

GIRLS

DRONFIELD DOLPHINS BEST

UPDATED 23/11/2008

| 7Years & Under | 25 Breast | 50 Breast | 100 Breast | 200 Breast | 25 back | 50 Back | 100 Back | 200 back | 25 Fly | 50 Fly | 100 Fly | 25 Free | 50 Free | 100 Free | 200 Free | 400 Free | 100 IM | 200 IM |
|----------------|-----------|-----------|------------|------------|---------|---------|----------|----------|--------|--------|---------|---------|---------|----------|----------|----------|--------|--------|
| Hannah Court | | | | | | | | | | | | | | | | | | |
| Katie Arnall | 52.03 | | | | 47.41 | | | | | | | 36.03 | | | | | | |
| Beth Grimes | 45.96 | | | | 39.19 | | | | | | | 36.6 | | | | | | |

| 8 Years (2000) | 25 Breast | 50 Breast | 100 Breast | 200 Breast | 25 back | 50 Back | 100 Back | 200 back | 25 Fly | 50 Fly | 100 Fly | 25 Free | 50 Free | 100 Free | 200 Free | 400 Free | 100 IM | 200 IM |
|--------------------|-----------|-----------|------------|------------|---------|---------|----------|----------|--------|-----------|---------|---------|---------|----------|----------|----------|--------|--------|
| Alex Potts | 25.8 | 1.09.47 | | | 23.76 | 1.03.96 | | | 22.57 | 1.05.18 * | | 19.86 | 50.08 * | | | | | |
| Georgia Godber | 30.64 | | | | 35.34* | | | | 43.19 | | | 30.83* | | | | | | |
| Natasha Wickersham | 55.93D | | | | 35.07 | | | | | | | 28.9 | | | | | | |
| Natasha Brock | 35.21 | | | | 34.63 | | | | | | | 30.62 | | | | | | |
| Ciara Chappell | 43.26 | | | | 44.63 | | | | | | | 37.32 | | | | | | |
| Victoria Brock | 35.64 | | | | 35.06 | | | | | | | 32.83 | | | | | | |

| 9Years (1999) | 25 Breast | 50 Breast | 100 Breast | 200 Breast | 25 back | 50 Back | 100 Back | 200 back | 25 Fly | 50 Fly | 100 Fly | 25 Free | 50 Free | 100 Free | 200 Free | 400 Free | 100 IM | 200 IM |
|-----------------------|-----------|-----------|------------|------------|---------|---------|----------|----------|--------|-----------|---------|---------|----------|----------|-----------|----------|---------|---------|
| Claudia P. Peach | 23.79 | 51.32 | | 4.16.21* | 23.58 | 49.59 | | 4.21.41 | 23.39 | 55.85 | | 20.05 | 42.81 | | | | 1.49.64 | |
| Bethany Micklethwaite | 25.45 * | 57.43 | | 4.17.04* | 22.51 | 45.06 | | | 22.29 | 48.01 | | 17.9 | 40.47 | | 3.30.01 | | 1.41.61 | 3.47.90 |
| Elisabeth Tew | 30.86 | 1.01.13 | | | 30.08 | 50.42 | | | 24.18 | 1.03.48 * | | 22.19 | 44.23 | | | | | |
| Heather Grimes | 27.26 | 50.94 | | | 24.77 | 48.15 | | | 21.29 | 46.97 | | 21.15 | 41.07 | | | | 1.47.42 | |
| Isabella Meek | 26.53 | 49.45 | | | 25.06 | 47.07 | | | 21.62 | 1.03.05 * | | 24.49 | 43.21 | | | | 1.44.83 | |
| Lucy Pratt | 29.89 | 59.26 | | 5.08.16 * | 28.09 | 55.16 | | | 30.64 | | | 22.73 | 45.25 | | 4.39.48 * | | | |
| Yelena Hobson | 44.61 | | | | 33.14 | | | | | | | 36.15 | | | | | | |
| Millie Madin | 46.87 | | | | 32.33 | | | | | | | 35.57 | | | | | | |
| Sheela Steele | 33.5 * | 1.14.33 | | | 35.48 * | 1.24.48 | | | | | | 42.07 * | 1.29.26 | | | | | |
| Amber Wain | 38.82 * | 1.12.62 | | | 34.73 | 1.02.21 | | | | | | 29.97 | 52.38 | | | | | |
| Taylor-Mia- Murphy | 39.63 * | 1.11.54 | | | 33.32 | 1.04.57 | | | | | | 27.38 * | 52.7 | | | | | |
| Bethany Rowley | 38.81 * | 1.26.45 | | | 41.90 * | 1.17.75 | | | | | | 36.19 * | 1.17.23 | | | | | |
| Gabrielle Wickersham | 36.09 D | 1.30.26* | | | 30.19 | | | | | | | 30.65 | 1.14.33* | | | | | |
| Charlotte Green | 51.52 * | 1.41.76 | | | | 1.18.82 | | | | | | | 1.13.71 | | | | | |

