

**GIRLS**

**DRONFIELD DOLPHINS PERSONAL BEST**

**UPDATED 28/05/2009**

7Years & Under	25 Breast	50 Breast	100 Breast	200 Breast	25 back	50 Back	100 Back	200 back	25 Fly	50 Fly	100 Fly	25 Free	50 Free	100 Free	200 Free	400 Free	100 IM	200 IM
Beth Spooner	40.93D				39.45							1.01.43						
Katie Arnall	37.78				34.00							33.75						
8 Years (2001 )	25 Breast	50 Breast	100 Breast	200 Breast	25 back	50 Back	100 Back	200 back	25 Fly	50 Fly	100 Fly	25 Free	50 Free	100 Free	200 Free	400 Free	100 IM	200 IM
Rebecca Butcher	59.16				49.01							1.07.38						
Faye Pearson	46.89D				36.69D							34.00						

9Years (2000 )	25 Breast	50 Breast	100 Breast	200 Breast	25 back	50 Back	100 Back	200 back	25 Fly	50 Fly	100 Fly	25 Free	50 Free	100 Free	200 Free	400 Free	100 IM	200 IM
Alex Potts	23.93	50.76		3.46.37	21.96	42.65		4.02.98	20.98	47.44		17.75	38.27				1.36.02	
Georgia Godber	29.22	1.07.02			29.62	1.02.72			36.61			23.44	58.38					
Natasha Wickersham	55.93D				35.07							28.90						
Natasha Brock	33.32	1.23.76*			32.06							28.67						
Victoria Brock	31.00				31.26							28.16						
Chloe Pheasey	28.22				24.63							23.22					2.18.41*	
Ella Harris	31.35	1.16.53*			30.78	1.16.12*			40.59*			20.89	1.05.43*				2.59.90*	

10Years ( 1999 )	25 Breast	50 Breast	100 Breast	200 Breast	25 back	50 Back	100 Back	200 back	25 Fly	50 Fly	100 Fly	25 Free	50 Free	100 Free	200 Free	400 Free	100 IM	200 IM
Claudia P. Peach	23.79	51.32		4.16.21*	23.58	49.59		4.21.41	23.39	50.76		20.05	39.47				1.43.74	4.10.00*
Bethany Micklethwaite	25.45 *	53.20		4.17.04*	22.51	44.23	1.42.61	3.27.04	19.54	45.16		17.90	37.79	1.30.21s	3.07.47	6.28.65	1.35.04	3.33.23
Elisabeth Tew	25.03	58.22		4.41.76	22.88	50.42		4.13.45	21.05	51.36		18.64	44.23	1.45.00*	3.40.53		1.43.50*	4.37.00*
Isabella Meek	23.05	48.70	1.49.04	3.49.09	21.05*	44.03		3.25.26	21.62	48.48		18.47	40.56	1.37.84s	3.13.26		1.36.80*	
Lucy Pratt	28.89*	57.39		5.08.16 *	25.54*	49.22			27.28*	59.46		21.50*	44.53		4.39.48 *		1.55.76	
Yelena Hobson	36.10	1.32.44*			33.14	1.09.91			42.04*	1.31.88		28.48	1.13.06				2.51.27	
Sheela Steele	30.13	1.13.71*			31.87	1.24.48			42.68*			32.43	1.29.26					
Amber Wain	38.82 *	1.12.62			34.73	1.02.21			36.56*			29.97	52.38					
Bethany Rowley	32.91	1.09.90			33.19	1.08.55						26.96	1.06.52					
Gabrielle Wickersham	36.09 D	1.06.50			30.19	1.14.08						30.65	1.14.33*					
Charlotte Green	30.50	1.19.61			27.02	1.08.03						21.52	56.82					
Ciara Chappell	35.56	1.26.72			31.44	1.18.73						28.32	1.14.47*				3.12.11*	
Niamh Donovan		1.50.15*				1.39.85*			48.94*				1.31.39*					

