

GIRLS

DRONFIELD DOLPHINS PERSONAL BEST

UPDATED 19/10/2008

7Years & Under	25 Breast	50 Breast	100 Breast	200 Breast	25 back	50 Back	100 Back	200 back	25 Fly	50 Fly	100 Fly	25 Free	50 Free	100 Free	200 Free	400 Free	100 IM	200 IM
Hannah Court																		
Katie Arnall	52.03				47.41							36.03						

8 Years (2000)	25 Breast	50 Breast	100 Breast	200 Breast	25 back	50 Back	100 Back	200 back	25 Fly	50 Fly	100 Fly	25 Free	50 Free	100 Free	200 Free	400 Free	100 IM	200 IM
Alex Potts	25.8	1.09.47			23.76	1.03.96			22.57	1.05.18 *		19.86	50.08 *					
Georgia Godber	30.64				35.34*				43.19			30.83*						
Natasha Wickersham	55.93D				35.07							28.9						
Natasha Brock	35.21				34.63							30.62						
Beth Grimes	45.96				39.19							36.6						
Millie Madin	46.87				32.33							35.57						
Ciara Chappell	43.26				44.63							37.32						
Victoria Brock	35.64				35.06							32.83						

9Years (1999)	25 Breast	50 Breast	100 Breast	200 Breast	25 back	50 Back	100 Back	200 back	25 Fly	50 Fly	100 Fly	25 Free	50 Free	100 Free	200 Free	400 Free	100 IM	200 IM
Claudia P. Peach	23.79	51.32		4.16.21*	23.58	51.75		4.21.41	23.39	56.96		20.05	43.62				1.49.64	
Bethany Micklethwaite	25.45 *	57.43		4.17.04*	22.51	46.84			22.29	48.01		17.9	40.47		3.30.01		1.41.61	3.47.90
Elisabeth Tew	30.86	1.01.13			30.08	50.42			24.18	1.03.48 *		22.19	44.23					
Heather Grimes	27.26	50.94			24.77	48.15			21.29	47.55		21.15	43.2				1.47.42	
Isabella Meek	26.53	49.45			25.06	47.07			21.62	1.03.05 *		24.49	43.45				1.44.83	
Lucy Pratt	29.89	59.26		5.08.16 *	28.09	55.16			30.64			22.73	45.25		4.39.48 *			
Yelena Hobson	44.61				33.14							36.15						
Sheela Steele	33.5 *	1.14.33			35.48 *	1.24.48						42.07 *	1.29.26					
Amber Wain	38.82 *	1.12.62			34.73	1.02.21						29.97	52.38					
Taylor-Mia- Murphy	39.63 *	1.11.54			33.32	1.04.57						27.38 *	52.7					
Bethany Rowley	38.81 *	1.26.45			41.90 *	1.17.75						36.19 *	1.17.23					
Gabrielle Wickersham	36.09 D	1.30.26*			30.19							30.65	1.14.33*					
Charlotte Green	51.52 *	1.41.76				1.18.82	1.41.76						1.13.71					

10Years (1998)	25 Breast	50 Breast	100 Breast	200 Breast	25 back	50 Back	100 Back	200 back	25 Fly	50 Fly	100 Fly	25 Free	50 Free	100 Free	200 Free	400 Free	100 IM	200 IM
Maddie Swannack	29.18	56.01			24.24	52.69			22.74	52.11		20.76	43.52				1.49.22	
Lucy Jenkinson	28.92	56.89		5.25.17*	25.8	55.26			23.42	56.45		21.20*	45.26		4.14.89*		1.59.95	
Charlotte Fenton	27.11	57.48			26.31	54.74			24.69	55.54		23.04	46.72				1.55.69	
Sophie Briggs-Willis	32.45	1.06.44		5.25.23 *	31.66D	1.01.67			34.12			23.13	48.4		4.52.20 *			
Rachel Spooner	33.11	1.04.80		5.16.36 *	30.11	57.53			30.29	1.17.04 *		27.52	56.29		5.11.76 *		2.29.20D	
Lucy Rose	30.25*	52.73		4.41.23 *	32.13*	54.12			26.48	1.11.24 *		25.73 *	42.36		4.37.26 *			
Jessica Wilgose	35.04				31.6							28.04						
Emmy Beeby																		
Emma Park	45.47 *				34.32 *							32.26 *						
Joanna S. Burch	31.73	1.05.82			31.86	1.03.39			36.42			25.82 *	52.77					
Ruby Knight		1.06.33				1.01.66							54.46					