| 10Years (1998) | 25 Breast | 50 Breast | 100 Breast | 200 Breast | 25 back | 50 Back | 100 Back | 200 back | 25 Fly | 50 Fly | 100 Fly | 25 Free | 50 Free | 100 Free | 200 Free | 400 Free | 100 IM | 200 IM |
|----------------------|-----------|-----------|------------|------------|---------|---------|----------|----------|--------|-----------|---------|---------|---------|----------|-----------|----------|----------|--------|
| Maddie Swannack | 29.18 | 56.01 | | | 24.24 | 52.69 | | | 22.74 | 52.11 | | 20.76 | 43.52 | | | | 1.49.22 | |
| Lucy Jenkinson | 28.92 | 56.89 | | 5.25.17* | 25.8 | 55.26 | | | 23.42 | 56.45 | | 21.20* | 45.26 | | 4.14.89* | | 1.59.95 | |
| Charlotte Fenton | 27.11 | 57.48 | | | 26.31 | 54.74 | | | 24.69 | 55.54 | | 23.04 | 46.72 | | | | 1.55.69 | |
| Sophie Briggs-Willis | 32.45 | 1.06.44 | | 5.25.23 * | 31.66D | 1.01.67 | | | 34.12 | | | 23.13 | 48.4 | | 4.52.20 * | | | |
| Rachel Spooner | 33.11 | 1.04.80 | | 5.16.36 * | 30.11 | 57.53 | | | 30.29 | 1.17.04 * | | 27.52 | 56.29 | | 5.11.76 * | | 2.29.20D | |
| Lucy Rose | 30.25* | 52.73 | | 4.41.23 * | 32.13* | 54.12 | | | 26.48 | 1.11.24 * | | 25.73 * | 42.36 | | 4.37.26 * | | | |
| Jessica Wilgose | 35.04 | | | | 31.6 | | | | | | | 28.04 | | | | | | |
| Emmy Beeby | | | | | | | | | | | | | | | | | | |
| Emma Park | 45.47 * | | | | 34.32 * | | | | | | | 32.26 * | | | | | | |
| Joanna S. Burch | 31.73 | 1.05.82 | | | 31.86 | 1.03.39 | | | 36.42 | | | 25.82 * | 52.77 | | | | | |
| Ruby Knight | | 1.06.33 | | | | 1.01.66 | | | | | | | 54.46 | | | | | |

| 11Years (1997) | 50 Breast | 100 Breast | 200 Breast | 50 Back | 100 Back | 200 Back | 50 Fly | 100 Fly | 200 Fly | 50 Free | 100 Free | 200 Free | 400 Free | 800 Free | 1500 Free | 100 IM | 200 IM | 400 IM |
|---------------------|-----------|------------|------------|---------|-----------|----------|---------|---------|---------|---------|-----------|----------|----------|----------|-----------|---------|---------|--------|
| Ellie Holmes | 56.65 | | | 39.63 | | | 39.24 | | | 39.8 | 1.47.10 * | | | | | 1.36.36 | | |
| Heather Whitehead | 43.06 | 1.42.42 * | 3.48.26 | 44.48 | 1.41.45 * | 4.07.70* | 41.61 | | | 34.48 | 1.25.68s | 3.01.57 | | | | 1.32.16 | 3.19.23 | |
| Rebecca Spooner | 52.61 | 1.59.80 * | 4.09.17* | 47.56 | 1.49.26* | 4.28.29 | 1.06.57 | | | 40.54 | 1.50.73* | 3.46.38* | | | | 1.47.16 | 4.31.58 | |
| Alexandra W-Gregory | 1.22.83 | | | 1.18.54 | | | | | | 1.05.67 | | | | | | | | |
| Bethany Gore | 46.66 | 1.46.06 | | 42.02 | 1.41.56 * | | 45.43 | | | 35.6 | 1.24.73s | 2.58.06 | | | | 1.33.92 | 3.19.86 | |
| Gracie Spinks | 1.01.67 | | | 53.39 | | | | | | 45.42 | | | | | | | | |

Section 6 Trevor Hocking

| JAN | FEB | MAR | APR | MAY | JUNE | JUL | AUG | SEPT | OCT | NOV | DEC |
|------|------|------|------|------|------|------|------|------|------|------|------|
| 2008 | 2008 | 2008 | 2008 | 2008 | 2008 | 2008 | 2008 | 2008 | 2008 | 2008 | 2007 |

* = Time Attained In Training

s = Split

Colour codes representing when PB's were achieved during 2006 / 2007

| 7Years & Under | 25 Breast | 50 Breast | 100 Breast | 200 Breast | 25 back | 50 Back | 100 Back | 200 back | 25 Fly | 50 Fly | 100 Fly | 25 Free | 50 Free | 100 Free | 200 Free | 400 Free | 100 IM | 200 IM |
|----------------|-----------|-----------|------------|------------|---------|---------|----------|----------|--------|--------|---------|---------|---------|----------|----------|----------|--------|--------|
| | | | | | | | | | | | | | | | | | | |