11Years ( 1998 )	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Maddie Swannack	52.21	2.03.36s	4.12.12	50.49		4.16.32	51.27			38.60	1.34.00*	3.25.35				1.48.70*		
Lucy Jenkinson	56.89		5.25.17*	51.58			51.20			42.52*		4.14.89*				1.44.05	4.21.00*	
Charlotte Fenton	57.48			51.98			55.54			46.72						1.55.69		
Sophie Briggs-Willis	59.00		5.25.23 *	54.65						43.70		4.52.20 *				1.56.11*		
Rachel Spooner	59.00		5.16.36 *	54.70			1.03.42			49.44		5.11.76 *				2.02.16		
Lucy Rose	50.84		4.41.23 *	48.13			53.61			41.13		3.44.81				1.43.54*		
Jessica Wilgose	1.01.88			1.02.90						57.20								
Emmy Beeby																		
Emma Park				1.04.81						55.81						2.54.32*		
Joanna S. Burch	1.00.37			54.84			1.20.42			52.77						2.11.40		
Ruby Knight	57.38			57.04						49.06								

\* = Time Attained In Training

s = Split

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JAN	FEB	MAR	APR	MAY	JUNE	JUL	AUG	SEPT	OCT	NOV	DEC
2009	2009	2009	2009	2009	2008	2008	2008	2008	2008	2008	2008

Colour codes representing when PB's were achieved during 2008 / 2009

## BOYS

## DRONFIELD DOLPHINS PERSONAL BEST

UPDATED 28/05/2009

7 Years & Under	25 Breast	50 Breast	100 Breast	200 Breast	25 back	50 Back	100 Back	200 back	25 Fly	50 Fly	100 Fly	25 Free	50 Free	100 Free	200 Free	400 Free	100 IM	200 IM
William Earl	40.19				31.88							27.76						
Isaac Spencer	48.40				37.18							39.59						

8 Years (2001 )	25 Breast	50 Breast	100 Breast	200 Breast	25 back	50 Back	100 Back	200 back	25 Fly	50 Fly	100 Fly	25 Free	50 Free	100 Free	200 Free	400 Free	100 IM	200 IM
Ronan Sahni	32.90				27.29	1.11.86*			32.86			24.51	1.11.02*				2.50.72*	
Nicholas Sanders	1.05.59D				42.37							30.67						
Kiran Steele	39.46D				49.41D							37.25						
Billy S. Burch	44.03				34.88							31.80						

9 Years ( 2000 )	25 Breast	50 Breast	100 Breast	200 Breast	25 back	50 Back	100 Back	200 back	25 Fly	50 Fly	100 Fly	25 Free	50 Free	100 Free	200 Free	400 Free	100 IM	200 IM
Joshua Sanderson	29.82	1.21.45			28.78							23.30					2.44.25*	
John Ashman	28.47	1.37.09*			23.11				23.17			19.96	1.17.45*	2.06.15*			2.01.50*	
Harrison Bray	28.86	59.00			29.83	1.00.95						20.66	47.81				2.23.77*	
Benjamin Patrick	53.09				47.26							34.67						
Thomas Hewitt	45.45				51.16	1.40.64*			46.72*			34.66						
Charlie Grimsley	26.51D				23.92							20.87						
Paul Broomhead	50.98D				39.50							35.75						

10 Years ( 1999 )	25 Breast	50 Breast	100 Breast	200 Breast	25 back	50 Back	100 Back	200 back	25 Fly	50 Fly	100 Fly	25 Free	50 Free	100 Free	200 Free	400 Free	100 IM	200 IM
James Edwards	31.19 D	57.31			23.80 *	49.09			22.84	48.58		19.19	40.00	1.51.00*			1.45.23	
Jake Coupland	27.07	59.36		5.07.07 *	24.14	51.85			29.51	59.07		21.36	50.48		5.08.22 *		1.55.73	
Robert Goligher	30.20	56.26			30.92	57.88			34.74			28.31	51.78					
Sam Rayner	37.12	1.19.84			32.63	1.08.29				1.25.81		28.85	1.03.26				2.54.48*	
Dominic Millward	28.91	1.01.53			23.39	50.11			28.68	56.23	50.11	19.33	45.30	2.07.64			1.55.57	
Christopher Redfern	23.51	51.60		4.24.55	22.94	49.62	2.01.96		27.19*	59.73		19.88	43.82				1.46.97	
Adam Barratt		1.13.21				1.03.77							57.93					
Brent Spinks	39.97				34.16							28.26						
Michael Hasland		50.80				50.72							44.07				1.54.04*	
Jonathon Schoon	50.99D				48.29D							35.52						
Jacob Bush	49.43D				50.13							42.91						