11Years (1997)	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Ellie Holmes	56.65			41.74			42.5			39.8	1.47.10 *					1.36.36		
Heather Whitehead	43.71	1.42.42 *	3.48.26	44.48	1.41.45 *	4.07.70*	44.48			36.27	1.25.68s	3.01.57				1.32.16	3.19.23	
Rebecca Spooner	52.61	1.59.80 *	4.09.17*	47.56	1.49.26*	4.28.29	1.06.57			44.84	1.50.73*	3.46.38*				1.47.16	4.31.58	
Alexandra W-Gregory	1.22.83			1.18.54						1.05.67								
Bethany Gore	47.88	1.46.06		42.02	1.41.56 *		46.57			35.6	1.24.73s	2.58.06				1.33.92	3.19.86	
Gracie Spinks	1.01.67			53.39						45.42								

Section 6 Trevor Hocking

JAN	FEB	MAR	APR	MAY	JUNE	JUL	AUG	SEPT	OCT	NOV	DEC
2008	2008	2008	2008	2008	2008	2008	2008	2008	2008	2007	2007

* = Time Attained In Training

s = Split

Colour codes representing when PB's were achieved during 2007 / 2008

7Years & Under	25 Breast	50 Breast	100 Breast	200 Breast	25 back	50 Back	100 Back	200 back	25 Fly	50 Fly	100 Fly	25 Free	50 Free	100 Free	200 Free	400 Free	100 IM	200 IM

8 Years (2000)	25 Breast	50 Breast	100 Breast	200 Breast	25 back	50 Back	100 Back	200 back	25 Fly	50 Fly	100 Fly	25 Free	50 Free	100 Free	200 Free	400 Free	100 IM	200 IM
Joshua Sanderson	51.02				28.78							27.54						
John Ashman	33.43	1.37.09*			25.51				29.51			20.64	1.17.45*					
Harrison Bray	33.13				35.06							26.37						
Billy S. Burch	56.9				34.88							31.8						
Ronan Sahn	40.77				32.45							30.98						
Benjamin Patrick	53.09				47.26							34.67						
Thomas Hewitt	45.45				51.16							34.66						

9Years (1999)	25 Breast	50 Breast	100 Breast	200 Breast	25 back	50 Back	100 Back	200 back	25 Fly	50 Fly	100 Fly	25 Free	50 Free	100 Free	200 Free	400 Free	100 IM	200 IM
James Edwards	31.19 D	59.01			23.80 *	52.61			22.84			19.19	43.09					
Jake Coupland	27.07	59.36		5.07.07 *	24.14	54.85			29.51			21.36	50.48		5.08.22 *			
Thomas Austen	45.18 *	1.43.22*			33.38							36.71 *	1.17.10*					
Robert Goligher	30.2	1.04.64			30.92	1.05.98			34.74			28.31	1.00.48					
Sam Rayner	48.18 *	1.24.92				1.16.73							1.03.29					
Dominic Millward	36.72*	1.06.97			32.40 *	58.09			28.68			26.19 *	47.73					
Christopher Redfern	26.82 *	57.5		5.03.80 *	24.73 *				29.98 *	1.10.46 *		22.62	47.89				2.03.32	
Adam Barratt		1.20.50				1.10.57							1.00.00					
Brent Spinks	39.97				34.16							28.26						

10Years (1998)	25 Breast	50 Breast	100 Breast	200 Breast	25 back	50 Back	100 Back	200 back	25 Fly	50 Fly	100 Fly	25 Free	50 Free	100 Free	200 Free	400 Free	100 IM	200 IM
Ryan Beck	38.69 *	1.05.67			29.45	1.01.86			29.07			26.48	50.64		4.46.82 *			
Michael Newman	28.39	1.02.12		5.21.01 *	33.11	1.10.00			39			25.16	1.03.66		5.44.61 *			
Jonathan Park	33.66	1.06.45		5.35.61 *	24.7	54.86			49.76			22.47 *	49.7		4.29.22 *		2.10.21	
Matthew Cooper	24.26	47.8	1.55.23s	3.55.14	25.35	50.73			23.63D	53.2		19.29	39.51	1.42.79 *	3.28.69		1.43.57	3.55.35
Matthew Harris	27.73 *	57.16			21.84	44.18			24.80 *	43.28		20.12	40.06		3.44.46 *		1.52.09	
Jonathan Sanders	35.36 D	1.10.26			27.94	1.13.54			38.27	1.16.18 *		23.58 *	50.98 *		4.14.07 *		2.42.30	
Zachery Bland		1.24.38*				1.12.77							1.29.04*					
Tom Patrick	33.34*	1.04.81			34.66*	1.17.43			40.69			27.54 *	1.03.06					
Oliver West	55.84D				42.08							29.48						
Ben Brady																		