| 8 Years (2000) | 25 Breast | 50 Breast | 100 Breast | 200 Breast | 25 back | 50 Back | 100 Back | 200 back | 25 Fly | 50 Fly | 100 Fly | 25 Free | 50 Free | 100 Free | 200 Free | 400 Free | 100 IM | 200 IM |
|------------------|-----------|-----------|------------|------------|---------|---------|----------|----------|--------|--------|---------|---------|----------|----------|----------|----------|--------|--------|
| Joshua Sanderson | 51.02 | | | | 28.78 | | | | | | | 27.54 | | | | | | |
| John Ashman | 33.43 | 1.37.09* | | | 25.51 | | | | 29.51 | | | 20.64 | 1.17.45* | | | | | |
| Harrison Bray | 33.13 | | | | 35.06 | | | | | | | 26.37 | | | | | | |
| Billy S. Burch | 56.9 | | | | 34.88 | | | | | | | 31.8 | | | | | | |
| Ronan Sahn | 40.77 | | | | 32.45 | | | | | | | 30.98 | | | | | | |
| Benjamin Patrick | 53.09 | | | | 47.26 | | | | | | | 34.67 | | | | | | |
| Thomas Hewitt | 45.45 | | | | 51.16 | | | | | | | 34.66 | | | | | | |

| 9Years (1999) | 25 Breast | 50 Breast | 100 Breast | 200 Breast | 25 back | 50 Back | 100 Back | 200 back | 25 Fly | 50 Fly | 100 Fly | 25 Free | 50 Free | 100 Free | 200 Free | 400 Free | 100 IM | 200 IM |
|---------------------|-----------|-----------|------------|------------|---------|---------|----------|----------|---------|-----------|---------|---------|----------|----------|-----------|----------|---------|--------|
| James Edwards | 31.19 D | 59.01 | | | 23.80 * | 52.61 | | | 22.84 | | | 19.19 | 43.09 | | | | | |
| Jake Coupland | 27.07 | 59.36 | | 5.07.07 * | 24.14 | 54.85 | | | 29.51 | | | 21.36 | 50.48 | | 5.08.22 * | | | |
| Thomas Austen | 45.18 * | 1.43.22* | | | 33.38 | | | | | | | 36.71 * | 1.17.10* | | | | | |
| Robert Goligher | 30.2 | 1.04.64 | | | 30.92 | 1.05.98 | | | 34.74 | | | 28.31 | 1.00.48 | | | | | |
| Sam Rayner | 48.18 * | 1.24.92 | | | | 1.16.73 | | | | | | | 1.03.29 | | | | | |
| Dominic Millward | 36.72* | 1.06.97 | | | 32.40 * | 58.09 | | | 28.68 | | | 26.19 * | 47.73 | | | | | |
| Christopher Redfern | 26.82 * | 57.5 | | 5.03.80 * | 24.73 * | | | | 29.98 * | 1.10.46 * | | 22.62 | 47.89 | | | | 2.03.32 | |
| Adam Barratt | | 1.20.50 | | | | 1.10.57 | | | | | | | 1.00.00 | | | | | |
| Brent Spinks | 39.97 | | | | 34.16 | | | | | | | 28.26 | | | | | | |

| 10Years (1998) | 25 Breast | 50 Breast | 100 Breast | 200 Breast | 25 back | 50 Back | 100 Back | 200 back | 25 Fly | 50 Fly | 100 Fly | 25 Free | 50 Free | 100 Free | 200 Free | 400 Free | 100 IM | 200 IM |
|------------------|-----------|-----------|------------|------------|---------|---------|----------|----------|---------|-----------|---------|---------|----------|-----------|-----------|----------|---------|---------|
| Ryan Beck | 38.69 * | 1.05.67 | | | 29.45 | 1.01.86 | | | 29.07 | | | 26.48 | 50.64 | | 4.46.82 * | | | |
| Michael Newman | 28.39 | 1.02.12 | | 5.21.01 * | 33.11 | 1.10.00 | | | 39 | | | 25.16 | 1.03.66 | | 5.44.61 * | | | |
| Jonathan Park | 33.66 | 1.06.45 | | 5.35.61 * | 24.7 | 54.86 | | | 49.76 | | | 22.47 * | 49.7 | | 4.29.22 * | | 2.10.21 | |
| Matthew Cooper | 24.26 | 46.68 | 1.55.23s | 3.55.14 | 25.35 | 49.1 | | | 23.63D | 43.28 | | 19.29 | 38.63 | 1.42.79 * | 3.28.69 | | 1.43.57 | 3.55.35 |
| Matthew Harris | 27.73 * | 52.54 | | | 21.84 | 43.06 | | | 24.80 * | 43.28 | | 20.12 | 39.68 | | 3.44.46 * | | 1.52.09 | |
| Jonathan Sanders | 35.36 D | 1.10.26 | | | 27.94 | 1.13.54 | | | 38.27 | 1.16.18 * | | 23.58 * | 50.98 * | | 4.14.07 * | | 2.42.30 | |
| Zachery Bland | | 1.24.38* | | | | 1.12.77 | | | | | | | 1.29.04* | | | | | |
| Tom Patrick | 33.34* | 1.04.81 | | | 34.66* | 1.17.43 | | | 40.69 | | | 27.54 * | 1.03.06 | | | | | |
| Oliver West | 55.84D | | | | 42.08 | | | | | | | 29.48 | | | | | | |
| Ben Brady | | | | | | | | | | | | | | | | | | |

