76 * | | 1.40.19 | 3.48.48 | |
| Holly Scothern | 56.8 | 2.02.25 | 4.31.51 * | 43.7 | 1.37.04 | 3.41.98 * | 41.95 | 1.40.86 | 4.07.45 | 38.54 | 1.27.80 | 3.52.41 | 7.38.36 | 14.55.32 * | | 1.31.74 | 3.39.20 * | |

| 14Years (1993) | 50 Breast | 100 Breast | 200 Breast | 50 Back | 100 Back | 200 Back | 50 Fly | 100 Fly | 200 Fly | 50 Free | 100 Free | 200 Free | 400 Free | 800 Free | 1500 Free | 100 IM | 200 IM | 400 IM |
|------------------|-----------|------------|------------|---------|-----------|-----------|--------|-----------|-----------|---------|----------|----------|-----------|----------|-----------|---------|---------|---------|
| Samantha Creaser | 44.08 | 1.36.84 * | 3.49.47 * | 40.64 | 1.25.94 | 3.59.19 | 38.08 | 1.30.17 | 3.26.98 * | 34.45 | 1.12.74 | 2.53.04 | 7.14.51 * | | | 1.25.06 | 3.03.16 | |
| Bethany Moore | 40.01 | 1.21.85 | 2.53.28 | 32.43 | 1.07.95 | 2.26.69 | 34.91 | 1.18.27 | | 31.36 | 1.04.62 | 2.16.48 | 4.52.06s | 9.43.08 | | 1.13.75 | 2.36.91 | 5.34.71 |
| Lorna Olijnyk | 43.36 | 1.36.11 | 3.29.13 | 41.42 | 1.34.98 * | 3.35.31 * | 47.25 | 2.11.57 * | | 35.4 | 1.32.55 | 3.32.77 | 7.56.40 * | | | 1.30.17 | 4.15.86 | |
| Michelle Peat | 36.43 | 1.20.62 | 2.54.08 | 37.58 | 1.16.88 | 2.46.52 | 34.75 | 1.23.98 | 4.48.20 | 29.18 | 1.01.26 | 2.12.50 | 4.39.79 | 9.38.25 | 18.12.17 | 1.13.43 | 2.40.98 | |

| 15Years and over | 50 Breast | 100 Breast | 200 Breast | 50 Back | 100 Back | 200 Back | 50 Fly | 100 Fly | 200 Fly | 50 Free | 100 Free | 200 Free | 400 Free | 800 Free | 1500 Free | 100 IM | 200 IM | 400 IM |
|-------------------|-----------|------------|------------|---------|-----------|-----------|---------|-----------|-----------|---------|-----------|-----------|-----------|------------|-----------|-----------|-----------|---------|
| Frances Pearson | 43.06 | 1.34.88 | 3.25.20 | 40.56 | 1.26.74 | 3.02.02 | 38.2 | 1.29.46 | 3.14.95 * | 33.14 | 1.11.53 | 2.36.90 | 5.25.83 | 11.16.73 | | 1.23.31 | 2.57.54 | |
| Hannah Sanders | 1.03.97 | 2.10.82 * | 3.54.80 * | 46.91 | 1.47.83 * | 3.51.73 * | 47.7 | 1.52.70 | | 37.43 | 1.27.76 * | 3.16.95 * | 7.23.82 * | | | 1.51.13 * | 3.47.73 | |
| Jenny Basford | 42.07 | 1.34.00 | 3.25.00 | 33.76 | 1.12.84 | 2.37.04 | 33.92 | 1.18.54 * | 3.05.82 * | 29.26 | 1.05.15 | 2.25.70 * | 4.59.89 | 10.21.23 | 20.11.23 | 1.16.33 | 2.50.64 * | |
| Amy Bickerstaffe | 40.09 | 1.31.81 | 3.18.46 | 35.2 | 1.17.45 | 2.49.22 | 35.28 | 1.22.68 | 3.36.62 * | 29.82 | 1.03.49 | 2.19.90 | 4.53.26 | 10.02.98 | | 1.16.73 | 3.01.58 * | 6.50.7* |
| Heather Booth | 42.79 | 1.34.06 | 3.39.00 | 37.15 | 1.29.01 | 2.59.54 * | 36.46 | | 3.03.98 * | 31.25 | 1.08.96s | 2.24.65 | 6.45.72 * | 11.12.90 * | | 1.19.61 | 2.55.76 * | |
| Chloe Howard | 43.8 | 1.37.89 * | 3.39.69 * | 47.73 | 1.58.92 * | 3.53.22 * | 38.39 | 1.40.69 | | 36.36 | 1.39.53 * | | | | | 1.42.81 * | 3.13.67 | |
| Emma Hallam | 53.70 * | 2.10.85 * | | 38.35 | 1.27.42 | 3.41.86 | 37.25 | 1.23.85 | 3.14.80 * | 32.2 | 1.11.33 | 2.39.30 | 5.42.89s | 11.45.90 | 22.31.06 | 1.27.03 | 3.15.46 * | |
| Rebecca Hocking | 41.53 | 1.31.33 | 3.19.46 | 34.96 | 1.13.43 | 2.39.64 | 34.47 | 1.19.20 | 3.14.01 * | 30.66 | 1.07.78 | 2.30.62 | 5.32.48 | 11.14.90 * | | 1.16.29 | 2.49.63 | 6.45.7* |
| Kathryn Olijnyk | 45.64 | 1.44.85 * | 3.58.25 | 37.13 | 1.21.83 | 3.02.12 | 46.00 * | | | 35.01 | 1.24.73 | 3.10.99 | 7.04.00 * | | | 1.31.79 | 3.13.39 | 8.16.5* |
| Sophie Palmer | 44.37 | 1.41.88 | 3.32.29 * | 43.95 | 1.42.20 * | | 47.38 * | 1.44.98 * | | 35.97 | 1.25.23 | 3.00.13 | | | | | 3.23.70 * | 8.12.4* |
| Heather Graham | 38.92 | 1.26.77 | 3.07.13 * | 35.61 | 1.18.86 | 2.59.89 * | 35.74 | 1.29.67 * | 3.25.92 * | 30.07 | 1.06.02 | 2.24.11 | 5.15.40 * | 11.18.26 | | 1.15.56 | 2.53.98 * | |
| Lauren Pearson | 41.35 | 1.29.05 | 3.12.46 | 37.45 | 1.19.24 | 2.50.11 | 35.28 | 1.18.58 | 3.00.13 | 32.64 | 1.10.34 | 2.33.22 | 5.19.26 | 11.20.46 * | | 1.19.60 | 2.49.18 | 6.00.62 |
| Stephanie Peat | 38.7 | 1.23.94 | 3.04.10 | 34.11 | 1.10.09 | 2.30.89 | 31.47 | 1.07.95 | 2.27.86 | 30.4 | 1.03.83 | 2.19.68 | 4.53.20 | 9.52.05 | | 1.13.16 | 2.34.10 | 5.20.30 |
| Elizabeth Dent | 41.09 | 1.28.46 | 3.17.20 | 39.57 | | | 39.29 | | | 34 | 1.20.61 | | 5.38.83 | 11.53.34 | | 1.23.15 | | |
| Elizabeth Shooter | 43.42 | 1.32.11 | | 37.04 | 1.21.80 | | 36.91 | 1.23.69 | | 31.72 | 1.10.11 | | | | | 1.20.67 | | |
| Emily Hocking | 43.56 | 1.37.47 | 3.33.20 | 38.78 | 1.26.72 | 3.02.21 | 39.61 | 1.55.88 * | | 32.84 | 1.13.21 | 2.42.42 | 6.23.00 * | | | 1.25.17 | 3.05.27 * | 7.27.1* |