11Years (1997)	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Scott Shooter	51.23	2.10.45*		43.42	1.48.92*		46.42			36.45	1.35.91 *					1.38.33		
Matthew Ashman	42.58	1.37.01s	3.26.12	37.07	1.27.44s	2.59.18	36.76	2.01.02s		31.7	1.13.07	2.40.07	6.08.92			1.21.27	3.01.13	
Phillip Durkin	1.08.88		5.14.66*	1.00.22			1.13.36 *			50.48						2.20.78	5.07.98	
Alex Scown	54.43		4.30.32*	50.44			1.00.54			41.7		3.48.43 *				2.12.93D		
Adam Brock	59.46			56.07			1.24.56 *			51.41								
Mikey Geary	52.14		4.48.14 *	1.01.73						41.49		4.24.09 *						

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2008	2008	2008	2008	2008	2008	2008	2008	2008	2008	2007	2007

Colour codes representing when PB's were achieved during 2007 / 2008

* = Time Attained In Training

s = Split

12Years (1996)	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Daniel Creaser	50.35	1.50.08	4.05.64	43.44	1.45.05	3.48.01	38.76	1.56.68s	4.02.14	36.91	1.38.60*	3.25.73 *	7.03.09*	16.54.89		1.37.38	3.30.96	
Izaak P. Peach	45.86	1.52.00*	4.07.15 *	38.08	1.24.41	3.07.06	42.9	1.52.89		32.81	1.14.25	2.54.90*	8.02.41 *			1.26.86	3.12.15	
Matthew Hunt	54.63	1.52.81	4.12.82	49.95	1.46.13	3.56.60*	40.36	2.01.59 *	4.16.32	37.79	1.24.53	3.00.91		15.32.09 *		1.36.26	3.26.68	
Daniel Young	54.61D	2.16.80*	4.16.76	45.35	1.44.89*	3.52.29	43.65			35.12	1.30.22*		8.05.11*			1.38.95D	3.45.95	
Lewis McManaman	52.36	1.56.08	4.22.26*	47.92	1.54.09*		1.01.09	2.08.26		41.96	1.31.06	3.40.17*				1.44.60	4.21.48	
Sam Barringer	45.39	1.41.09	3.47.65	41.61	1.32.01	3.30.22	41.62			35.47	1.16.91	3.04.92				1.27.99	3.34.57	
Aidan Sahni	52.13	1.53.24		1.02.31						47.5	1.56.83	4.46.42 *				2.04.01		
Conor Dubik	57.7			54.64						41.64						2.13.86D		
David Lovell	1.09.06			1.03.26			1.16.57			46.66						2.10.81D		
Sami Beck	58.32			54.66			1.18.90			41.16		4.33.20 *						

13Years (1995)	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Vikram Barn	51.36	1.51.76	4.22.22	48.35	1.39.27	3.53.76	51.58	2.24.76 *	5.26.95	39.15	1.27.50	3.33.26	7.49.98*			1.37.07	3.51.92	
Matthew Carroll	50.35	1.50.60*	4.12.02	38.76	1.23.35	2.55.67	38.12	1.25.96	3.28.19*	30.67	1.10.50	2.34.05	7.10.23 *			1.24.80	3.04.88	
Jack Price	42.57	1.26.70	3.08.02	45.67	1.26.89	3.43.84 *	45.7	1.31.20	3.35.09	39.2	1.15.45	2.48.06s	5.37.09			1.23.55	2.56.75	