| 11Years (1997) | 50 Breast | 100 Breast | 200 Breast | 50 Back | 100 Back | 200 Back | 50 Fly | 100 Fly | 200 Fly | 50 Free | 100 Free | 200 Free | 400 Free | 800 Free | 1500 Free | 100 IM | 200 IM | 400 IM |
|------------------|-----------|------------|------------|---------|----------|----------|-----------|----------|---------|---------|-----------|-----------|----------|----------|-----------|----------|---------|--------|
| Scott Shooter | 51.23 | 2.10.45* | | 43.42 | 1.48.92* | | 46.42 | | | 36.45 | 1.35.91 * | | | | | 1.38.33 | | |
| Matthew Ashman | 42.58 | 1.37.01s | 3.26.12 | 37.07 | 1.27.44s | 2.59.18 | 36.61 | 2.01.02s | | 30.89 | 1.13.07 | 2.40.07 | 6.08.92 | | | 1.21.27 | 3.01.13 | |
| Phillip Durkin | 1.08.88 | | 5.14.66* | 1.00.22 | | | 1.13.36 * | | | 50.48 | | | | | | 2.20.78 | 5.07.98 | |
| Alex Scown | 54.43 | | 4.30.32* | 50.44 | | | 1.00.54 | | | 41.7 | | 3.48.43 * | | | | 2.12.93D | | |
| Adam Brock | 59.46 | | | 56.07 | | | 1.24.56 * | | | 51.41 | | | | | | | | |
| Mikey Geary | 52.14 | | 4.48.14 * | 1.01.73 | | | | | | 41.49 | | 4.24.09 * | | | | | | |

Section 6 Trevor Hocking

| JAN | FEB | MAR | APR | MAY | JUNE | JUL | AUG | SEPT | OCT | NOV | DEC |
|------|------|------|------|------|------|------|------|------|------|------|------|
| 2008 | 2008 | 2008 | 2008 | 2008 | 2008 | 2008 | 2008 | 2008 | 2008 | 2008 | 2007 |

Colour codes representing when PB's were achieved during 2006 / 2007

* = Time Attained In Training

s = Split

| 12Years (1996) | 50 Breast | 100 Breast | 200 Breast | 50 Back | 100 Back | 200 Back | 50 Fly | 100 Fly | 200 Fly | 50 Free | 100 Free | 200 Free | 400 Free | 800 Free | 1500 Free | 100 IM | 200 IM | 400 IM |
|------------------|-----------|------------|------------|---------|----------|----------|---------|-----------|---------|---------|----------|-----------|-----------|------------|-----------|----------|---------|--------|
| Daniel Creaser | 50.35 | 1.50.08 | 4.05.64 | 43.44 | 1.45.05 | 3.48.01 | 38.76 | 1.56.68s | 4.02.14 | 36.91 | 1.38.60* | 3.25.73 * | 7.03.09* | 16.54.89 | | 1.37.38 | 3.30.96 | |
| Izaak P. Peach | 43.39 | 1.52.00* | 4.07.15 * | 38.08 | 1.23.50 | 3.07.06 | 42.9 | 1.52.89 | | 32.57 | 1.14.25 | 2.54.90* | 8.02.41 * | | | 1.26.86 | 3.12.15 | |
| Matthew Hunt | 54.63 | 1.52.81 | | 49.95 | 1.46.13 | 3.56.60* | 40.36 | 2.01.59 * | 4.16.32 | 35.68 | 1.24.53 | 3.00.91 | | 15.32.09 * | | 1.36.26 | 3.26.68 | |
| Daniel Young | 54.61D | 2.16.80* | 4.16.76 | 45.35 | 1.44.89* | 3.52.29 | 43.65 | | | 35.12 | 1.30.22* | | | 8.05.11* | | 1.38.95D | 3.45.95 | |
| Lewis McManaman | 51.88 | 1.56.08 | 4.22.26* | 47.92 | 1.54.09* | | 1.01.09 | 2.08.26 | | 41.1 | 1.31.06 | 3.40.17* | | | | 1.44.60 | 4.21.48 | |
| Sam Barringer | 45.39 | 1.41.09 | 3.47.65 | 41.61 | 1.32.01 | 3.30.22 | 41.62 | | | 35.47 | 1.16.09 | 3.04.92 | | | | 1.27.99 | 3.34.57 | |
| Aidan Sahn | 52.13 | 1.53.24 | | 1.02.31 | | | | | | 47.5 | 1.56.83 | 4.46.42 * | | | | 2.04.01 | | |
| Conor Dubik | 57.7 | | | 54.64 | | | | | | 41.64 | | | | | | 2.13.86D | | |
| David Lovell | 1.09.06 | | | 1.03.26 | | | 1.16.57 | | | 46.66 | | | | | | 2.10.81D | | |
| Sami Beck | 58.32 | | | 54.66 | | | 1.18.90 | | | 41.16 | | 4.33.20 * | | | | | | |