11Years ( 1998 )	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Ryan Beck	1.01.26			54.38			1.01.13			50.64		4.46.82 *				2.08.29*		
Michael Newman	1.02.12		5.21.01 *	1.10.00						1.03.66		5.44.61 *						
Jonathan Park	1.05.11		5.35.61 *	49.61			58.45			41.50		4.29.22 *				1.55.92*		
Matthew Cooper	43.96	1.45.30s	3.36.62	45.93			39.13			36.07	1.28.59s	2.59.78				1.31.10	3.55.35	
Matthew Harris	50.35	1.49.82		40.60	1.29.01	3.06.42	41.02	1.40.95	3.47.45	36.52	1.25.42	3.02.99	6.24.32			1.28.77	3.37.00*	
Jonathan Sanders	59.49D			1.00.42			59.97			43.26		4.14.07 *				2.42.30		
Tom Patrick	1.04.81			1.17.43						1.03.06						2.22.36*		

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## BOYS

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12Years ( 1997 )	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Scott Shooter	51.23	2.10.45*		43.42	1.48.92*		46.42			36.03	1.35.91 *					1.36.22	4.03.00*	
Matthew Ashman	41.87	1.37.01s	3.26.12	34.86	1.27.44s	2.47.03	34.96	2.01.02s		30.46	1.13.07	2.32.75	6.08.92			1.18.13	2.50.71	
Alex Scown	53.53		4.13.67	50.44		4.09.01	51.80			41.7		3.48.43 *				1.51.20		
Adam Brock	57.05D		4.34.70	53.16		4.37.16	1.13.92*			49.28	2.08.00*	4.20.24				2.04.51*		
Mikey Geary	51.13		4.48.14 *	52.16			1.03.32			40.91		4.24.09 *				1.51.38		

13Years ( 1996 )	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Daniel Creaser	46.88	1.47.11	4.05.64	41.87	1.35.74	3.48.01	38.76	1.37.26	4.02.14	35.98	1.25.87	3.09.00 #	7.03.09*	16.54.89		1.28.67	3.30.96	
Izaak P. Peach	43.37	1.34.30	4.07.15 *	36.40	1.18.90	3.03.00 #	40.63*	1.52.89		31.39*	1.09.49	2.30.47	5.53.00			1.21.78	3.12.15	
Matthew Hunt	54.63	1.52.81	4.12.82	49.95	1.46.13	3.56.60*	40.36	2.01.59 *	4.16.32	35.68	1.24.53	3.00.91		15.32.09 *		1.36.26	3.26.68	
Daniel Young	54.61D	2.16.80*	4.16.76	44.6	1.44.89*	3.52.29	43.00			34.01	1.30.22*	2.58.00 #	8.05.11*			1.28.20	3.45.95	
Lewis McManaman	51.88	1.48.69	4.22.26*	47.92	1.54.09*		58.82	2.08.26		39.41*	1.24.25	3.40.17*				1.44.60	4.21.48	
Sam Barringer	42.69	1.34.65	3.47.65	41.32	1.32.01	3.30.22	38.77			33.19	1.11.66	3.04.92	6.29.00			1.22.68	3.27.00*	
Aidan Sahn	44.08	1.41.37		54.25			57.04			40.29	1.37.57	4.46.42 *				1.47.14		
Conor Dubik	54.80			54.64	1.56.00		53.26			37.92*	1.33.26					1.40.70	4.01.00*	
David Lovell	1.09.06			1.03.26			1.16.57			46.66						2.10.81D		
Sami Beck	49.60			46.88			49.11			35.67		4.33.20 *				1.43.98*		