14Years (1994)	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Joseph Ashman	43.6	1.34.72	3.33.00	35.47	1.16.18	2.46.50	36.51	1.20.31	3.17.76	31.2	1.08.24	2.27.95	5.16.99	11.51.45	22.49.15	1.18.96	2.51.66	
Elliot Cooper	39	1.27.09	3.14.19	42.48	1.27.72	3.26.20	41.11	1.36.20		30.60s	1.05.65	2.34.49	5.39.25s	11.13.31		1.18.83	2.53.47	6.20.98 *
Thomas Newman	53.14	1.52.76 *	3.52.87 *	51.45	1.52.29 *		56.07			44.50 *	1.38.09 *	3.37.32 *		16.01.54 *		1.48.00 *	3.58.20	
David Geary	39	1.26.92	3.24.84	35.14	1.26.13	3.30.24 *	33.41			30.23	1.13.04	2.46.76	7.35.56 *			1.18.07	2.53.79	

15Years and over	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Matthew Goligher	40.18	1.44.92 *	3.23.51 *	41.2	1.42.70	4.06.21	38.77D	1.28.07 *		31.77	1.20.56	3.30.84 *	7.12.37 *			1.19.70	4.20.44	6.48.32 *
Jonathan Hunt	36.09	1.17.12	2.49.28	31.32	1.07.02	2.29.71	30.43	1.06.04	2.54.89 *	26.88s	1.00.38	2.13.65	4.52.27	11.06.35		1.06.52	2.30.05	5.42.95 *
Nicky Allcroft	40.51	1.40.51 *	3.28.81 *	40.03	1.36.22 *		44.42 *			31.39	1.19.72 *	3.18.64 *				1.27.51		
Sam Franklin	35.21	1.19.86	3.13.70 *	30.89	1.07.65	2.30.83	29.04	1.07.17	2.42.41	24.97	57.16	2.07.48	4.35.71	10.41.01		1.07.73	2.25.23	5.33.00 *
Ben Hughes	36.48	1.19.39	2.56.32	32.05	1.10.05	2.36.69	33.98	1.25.41*	3.03.80 *	27.34	1.01.58	2.18.67	4.45.92	10.05.36		1.11.93	2.46.01*	6.07.00*
Harry Williams	37.8		3.12.45	33.36			33.70*			28.08	1.05.58	2.29.30*				1.13.64		
Greg McLennan	42.66	1.39.32 *		44.14 *	1.43.86 *		42.16 *			30.85	1.18.63	3.10.27 *				1.25.04	3.28.79	
Laurence Mottershaw	39.69	1.28.50	3.18.30 *	32.06	1.10.73	2.41.77	31.76	1.11.01	2.51.38 *	28.67	1.05.36 *	2.26.70 *	5.14.60 *	11.30.96		1.11.61	2.38.90*	
Scott Felton	34.86	1.17.20	2.50.16	31.17	1.16.71	2.39.95 *	29.31	1.06.19	2.51.92 *	27.08	1.00.74	2.24.60 *	5.11.20 *	10.39.30 *		1.07.39	2.28.31	
Tom Hughes	35.06	1.18.06	2.52.56	33.2	1.14.04	2.37.71	31.44	1.12.91	2.46.42 *	27.67	1.03.18	2.22.16	5.03.60 *	10.52.89	21.06.22	1.09.73	2.35.05	5.35.78
Jonathan Olijnyk	37.06	1.20.33	3.00.49	35.54	1.19.52	2.49.30	36.43	1.23.06 *		29.22	1.04.11	2.21.46	5.13.40 *	11.27.44 *	22.45.45	1.15.74	2.42.42 *	
Daniel Sanders	44.27	1.49.16*		38.24			42.66		3.40.35 *	34.72 *	1.13.41 *	2.41.10*	7.02.00*				3.03.48 *	7.56.3*
James Stevenson	35.36			31.07	1.09.94					28.8	1.04.86					1.14.93		
Craig Mallinson	41.4	1.32.03	3.18.10 *	32.5	1.08.20	2.31.09	33.86	1.18.29		28.64	1.02.18	2.18.98	4.59.61	10.26.10 *	19.22.18	1.15.19	2.37.92 *	
Tom Clarke	39.44	1.28.61 *		34.02	1.15.81 *		30.28	1.08.97	2.37.76	27.6	1.05.25					1.10.53	2.37.64 *	5.35.70
Tom Lotka	37.50*	1.30.97 *		36.70*	1.24.83*		34.70*	1.23.55*		30.56 *	1.10.75 *					1.22.63 *		