| 13Years (1995) | 50 Breast | 100 Breast | 200 Breast | 50 Back | 100 Back | 200 Back | 50 Fly | 100 Fly | 200 Fly | 50 Free | 100 Free | 200 Free | 400 Free | 800 Free | 1500 Free | 100 IM | 200 IM | 400 IM |
|------------------|-----------|------------|------------|---------|----------|-----------|--------|-----------|----------|---------|----------|----------|-----------|----------|-----------|---------|---------|--------|
| Vikram Barn | 51.36 | 1.51.76 | 4.22.22 | 48.35 | 1.39.27 | 3.53.76 | 51.58 | 2.24.76 * | 5.26.95 | 39.15 | 1.27.50 | 3.33.26 | 7.49.98* | | | 1.37.07 | 3.51.92 | |
| Matthew Carroll | 50.35 | 1.50.60* | 4.12.02 | 37.42 | 1.23.35 | 2.55.67 | 35.72 | 1.24.67 | 3.28.19* | 30.1 | 1.10.50 | 2.34.05 | 7.10.23 * | | | 1.24.80 | 3.04.88 | |
| Jack Price | 42.57 | 1.26.70 | 3.08.02 | 45.67 | 1.26.89 | 3.43.84 * | 45.7 | 1.31.20 | 3.35.09 | 39.2 | 1.15.45 | 2.48.06s | 5.37.09 | | | 1.23.55 | 2.56.75 | |

| 14Years (1994) | 50 Breast | 100 Breast | 200 Breast | 50 Back | 100 Back | 200 Back | 50 Fly | 100 Fly | 200 Fly | 50 Free | 100 Free | 200 Free | 400 Free | 800 Free | 1500 Free | 100 IM | 200 IM | 400 IM |
|------------------|-----------|------------|------------|---------|-----------|-----------|--------|---------|---------|---------|-----------|-----------|-----------|------------|-----------|-----------|---------|-----------|
| Joseph Ashman | 39.35 | 1.34.72 | 3.33.00 | 34.77 | 1.15.84 | 2.46.50 | 35.52 | 1.20.31 | 3.17.76 | 30.04 | 1.08.24 | 2.27.95 | 5.16.99 | 11.51.45 | 22.49.15 | 1.18.96 | 2.51.66 | |
| Elliot Cooper | 37.47 | 1.27.09 | 3.14.19 | 36.27 | 1.27.72 | 3.26.20 | 33.23 | 1.36.20 | | 28.91 | 1.04.66 | 2.34.49 | 5.39.25s | 11.13.31 | | 1.18.83 | 2.53.47 | 6.20.98 * |
| Thomas Newman | 53.14 | 1.52.76 * | 3.52.87 * | 51.45 | 1.52.29 * | | 56.07 | | | 44.50 * | 1.38.09 * | 3.37.32 * | | 16.01.54 * | | 1.48.00 * | 3.58.20 | |
| David Geary | 38.21 | 1.26.92 | 3.24.84 | 34.77 | 1.26.13 | 3.30.24 * | 32.89 | 1.15.23 | | 28.66 | 1.13.04 | 2.46.76 | 7.35.56 * | | | 1.18.07 | 2.53.79 | |

| 15Years (1993) | 50 Breast | 100 Breast | 200 Breast | 50 Back | 100 Back | 200 Back | 50 Fly | 100 Fly | 200 Fly | 50 Free | 100 Free | 200 Free | 400 Free | 800 Free | 1500 Free | 100 IM | 200 IM | 400 IM |
|------------------|-----------|------------|------------|---------|----------|----------|--------|-----------|-----------|---------|----------|-----------|-----------|----------|-----------|---------|---------|-----------|
| Matthew Goligher | 37.19 | 1.44.92 * | 3.23.51 * | 41.2 | 1.42.70 | 4.06.21 | 38.77D | 1.28.07 * | | 28.17 | 1.20.56 | 3.30.84 * | 7.12.37 * | | | 1.19.70 | 4.20.44 | 6.48.32 * |
| Jonathan Hunt | 33.72 | 1.15.40 | 2.49.28 | 30.71 | 1.07.02 | 2.29.71 | 28.32 | 1.06.04 | 2.54.89 * | 26.48 | 1.00.38 | 2.13.65 | 4.41.62 | 11.06.35 | | 1.06.52 | 2.30.05 | 5.42.95 * |