14Years ( 1995 )	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Vikram Barn	51.36	1.51.76	4.22.22	47.79	1.39.27	3.53.76	47.85	2.24.76 *	5.26.95	38.48*	1.27.50	3.33.26	7.49.98*			1.36.99	3.51.92	
Matthew Carroll	45.16	1.50.60*	3.32.60*	35.35	1.15.06	2.54.61*	34.46	1.23.81	3.15.66*	29.93	1.04.13	2.21.48	5.07.00			1.16.68	3.02.00*	
Jack Price	40.63	1.25.74	3.03.34	45.67	1.22.65	3.43.84 *	45.7	1.26.61	3.35.09	35.10s	1.11.93	2.30.29	5.09.74			1.20.69	2.47.74	
David Hasland	1.00.87			54.38						50.48						2.12.20*		

15Years ( 1994 )	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Joseph Ashman	39.35	1.34.72	3.24.86*	34.61	1.12.15	2.45.26	34.12	1.20.18	3.04.65*	30.04	1.04.50	2.22.09	4.59.17	11.51.45	22.49.15	1.14.95	2.51.66	
Elliot Cooper	35.14	1.20.22	3.14.19	35.98	1.22.98*	3.07.70*	32.91	1.19.86	3.31.73*	28.30	1.01.01	2.27.27*	4.55.31	11.13.31		1.11.30	2.53.47	6.20.98 *
Matthew Turner							35.30			29.94		2.52.00 #						
David Geary	37.53	1.26.92	3.17.92*	34.60	1.19.57*	3.03.67*	31.70	1.14.72	3.13.20*	28.26	1.11.13	2.31.81	5.37.03			1.12.38	2.49.55*	

16 Years and Over	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Matthew Goligher	35.91	1.44.92 *	3.01.00 #	34.75	1.42.70	4.06.21	31.96	1.28.07 *		28.17	1.20.56	3.30.84 *	7.12.37 *			1.11.27	2.43.00 #	6.48.32 *
Jonathan Hunt	33.18	1.11.05	2.49.28	30.04	1.05.57	2.29.71	28.19	1.02.74	2.40.06*	26.09	57.40	2.13.65	4.41.62	11.06.35		1.04.05	2.20.34	5.42.95 *
Nicky Allcroft	39.76	1.40.51 *	3.08.00 #	38.73	1.36.22 *		44.42 *			31.39	1.19.72 *	3.18.64 *				1.22.03		
Sam Franklin	34.09	1.15.84	3.13.70 *	30.53	1.07.65	2.30.83	27.43	1.05.38	2.42.41	24.83	56.08	2.03.54	4.30.30	10.41.01		1.04.05	2.19.77	4.58.99
Ben Hughes	36.45	1.19.39	2.56.32	32.05	1.10.05	2.36.69	33.40	1.25.41*	3.03.80 *	27.34	1.00.41	2.13.03	4.39.29	10.05.36		1.10.91	2.45.11*	6.07.00*
Laurence Mottershaw	39.69	1.28.50	3.18.30 *	32.06	1.10.73	2.41.77	31.76	1.11.01	2.51.38 *	28.67	1.05.36 *	2.26.70 *	5.14.60 *	11.30.96		1.11.61	2.38.90*	
Scott Felton	34.86	1.17.20	2.50.16	31.17	1.16.71	2.39.95 *	29.31	1.06.19	2.51.92 *	27.08	1.00.74	2.24.60 *	5.11.20 *	10.39.30 *		1.07.39	2.28.31	
Tom Hughes	35.06	1.18.06	2.52.56	33.2	1.14.04	2.37.71	31.44	1.12.91	2.46.42 *	27.67	1.03.18	2.22.16	5.03.60 *	10.52.89	21.06.22	1.09.73	2.35.05	5.35.78
Jonathan Oljnyk	37.06	1.20.33	3.00.49	35.54	1.19.52	2.49.30	36.43	1.23.06 *		29.22	1.04.11	2.21.46	5.13.40 *	11.27.44 *	22.45.45	1.15.74	2.42.42 *	
Tom Clarke	39.44	1.28.61 *		34.02	1.15.81 *		30.28	1.08.97	2.37.76	27.6	1.05.25					1.10.53	2.37.64 *	5.35.70
Tom Lotka	37.50*	1.30.97 *		36.70*	1.24.83*		34.70*	1.23.55*		30.56 *	1.10.75 *					1.22.63 *		
David Moore				30.91	1.06.61	2.36.18*	33.01*		3.06.27*	27.16	59.92	2.17.59	5.05.88				2.43.00*	