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Colour codes representing when PB's were achieved during 2007 / 2008

GIRLS

DRIFIELD DOLPHINS PERSONAL BEST

UPDATED 19/10/2008

12Years (1996)	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Kathryn Goligher	45.67	1.47.09	3.56.98 *	48.01	1.58.01 *	3.57.46	49.33			40.7		3.20.86 *	7.47.73*			1.35.88	3.38.11	
Lucy Hill	1.03.48			1.00.70			1.31.80			53.89						2.30.77		
Marie Atkinson	53.82			54.23			52.22			42.55						2.00.76		

13Years (1995)	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Bethany Crowley	45.95	1.46.40*	3.43.50*	43.80s	1.44.67	3.29.45 *	41.94	2.02.45 *		37.35 *	1.36.11	2.59.98 *	8.39.09 *			1.33.51	3.37.73	
Emily Newman	43.29	1.45.09	3.52.01 *	47.18	1.48.48 *	3.50.00	50.02	1.57.42 *		39.24	1.37.67 *	3.28.48 *	8.11.36 *	14.57.73 *		1.35.21		
Katie Pratt	49.77	2.06.12		39.57	1.24.89	3.07.73	38.82	1.32.25	4.28.07	34.5	1.13.74	2.45.31	7.29.82 *	14.45.09 *		1.27.15	3.38.14	
Lucy Wilson	45.08	1.41.66	4.24.45 *	38.26	1.20.15	3.16.60*	39.6	1.29.48	4.38.67	31.44	1.12.82	3.07.10*	6.24.25 *			1.22.79	2.56.23	6.46.82 *
Katie Patrick	53.77				54.73					45.74		4.12.72 *						
Charlotte Pheasey	40.71	1.31.86		39.3	1.24.44		39.94			33.98	1.15.15	2.47.66				1.22.57		
Rebecca Woodhead	58.39	2.02.80		56.35	2.10.46		1.13.27			42.92	1.41.43					2.01.40		

14Years (1994)	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Megan Barringer	43.64	1.36.14	3.26.72	38.07	1.20.04	2.49.33	37.62	1.29.83		33.7	1.12.79	2.38.16	5.25.10	11.26.99		1.21.19	2.54.16	
Harriot Bland	50.89	1.56.20 *	4.05.67 *	47.07	1.50.10 *		51.26			39.54	1.33.56 *	4.03.57	7.46.70 *	16.09.20 *		1.40.67	4.18.41	
Lee Durkin	49.09D		4.11.83*	53.37		4.15.00*	55.42			42.22D								
Lucy Franklin	48.92	1.50.89 *	3.57.32	49.89	1.50.92 *	3.58.01	50.41	1.57.76 *	4.37.20	42.06	1.31.17 *	3.31.20 *	7.01.80*	14.46.57 *		1.39.66	3.47.70	
Georgia Hemingway	44.46	1.37.71	3.44.95 *	36.77	1.21.75	3.26.44 *	38.15	1.24.96	3.52.09	33.69	1.12.85	2.49.95	6.52.12	14.30.32		1.22.39	3.02.44	
Anna Hughes	50.64	1.39.78	3.41.20 *	48.06	1.40.70 *	3.49.39 *	52.66			36.76 *	1.29.67 *	3.06.67 *				1.41.23	3.37.12 *	
Anna King	40.16	1.30.12	3.27.86 *	42.32		3.22.00	36.24	1.30.65	3.30.36 *	33.51	1.18.75		7.19.88 *			1.23.29	3.08.82 *	
Sally McLennan	47.01	1.55.86 *	4.25.97 *	41.26	1.45.29	3.45.39 *	45.48	1.59.83 *		36.95	1.35.61 *	3.54.51 *	8.06.09 *			1.39.29	3.57.09	
Ellie Sanders	55.86	1.49.51	3.38.86 *	51.03			45.06	1.54.42 *	4.16.10	38.71	1.33.48 *		8.16.80	15.15.76 *		1.40.19	3.48.48	
Holly Scothern	46.51	2.00.32 *	4.31.51 *	37.64	1.19.12	3.17.00	34.79	1.20.00	3.37.48*	32.36s	1.13.03	3.52.41	6.57.41*	14.55.32 *		1.22.89	2.58.86	