| 16 Years and Over | 50 Breast | 100 Breast | 200 Breast | 50 Back | 100 Back | 200 Back | 50 Fly | 100 Fly | 200 Fly | 50 Free | 100 Free | 200 Free | 400 Free | 800 Free | 1500 Free | 100 IM | 200 IM | 400 IM |
|---------------------|-----------|------------|------------|---------|-----------|-----------|---------|-----------|-----------|---------|-----------|-----------|-----------|------------|-----------|-----------|-----------|-----------|
| Nicky Allcroft | 40.51 | 1.40.51 * | 3.28.81 * | 40.03 | 1.36.22 * | | 44.42 * | | | 31.39 | 1.19.72 * | 3.18.64 * | | | | 1.27.51 | | |
| Sam Franklin | 35.03 | 1.19.86 | 3.13.70 * | 30.54 | 1.07.65 | 2.30.83 | 28.71 | 1.07.17 | 2.42.41 | 24.97 | 56.94 | 2.03.54 | 4.35.71 | 10.41.01 | | 1.07.73 | 2.22.93 | 5.33.00 * |
| Ben Hughes | 36.48 | 1.19.39 | 2.56.32 | 32.05 | 1.10.05 | 2.36.69 | 33.98 | 1.25.41* | 3.03.80 * | 27.34 | 1.01.58 | 2.18.67 | 4.45.92 | 10.05.36 | | 1.11.93 | 2.46.01* | 6.07.00* |
| Harry Williams | 37.8 | | 3.12.45 | 33.36 | | | 33.70* | | | 28.08 | 1.05.58 | 2.29.30* | | | | 1.13.64 | | |
| Laurence Mottershaw | 39.69 | 1.28.50 | 3.18.30 * | 32.06 | 1.10.73 | 2.41.77 | 31.76 | 1.11.01 | 2.51.38 * | 28.67 | 1.05.36 * | 2.26.70 * | 5.14.60 * | 11.30.96 | | 1.11.61 | 2.38.90* | |
| Scott Felton | 34.86 | 1.17.20 | 2.50.16 | 31.17 | 1.16.71 | 2.39.95 * | 29.31 | 1.06.19 | 2.51.92 * | 27.08 | 1.00.74 | 2.24.60 * | 5.11.20 * | 10.39.30 * | | 1.07.39 | 2.28.31 | |
| Tom Hughes | 35.06 | 1.18.06 | 2.52.56 | 33.2 | 1.14.04 | 2.37.71 | 31.44 | 1.12.91 | 2.46.42 * | 27.67 | 1.03.18 | 2.22.16 | 5.03.60 * | 10.52.89 | 21.06.22 | 1.09.73 | 2.35.05 | 5.35.78 |
| Jonathan Olijnyk | 37.06 | 1.20.33 | 3.00.49 | 35.54 | 1.19.52 | 2.49.30 | 36.43 | 1.23.06 * | | 29.22 | 1.04.11 | 2.21.46 | 5.13.40 * | 11.27.44 * | 22.45.45 | 1.15.74 | 2.42.42 * | |
| James Stevenson | 35.36 | | | 31.07 | 1.09.94 | | | | | 28.8 | 1.04.86 | | | | | 1.14.93 | | |
| Tom Clarke | 39.44 | 1.28.61 * | | 34.02 | 1.15.81 * | | 30.28 | 1.08.97 | 2.37.76 | 27.6 | 1.05.25 | | | | | 1.10.53 | 2.37.64 * | 5.35.70 |
| Tom Lotka | 37.50* | 1.30.97 * | | 36.70* | 1.24.83* | | 34.70* | 1.23.55* | | 30.56 * | 1.10.75 * | | | | | 1.22.63 * | | |

Section 6 Trevor Hocking

| JAN | FEB | MAR | APR | MAY | JUNE | JUL | AUG | SEPT | OCT | NOV | DEC |
|------|------|------|------|------|------|------|------|------|------|------|------|
| 2008 | 2008 | 2008 | 2008 | 2008 | 2008 | 2008 | 2008 | 2008 | 2008 | 2008 | 2007 |

Colour codes representing when PB's were achieved during 2007 / 2008

* = Time Attained In Training

s = Split

| 12Years (1996) | 50 Breast | 100 Breast | 200 Breast | 50 Back | 100 Back | 200 Back | 50 Fly | 100 Fly | 200 Fly | 50 Free | 100 Free | 200 Free | 400 Free | 800 Free | 1500 Free | 100 IM | 200 IM | 400 IM |
|------------------|-----------|------------|------------|---------|-----------|----------|---------|---------|---------|---------|----------|-----------|----------|----------|-----------|---------|---------|--------|
| Kathryn Goligher | 41.24 | 1.47.09 | | 48.01 | 1.58.01 * | 3.57.46 | 49.33 | | | 40.7 | | 3.20.86 * | 7.47.73* | | | 1.35.88 | 3.38.11 | |
| Lucy Hill | 1.03.48 | | | 1.00.70 | | | 1.31.80 | | | 53.89 | | | | | | 2.30.77 | | |
| Marie Atkinson | 53.82 | | | 54.23 | | | 52.22 | | | 42.55 | | | | | | 2.00.76 | | |