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12Years ( 1997 )	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Emily Alcock	50.05*			47.42*			42.48			36.96							4.05.00*	
Heather Whitehead	41.11	1.30.71	3.13.16	42.51	1.41.45 *	4.07.70*	38.17			32.52*	1.10.27	2.31.73	5.16.39	10.50.18	20.45.92	1.23.39	2.56.48	
Rebecca Spooner	52.61	1.50.65	4.09.17*	47.32	1.49.26*	4.28.29	54.18			40.54	1.50.73*	3.46.38*				1.41.22	4.31.58	
Alexandra W-Gregory	1.22.83			1.18.54						1.05.67								
Bethany Gore	41.20	1.36.60	3.24.64	39.24	1.41.56 *		41.00			31.11*	1.11.19	2.58.06				1.23.24	2.58.91	
Lily Bolsover	51.84			49.25						39.36								
Kimberley Holland	39.55D (25m)			31.31 (25m)						27.86 (25m)								
Gracie Spinks	55.34			48.90						44.26								

13Years ( 1996 )	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Kathryn Goligher	41.24	1.47.09	3.30.00 #	47.60	1.58.01 *	3.57.46	46.55			37.26*		3.20.86 *	7.47.73*			1.32.58	3.38.11	
Marie Atkinson	53.82	1.47.12		54.23			47.02			42.55						2.00.76		

14Years ( 1995 )	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Bethany Crowley	44.96	1.46.40*	3.43.50*	43.80s	1.44.67	3.29.45 *	40.09	2.02.45 *		37.11	1.36.11	2.59.98 *	8.39.09 *			1.28.57	3.37.73	
Emily Newman	43.29	1.45.09	3.52.01 *	47.18	1.48.48 *	3.50.00	50.02	1.57.42 *		39.24	1.37.67 *	3.28.48 *	8.11.36 *	14.57.73 *		1.35.21		
Katie Pratt	49.01	2.06.12		38.69	1.23.29	3.01.00 #	38.36	1.32.25	4.28.07	33.44	1.12.76	2.45.31	5.47.00	14.45.09 *		1.25.77	3.24.00*	
Lucy Wilson	42.31	1.39.52	4.24.45 *	35.05	1.14.45	2.41.30	36.41	1.24.98	4.38.67	30.38	1.06.56	2.27.42	5.56.00			1.17.53	2.56.23	6.46.82 *
Katie Patrick	53.77		4.06.09	54.73		4.47.70				45.74	1.53.00*	3.51.04						
Charlotte Pheasey	40.05	1.31.27		39.04	1.24.44		36.57	1.26.90		31.57	1.11.22	2.36.00 #				1.19.80	3.13.00*	
Rebecca Woodhead	57.34	2.02.80	4.51.89	53.2	2.10.46		1.07.19			42.92	1.35.97	3.42.08				1.48.85		