15Years and over	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Samantha Creaser	43.31	1.34.26	3.49.47 *	37.95	1.22.12	3.59.19	36.6	1.23.93	3.26.98 *	32.31	1.12.74	2.53.04	7.14.51 *			1.21.19	2.55.70	
Bethany Moore	40.01	1.21.23	2.53.28	32.43	1.07.95	2.26.69	34.91	1.16.19		31.18	1.04.62	2.16.48	4.49.61	9.43.08		1.13.75	2.36.54	5.34.71
Lorna Olijnyk	43.04	1.36.11	3.29.13	41.42	1.34.98 *	3.35.31 *	43.67	2.11.57 *		35.4	1.32.55	3.32.77	7.56.40 *			1.30.17	4.15.86	
Michelle Peat	36.43	1.20.62	2.54.08	37.58	1.16.88	2.46.52	34.75	1.23.98	4.48.20	29.18	1.01.26	2.12.50	4.39.79	9.38.25	18.06.35	1.13.43	2.40.98	
Frances Pearson	43.06	1.34.88	3.25.20	39.24	1.25.51*	3.02.02	37.66	1.25.04	3.14.95 *	30.52	1.10.19	2.36.71	5.25.83	11.16.73		1.21.80	2.56.75	
Hannah Sanders	1.03.97	2.10.82 *	3.54.80 *	46.91	1.47.83 *	3.51.73 *	47.7	1.52.70		37.43	1.27.76 *	3.15.96*	7.23.82 *			1.51.13 *	3.47.73	
Jenny Basford	42.07	1.34.00	3.25.00	33.76	1.12.84	2.37.04	33.7	1.17.22	3.05.82 *	29.26	1.05.15	2.25.70 *	4.59.89	10.21.23	20.11.23	1.16.26	2.47.35	6.31.00 *
Amy Bickerstaffe	40.09	1.31.81	3.18.46	35.2	1.17.45	2.49.22	35.28	1.22.68	3.36.62 *	29.82	1.03.49	2.19.90	4.53.26	10.02.98		1.16.73	3.01.58 *	6.50.7*
Heather Booth	42.79	1.34.06	3.23.32 *	37.15	1.22.61*	2.57.07 *	36.46	1.20.10*	2.56.89 *	30.55	1.08.96s	2.24.65	6.45.72 *	11.12.90 *		1.19.39	2.55.1 *	6.20.39 *
Emma Hallam	53.70 *	2.10.85 *		38.35	1.27.42	3.41.86	37.25	1.21.74	3.14.80 *	32.2	1.11.33	2.39.30	5.42.89s	11.45.90	22.31.06	1.27.03	3.15.46 *	
Rebecca Hocking	41.32	1.31.19	3.19.46	34.46	1.13.43	2.39.64	33.25	1.19.07	3.14.01 *	29.66	1.06.74	2.30.62	5.32.48	11.14.90 *		1.15.48	2.43.23	6.17.00 *
Kathryn Olijnyk	45.64	1.44.40	3.58.25	36.57	1.21.83	2.59.80*	42.32 *	1.44.67 *		35.01	1.24.73	3.10.99	7.04.00 *			1.30.30	3.13.39	8.16.5*
Sophie Palmer	44.37	1.41.88	3.32.29 *	43.95	1.42.20 *		47.38 *	1.44.98 *		35.97	1.25.23	3.00.13					3.23.70 *	8.12.4*
Heather Graham	38.92	1.26.69	3.07.13 *	35.61	1.18.86	2.58.95 *	35.74	1.29.67 *	2.58.95 *	30.07	1.06.02	2.24.11	5.15.40 *	11.18.26		1.15.56	2.48.98 *	6.54.36 *
Lauren Pearson	41.35	1.29.05	3.12.46	37.45	1.19.24	2.50.11	35.28	1.18.58	3.00.13	32.64	1.10.34	2.33.22	5.19.26	11.20.46 *		1.19.60	2.49.18	6.00.62
Elizabeth Shooter	43.42	1.32.11		37.04	1.21.80		36.91	1.23.69		31.72	1.10.11					1.20.67		

Section 6 Trevor Hocking

JAN	FEB	MAR	APR	MAY	JUNE	JUL	AUG	SEPT	OCT	NOV	DEC
2008	2008	2008	2008	2008	2008	2008	2008	2008	2008	2007	2007

* = Time Attained In Training

s = Split

Colour codes representing when PB's were achieved during 2007 / 2008