| 13Years (1995) | 50 Breast | 100 Breast | 200 Breast | 50 Back | 100 Back | 200 Back | 50 Fly | 100 Fly | 200 Fly | 50 Free | 100 Free | 200 Free | 400 Free | 800 Free | 1500 Free | 100 IM | 200 IM | 400 IM |
|-------------------|-----------|------------|------------|---------|-----------|-----------|---------|-----------|---------|---------|-----------|-----------|-----------|------------|-----------|---------|---------|-----------|
| Bethany Crowley | 45.95 | 1.46.40* | 3.43.50* | 43.80s | 1.44.67 | 3.29.45 * | 41.94 | 2.02.45 * | | 37.35 * | 1.36.11 | 2.59.98 * | 8.39.09 * | | | 1.33.51 | 3.37.73 | |
| Emily Newman | 43.29 | 1.45.09 | 3.52.01 * | 47.18 | 1.48.48 * | 3.50.00 | 50.02 | 1.57.42 * | | 39.24 | 1.37.67 * | 3.28.48 * | 8.11.36 * | 14.57.73 * | | 1.35.21 | | |
| Katie Pratt | 49.48 | 2.06.12 | | 39.57 | 1.24.89 | 3.07.73 | 38.82 | 1.32.25 | 4.28.07 | 34.5 | 1.13.74 | 2.45.31 | 7.29.82 * | 14.45.09 * | | 1.27.15 | 3.38.14 | |
| Lucy Wilson | 45.08 | 1.41.66 | 4.24.45 * | 38.26 | 1.18.01 | 3.16.60* | 38.19 | 1.29.48 | 4.38.67 | 31.09 | 1.11.84 | 3.07.10* | 6.24.25 * | | | 1.22.79 | 2.56.23 | 6.46.82 * |
| Katie Patrick | 53.77 | | | | 54.73 | | | | | 45.74 | | 4.12.72 * | | | | | | |
| Charlotte Pheasey | 40.05 | 1.31.86 | | 39.3 | 1.24.44 | | 39.94 | | | 32.2 | 1.15.15 | 2.47.66 | | | | 1.22.57 | | |
| Rebecca Woodhead | 57.88 | 2.02.80 | | 53.2 | 2.10.46 | | 1.13.27 | | | 42.92 | 1.41.43 | | | | | 2.01.40 | | |

| 14Years (1994) | 50 Breast | 100 Breast | 200 Breast | 50 Back | 100 Back | 200 Back | 50 Fly | 100 Fly | 200 Fly | 50 Free | 100 Free | 200 Free | 400 Free | 800 Free | 1500 Free | 100 IM | 200 IM | 400 IM |
|-------------------|-----------|------------|------------|---------|-----------|-----------|--------|-----------|-----------|---------|-----------|-----------|-----------|------------|-----------|---------|-----------|--------|
| Megan Barringer | 43.64 | 1.36.14 | 3.26.72 | 38.07 | 1.20.04 | 2.49.33 | 37.62 | 1.29.83 | | 33.7 | 1.12.79 | 2.38.16 | 5.25.10 | 11.26.99 | | 1.21.19 | 2.54.16 | |
| Harriot Bland | 50.89 | 1.56.20 * | 4.05.67 * | 47.07 | 1.50.10 * | | 51.26 | | | 39.54 | 1.33.56 * | 4.03.57 | 7.46.70 * | 16.09.20 * | | 1.40.67 | 4.18.41 | |
| Lee Durkin | 49.09D | | 4.11.83* | 53.37 | | 4.15.00* | 55.42 | | | 42.22D | | | | | | | | |
| Lucy Franklin | 48.92 | 1.50.89 * | 3.57.32 | 49.89 | 1.50.92 * | 3.58.01 | 50.41 | 1.57.76 * | 4.37.20 | 42.06 | 1.31.17 * | 3.31.20 * | 7.01.80* | 14.46.57 * | | 1.39.66 | 3.47.70 | |
| Georgia Hemingway | 44.46 | 1.37.71 | 3.44.95 * | 36.77 | 1.21.75 | 3.26.44 * | 36.53 | 1.24.96 | 3.52.09 | 33.48 | 1.12.85 | 2.49.95 | 6.52.12 | 14.30.32 | | 1.22.39 | 3.02.44 | |
| Anna Hughes | 50.64 | 1.39.78 | 3.41.20 * | 48.06 | 1.40.70 * | 3.49.39 * | 52.66 | | | 36.76 * | 1.29.67 * | 3.06.67 * | | | | 1.41.23 | 3.37.12 * | |
| Anna King | 39.8 | 1.28.31 | 3.27.86 * | 42.32 | | 3.22.00 | 36.24 | 1.30.65 | 3.30.36 * | 33.51 | 1.18.75 | | 7.19.88 * | | | 1.23.29 | 3.08.82 * | |
| Sally McLennan | 47.01 | 1.55.86 * | 4.25.97 * | 41.26 | 1.45.29 | 3.45.39 * | 45.48 | 1.59.83 * | | 36.95 | 1.35.61 * | 3.54.51 * | 8.06.09 * | | | 1.39.29 | 3.57.09 | |
| Ellie Sanders | 55.86 | 1.49.51 | 3.38.86 * | 51.03 | | | 45.06 | 1.54.42 * | 4.16.10 | 38.71 | 1.33.48 * | | 8.16.80 | 15.15.76 * | | 1.40.19 | 3.48.48 | |
| Holly Scothern | 46.51 | 2.00.32 * | 4.31.51 * | 37.64 | 1.19.12 | 3.17.00 | 34.79 | 1.19.17 | 3.37.48* | 32.36s | 1.13.03 | 3.52.41 | 6.57.41* | 14.55.32 * | | 1.22.89 | 2.58.86 | |