Section 6 Trevor Hocking

| JAN | FEB | MAR | APR | MAY | JUN | JUL | AUG | SEPT | OCT | NOV | DEC |
|------|------|------|------|------|------|------|------|------|------|------|------|
| 2007 | 2007 | 2007 | 2007 | 2007 | 2006 | 2006 | 2006 | 2006 | 2006 | 2006 | 2006 |

Colour codes representing when PB's were achieved during 2006 / 2007

* = Time Attained In Training

s = Split

| | 50 Breast | 100 Breast | 200 Breast | 50 Back | 100 Back | 200 Back | 50 Fly | 100 Fly | 200 Fly | 50 Free | 100 Free | 200 Free | 400 Free | 800 Free | 1500 Free | 100 IM | 200 IM | 400 IM |
|------------------|-----------|------------|------------|---------|-----------|----------|--------|-----------|-----------|---------|----------|-----------|-----------|----------|-----------|---------|-----------|---------|
| Lauren Ward | 42.01 | 1.35.06 | | 38.95 | 1.37.78 | | 51.15 | | | 32.18 | 1.16.90 | | | | | 1.25.30 | | |
| Victoria Hanvere | 46.89 | 1.44.29 | | 40.07 | 1.29.83 | | 38.53 | 1.29.53 | | 33.71 | 1.14.27 | | | | | 1.28.38 | | |
| Anna Shepherd | 36.73 | 1.23.26 | | 30.83 | 1.08.36 | 2.39.49 | 32.62 | 1.19.28 | | 28.26 | 1.03.52 | | | | | 1.11.78 | | |
| Lucy Crowley | 39.87 | 1.27.19 | | 36.84 | 1.19.96 | | 36.97 | 1.26.13 | | 31.18 | 1.08.40 | | | | | 1.19.13 | | |
| Corinne O'neill | 37.38 | 1.20.32 | 2.54.86 | 34.64 | 1.13.11 | 2.44.71 | 31.75 | 1.10.96 | 2.40.00 | 28.9 | 1.02.49 | 2.21.04 | | 10.26.14 | | 1.11.11 | 2.35.79 | 5.40.87 |
| Amy Ashton | 46.04 | 1.40.42 | 3.42.07 * | 39.33 | 1.33.47 * | | 40.33 | 1.45.92 * | 3.50.13 * | 33.02 | 1.15.79 | 3.01.16 * | 7.42.30 * | | | 1.28.77 | | |
| Jemma Smith | 42.84 | 1.41.84 * | | 42.94 | 1.41.79 * | | 38.8 | 1.31.06 | | 34.43 | 1.20.33 | 3.01.24 * | 7.01.34 * | | | | 3.12.49 * | |
| Sarah Coe | 40.77 | 1.28.06 | 3.12.08 | 36.91 | 1.22.08 | 2.56.36 | 33.9 | 1.19.79 | | 30.48 | 1.08.89 | 2.30.72 | | | | 1.18.54 | 2.51.09 | |