

OUR CLOSING DATE: SUNDAY 24th JANUARY 2010

Rykneld SC

Affiliated to ASA East Midland Region & Derbyshire ASA

Present their

Sprint Meet 2010

Under ASA Laws & ASA Technical Rules

Sharley Park Leisure Centre
Clay Cross Derbyshire
Saturday 13th February 2010

6 lane 25m pool
Colorado Electronic Timing

Age Groups as of 13/01/10
9/10/11/12/13/14/15/16+

All Events Heat Declared Winner
Individual events 50m all strokes
And 4 x 1 Individual Medley

Entry fee £3.50 per individual event

Awards for Top 3 swimmers in each age group

Closing date: 30th January 2010
Please return entry form please to:
Dave Fletcher, 98 Station New Road,
Old Tupton, Derbyshire S42 6DE

www.rykneld.co.uk

OUR CLOSING DATE: SUNDAY 24th JANUARY 2010

Rykneid Swimming Club

(Affiliated to East Midland Region & Derbyshire A.S.A)

Sprint Open Meet Saturday 13th February 2010

(Under A.S.A Laws & A.S.A Technical Rules)

Session 1: Warm up 8:30am

Start 9:30am

Event No.	Age	Dist	Description
1. Girls	9 & over	50 m	Butterfly
2. Boys	9 & over	50 m	Backstroke
3. Girls	9 & over	4x25m	Individual Medley
4. Boys	9 & over	4x25m	Individual Medley
5. Girls	9 & over	50m	Breaststroke
6. Boys	9 & over	50m	Freestyle

Session 2: T B A

Event No.	Age	Dist	Description
1. Boys	9 & over	50 m	Butterfly
2. Girls	9 & over	50 m	Backstroke
3. Boys	9 & over	4x25m	Individual Medley
4. Girls	9 & over	4x25m	Individual Medley
5. Boys	9 & over	50m	Breaststroke
6. Girls	9 & over	50m	Freestyle

OUR CLOSING DATE: SUNDAY 24th JANUARY 2010

Rykneld Swimming Club 2010 Sprint Open Meet Information Sheet AFFILIATED TO EAST MIDLAND REGION & DERBYSHIRE A.S.A

The meet will be held under A.S.A. Laws & A.S.A Technical Rules .

On Saturday 13/02/2010 at Sharley Park Leisure centre Clay Cross, Derbyshire. The pool is 6 lane anti-wave, 25m, electronic timing will be in use. The competition is open to amateurs only, as defined by A.S.A Law

1. Age Groups are based on ages at 13/02/2010. (9yr Must be 9 by 13/02/10)
2. A competitor may compete in the name of 1 club only
3. Officials from the County and Regional list as applicable.
4. Application for entry must have been correctly submitted by the specified date and accepted by the Promoter. The Promoter reserves the right to reject any entry. (THE PROMOTER BEING RYKNELD S.C) Please affix the correct postage proof of posting is not proof of receipt
5. All starts will be into deep water.
6. Events are seeded on submitted times. All events are on a first come basis.
7. All events are Heat Declared Winners. Swimmers will compete in 1 age group only "Age on day".
8. Awards will be presented to the top 3 individual swimmers in each age group.
9. Age groups for individual awards are: 9 10 11 12 13 14 15 16/OV.
10. An award will be presented to the top Boy and Girl with the most gala points.

Points awarded as follows:

1 st place = 6 points	2 nd place = 5 points	3 rd place = 4 points
4 th place = 3 points	5 th place = 2 points	6 th place = 1 points

The winner of top boy and girl will be the ones achieving highest points total throughout the "meet". In the event of a tie count back on 1st place 2nd place etc. Will occur. If this fails to find a winner a further prize will be awarded. There must be at least six competitors in age group to qualify

11. Entry cards must be posted in boxes provided at least 60 minutes before first event in each session. Swimmers not reporting on time may be excluded from the event.
12. The top three swimmers in each event will be presented with their awards as the meet proceeds.
13. ALL swimmers must abide by the Health and Safety rules that are on display at poolside. Any swimmer contravening these rules may be excluded from the remainder of the meet. No glass bottles on poolside. Shoes to be worn when leaving poolside
14. The promoter reserves the right to refuse admission to any competitor or spectator.
15. Anything not covered within these meet rules to be at the discretion of the meet organiser and/or the Promoter RYKNELD SWIMMING CLUB.

Coaches, You are responsible for your swimmers at all times. Warm up will not commence until both ends of each lane are covered. NO DIVING AT SHALLOW END AT ANY TIME.