15Years ( 1994 )	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Megan Barringer	43.64	1.36.14	3.26.72	38.07	1.20.04	2.49.33	37.62	1.29.83		33.7	1.12.79	2.38.16	5.25.10	11.26.99		1.21.19	2.54.16	
Georgia Hemingway	44.10	1.36.79	3.44.95 *	36.77	1.21.75	3.07.00 #	35.98	1.24.96	3.52.09	33.48	1.12.75	2.49.95	5.58.00	14.30.32		1.20.48	3.02.44	
Anna King	39.80	1.28.15	3.17.00 #	42.32		3.22.00	35.32	1.30.65	3.10.00 #	33.47*	1.18.75		6.10.00			1.23.29	3.08.82 *	
Holly Scothern	44.51	1.36.06*	4.31.51 *	34.87	1.15.48	2.47.58	33.41	1.18.69	2.58.88*	32.11*	1.09.68	3.52.41	6.57.41*	14.55.32 *		1.19.07	2.55.00 #	

16 Years and Over	50 Breast	100 Breast	200 Breast	50 Back	100 Back	200 Back	50 Fly	100 Fly	200 Fly	50 Free	100 Free	200 Free	400 Free	800 Free	1500 Free	100 IM	200 IM	400 IM
Samantha Creaser	43.31	1.34.26	3.49.47 *	37.95	1.22.12	3.59.19	35.53	1.23.93	3.26.98 *	32.31	1.12.74	2.53.04	7.14.51 *			1.21.16	2.55.70	
Bethany Moore	37.32	1.19.57	2.47.34	32.43	1.07.95	2.26.69	32.39	1.10.35		29.57	1.02.53	2.16.48	4.49.61	9.43.08		1.10.95	2.27.64	5.34.71
Lorna Olijnyk	43.04	1.36.11	3.29.13	41.42	1.34.98 *	3.35.31 *	43.67	2.11.57 *		35.40	1.32.55	3.32.77	7.56.40 *			1.30.17	4.15.86	
Frances Pearson	43.06	1.32.88	3.25.20	39.24	1.22.13	3.02.02	36.3	1.24.86	3.14.95 *	30.52	1.10.19	2.36.71	5.25.83	11.16.73		1.20.93	2.56.75	
Jenny Basford	42.07	1.34.00	3.25.00	33.76	1.12.84	2.37.04	33.70	1.17.22	3.05.82 *	29.26	1.05.15	2.25.70 *	4.59.89	10.21.23	20.11.23	1.16.26	2.47.35	6.31.00 *
Amy Bickerstaffe	40.09	1.31.81	3.18.46	35.2	1.17.45	2.49.22	35.28	1.22.68	3.36.62 *	29.82	1.03.49	2.19.90	4.53.26	10.02.98		1.16.73	3.01.58 *	6.50.7*
Heather Booth	42.79	1.34.06	3.23.32 *	37.15	1.22.61*	2.57.07 *	36.46	1.20.10*	2.56.89 *	30.55	1.08.96s	2.24.65	5.12.83	11.12.90 *		1.19.39	2.55.1 *	6.20.39 *
Rebecca Hocking	41.32	1.31.19	3.19.46	34.46	1.13.43	2.39.64	33.25	1.19.07	3.14.01 *	29.66	1.06.74	2.30.62	5.12.83	11.14.90 *		1.15.48	2.43.23	6.17.00 *
Kathryn Olijnyk	45.64	1.44.40	3.58.25	36.57	1.21.83	2.59.80*	42.32 *	1.44.67 *		35.01	1.24.73	3.10.99	7.04.00 *			1.30.30	3.13.39	8.16.5*
Heather Graham	38.92	1.26.69	3.07.13 *	35.61	1.18.86	2.58.95 *	35.74	1.29.67 *	2.58.95 *	30.07	1.06.02	2.24.11	5.15.40 *	11.18.26		1.15.56	2.48.98 *	6.54.36 *

\* = Time Attained In Training

s = Split

# = Qualifying Time for Derbyshires

D = Disqualified

JAN	FEB	MAR	APR	MAY	JUNE	JUL	AUG	SEPT	OCT	NOV	DEC
2009	2009	2009	2009	2009	2008	2008	2008	2008	2008	2008	2008

Colour codes representing when PB's were achieved during 2008 / 2009