| 15Years (1993) | 50 Breast | 100 Breast | 200 Breast | 50 Back | 100 Back | 200 Back | 50 Fly | 100 Fly | 200 Fly | 50 Free | 100 Free | 200 Free | 400 Free | 800 Free | 1500 Free | 100 IM | 200 IM | 400 IM |
|------------------|-----------|------------|------------|---------|-----------|-----------|--------|-----------|-----------|---------|----------|----------|-----------|----------|-----------|---------|---------|---------|
| Samantha Creaser | 43.31 | 1.34.26 | 3.49.47 * | 37.95 | 1.22.12 | 3.59.19 | 36.6 | 1.23.93 | 3.26.98 * | 32.31 | 1.12.74 | 2.53.04 | 7.14.51 * | | | 1.21.19 | 2.55.70 | |
| Bethany Moore | 40.01 | 1.21.23 | 2.53.28 | 32.43 | 1.07.95 | 2.26.69 | 34.91 | 1.14.90 | | 31.18 | 1.04.62 | 2.16.48 | 4.49.61 | 9.43.08 | | 1.13.75 | 2.35.20 | 5.34.71 |
| Lorna Olijnyk | 43.04 | 1.36.11 | 3.29.13 | 41.42 | 1.34.98 * | 3.35.31 * | 43.67 | 2.11.57 * | | 35.4 | 1.32.55 | 3.32.77 | 7.56.40 * | | | 1.30.17 | 4.15.86 | |
| Michelle Peat | 36.43 | 1.20.62 | 2.54.08 | 37.58 | 1.16.88 | 2.46.52 | 34.75 | 1.23.98 | 4.48.20 | 29.18 | 1.01.26 | 2.12.50 | 4.39.79 | 9.38.25 | 18.06.35 | 1.13.43 | 2.40.98 | |

| 16 Years and Over | 50 Breast | 100 Breast | 200 Breast | 50 Back | 100 Back | 200 Back | 50 Fly | 100 Fly | 200 Fly | 50 Free | 100 Free | 200 Free | 400 Free | 800 Free | 1500 Free | 100 IM | 200 IM | 400 IM |
|-------------------|-----------|------------|------------|---------|----------|-----------|---------|-----------|-----------|---------|----------|-----------|-----------|------------|-----------|---------|-----------|-----------|
| Frances Pearson | 43.06 | 1.34.88 | 3.25.20 | 39.24 | 1.25.51* | 3.02.02 | 36.3 | 1.25.04 | 3.14.95 * | 30.52 | 1.10.19 | 2.36.71 | 5.25.83 | 11.16.73 | | 1.21.80 | 2.56.75 | |
| Jenny Basford | 42.07 | 1.34.00 | 3.25.00 | 33.76 | 1.12.84 | 2.37.04 | 33.7 | 1.17.22 | 3.05.82 * | 29.26 | 1.05.15 | 2.25.70 * | 4.59.89 | 10.21.23 | 20.11.23 | 1.16.26 | 2.47.35 | 6.31.00 * |
| Amy Bickerstaffe | 40.09 | 1.31.81 | 3.18.46 | 35.2 | 1.17.45 | 2.49.22 | 35.28 | 1.22.68 | 3.36.62 * | 29.82 | 1.03.49 | 2.19.90 | 4.53.26 | 10.02.98 | | 1.16.73 | 3.01.58 * | 6.50.7* |
| Heather Booth | 42.79 | 1.34.06 | 3.23.32 * | 37.15 | 1.22.61* | 2.57.07 * | 36.46 | 1.20.10* | 2.56.89 * | 30.55 | 1.08.96s | 2.24.65 | 6.45.72 * | 11.12.90 * | | 1.19.39 | 2.55.1 * | 6.20.39 * |
| Rebecca Hocking | 41.32 | 1.31.19 | 3.19.46 | 34.46 | 1.13.43 | 2.39.64 | 33.25 | 1.19.07 | 3.14.01 * | 29.66 | 1.06.74 | 2.30.62 | 5.32.48 | 11.14.90 * | | 1.15.48 | 2.43.23 | 6.17.00 * |
| Kathryn Olijnyk | 45.64 | 1.44.40 | 3.58.25 | 36.57 | 1.21.83 | 2.59.80* | 42.32 * | 1.44.67 * | | 35.01 | 1.24.73 | 3.10.99 | 7.04.00 * | | | 1.30.30 | 3.13.39 | 8.16.5* |
| Heather Graham | 38.92 | 1.26.69 | 3.07.13 * | 35.61 | 1.18.86 | 2.58.95 * | 35.74 | 1.29.67 * | 2.58.95 * | 30.07 | 1.06.02 | 2.24.11 | 5.15.40 * | 11.18.26 | | 1.15.56 | 2.48.98 * | 6.54.36 * |
| Elizabeth Shooter | 43.42 | 1.32.11 | | 37.04 | 1.21.80 | | 36.91 | 1.23.69 | | 31.72 | 1.10.11 | | | | | 1.20.67 | | |

Section 6 Trevor Hocking

| JAN | FEB | MAR | APR | MAY | JUNE | JUL | AUG | SEPT | OCT | NOV | DEC |
|------|------|------|------|------|------|------|------|------|------|------|------|
| 2008 | 2008 | 2008 | 2008 | 2008 | 2008 | 2008 | 2008 | 2008 | 2008 | 2008 | 2007 |

Colour codes representing when PB's were achieved during 2007 / 2008

* = Time Attained In Training

s = Split